

Hello

Posted by 247happytimes - 18 May 2017 14:08

Here's my story: I'm a bachur 21 years old, started off in yeshiva. In 7th grade I began getting introduced to all sorts of not kosher things. When I reached 9th grade it started interfering with my Torah studies. I left yeshiva shortly after that, and couldn't find "my place" since then. I thought the "work world" would be better - a productive occupation and income. The world's reality, *CHALLENGES*, showed that's not either to be.

I became depressed and alone, and started to sought out spontaneous pleasure. I can watch porn for many many hours straight - never having enough. I've stayed up very deep into the night and even full nights watching. I crave these things as I write this. I have filters on my phone and computer, but that doesn't help the craving at all. I walk the streets steering straight through women and their clothes.

I feel horrible before, during (before I get accustomed to it), and after. "I" (my evil inclination) doesn't let me or want me to start working on it.

I need SOMETHING to take its place, and give me some interest in living pure [although deep down I eat myself up all day, that I'm being silly and one day (in heaven) I will regret it - These thoughts haunt me constantly].

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Re: Hello

Posted by Markz - 18 May 2017 14:12

Welcome brother!

247 You never know, you may bump into Shlomo241 or a Monstah Hover Craft currently circling this page (GS#1), so stay with us!

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Re: Hello

Posted by MayanHamisgaber - 18 May 2017 20:20

Welcome

Recovery should be wit Hatzlacha

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Re: Hello

Posted by gibbor120 - 18 May 2017 21:15

Welcome! Your pain is tangible in your post. You are in the right place. Change will not happen overnight, but it can happen. Many have been in your position and are in recovery today. I recommend reading the handbook. I would also highly recommend reading through some of the dov quotes (see my signature for the link). Keep posting here. We are all in this together.

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