

Free me please

Posted by FreeMePlease - 22 Jun 2017 15:37

This is my third time trying GYE, each time I just forget about it ...on purpose...yetzer hora at work

in the merit of Rabbi Twerski's refua, I signed up again with a determination to keep in the gye system

I have struggled with this addiction since age 9.

Though I have had few stretches of time where I was able to remove myself from this, I always fall back in

I have three amazing kids, and I need to be a mentch to be an example for them of proper middos

I am under a lot of stress currently, regarding parnassah and the future of my kids Jewish education. And sadly this addiction has now planted itself right at the front of my mind as a source of relief from my stresses of life.

I blame HaShem I blame myself I blame my wife, my kids, everyone in my life for my stresses that gives me a freedom to continue this behavior in secret and free myself of guilt and shame.

My username is a quiet, low, almost inaudible tefilah to HaShem to Freemeplease

Because I am powerless to change this behavior and I see no other path than to just keep justifying it.

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Re: Free me please

Posted by Markz - 22 Jun 2017 15:53

I'm not clear

Is this your 3rd username?

I understand the shame and the blame

What do you want on the menu today?

Waiters give change here

Change is waiting for you

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Re: Free me please

Posted by gibbor120 - 22 Jun 2017 19:52

Welcome again! Did you post on the forum before? What did you try. Keep posting.

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Re: Free me please

Posted by sheleg - 26 Jun 2017 08:32

What is this addiction you are talking about ?

You do blame your wife and you maybe right.

Because her role is to satisfy your desires in kosher way so you don't need to stray.

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Re: Free me please

Posted by MayanHamisgaber - 26 Jun 2017 11:19

Where is the Rosh Yishivah when you need him

I disagree with the thought that a wife is a seed bank

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Re: Free me please

Posted by GrowStrong - 26 Jun 2017 11:55

[sheleg wrote on 26 Jun 2017 08:32:](#)

What is this addiction you are talking about ?

You do blame your wife and you maybe right.

Because **her role is to satisfy your desires in kosher way** so you don't need to stray.

Is that how you interview potential shidduchim?

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