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My story

Posted by Moshiach5777 - 05 Jun 2017 01:49

Strugling for 3 yrs. Ad masai?!

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Re: My story

Posted by Markz - 05 Jun 2017 01:53

Moshiach5777 wrote on 05 Jun 2017 01:49:

This is what I remember: before bar mitzva I started being ???? ???? ???? and also looking at not ?????? pictures and videos on the internet. Videos I only searched for on YouTube so that means I didn't see ... I really was only interested in looking at ??????? - ???? ???. Then I didn't know yet "how kids are born" till I was 14. This was not a daily thing, I used my family computer witch was hard to use privately. When I was 15 we got a filter on our computer so I stopped looking at any not ?????? stuff. Till I was 16 I used to by ???? ???? ????, but was not ????? ??? ?????, I didn't know how to and didn't know there was such an idea. When I was 16, one shabbos I decided to get involved in learning, and do ?????? in eating and speaking and thinking, and automatically I stopped being ???? ????? I was also careful in the street not to look at any non?????? things. Slowly I stopped having so much?????? and learned a little bit less. When I was 18 I started looking at non ?????? things in the street. One time when I was 19, I was a little sad and I went on Mivtzoim on Friday by myself and used a computer of someone on the route to check up about a summer yeshivas kayitz, but on the side I saw an advertisement (maybe for shaitels, I forgot) witch aroused me to search for not ?????? pictures and videos, I only knew to search on YouTube. From then on for the next few weeks till the end of the year, every week I used the computer while my chavrusa sat about 15 feet away talking to the man we were visiting. After I finished that school year, I had no way to access internet till I came home for sukkos. I was on collive.com and I saw advertisement for wedding pictures and that aroused me to use my father's iPad (witch didn't have a filter) to look at you tube. That was the last day I was home. After sukkos I became extremely depressed, A few months later I started putting my hands in the wrong place after seeing a friend doing it and being ???? ???? ????. And a little later going to the store and using the computer to look at not ?????? things. (The store has filtered internet so I was still not able to see ...) then I bought a smartphone and the first day I watched ... but hashem tried to save me and I got a virus on the phone that day witch didn't let me do anything on the phone. But I went to the store and searched how to fix it and figured it out. So for the next month and a half I was watching ... till I sold the smartphone. From when I started watching ... that's when my learning got less and less very fast (till then I was learning ?????? ?????? almost the whole day). But 2 months later I bought again a smartphone, I wanted to put a filter on it but I didn't want to pay so I didn't. So I continued watching ... not every day, not even every week but once in a while. A few months later (I was 21 years old) was the first time I was ????? ????? while awake (Not intentionally, I didn't

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know how I did it) About a month later (on pesach) I decided to get an iPhone (because on Android I thought I'm able to get around any filter very easily) and block the internet and only have email, so I bought the iPhone 3g. But it was too old for a lot of apps so I returned it. Right after pesach I figured out how to be ????? ?????, and since then have been struggling.

Seems like you figured out that gye exists as I miraculously did too

Take it easy brother. It'll be good!! ==== Re: My story Posted by obormottel - 06 Jun 2017 05:25 Welcome! Stick around and good things will come to pass. They had for me, anyways:) ==== Re: My story Posted by LifneiHashem - 06 Jun 2017 17:11 Welcome! Re: My story Posted by Moshiach5777 - 08 Jul 2018 23:08 I just want to tell everyone that at first I thought I had no hope to go 90 days. I tried and failed. I tried the taphsic, I tried accountability and other stuff. But I made a decision last elul that I'm going to make it. I still fell, but I didn't give up. I picked myself up. After a few falls I made it to 90. But I fell again. Biezras hashem I'm on my way to 90 for the second time. Don't give up and think that since you didn't make it the first time past 1 day, you'll never make it!!! ====

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Re: My story Posted by cordnoy - 30 Apr 2019 11:33 I took care of what you asked (although I didn't understand it). How are you?