

## Introducing Myself - "Nerdy"

Posted by nerdy - 09 May 2017 19:10

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Hello readers.

I am new and not sure how "vivid" is vivid. That is, I am not sure what may trigger in others. Feel free to edit.

I was born in 1963 making me 53 years old. My upbringing was rather stiff as my father was very controlling. In the late 70's , when I reached puberty, I started masturbating. Unfortunately, my struggle has been ongoing. TV in those days would be super clean compared to what children see today but shows like Charlies Angels and Wonder Woman gave me material to feed the masturbating habit.

My first marriage started when I was in my early twenties and lasted 27 years. My marriage starting going downhill after only a few years. there was sex 2 or 3 times a month and much masturbating throughout. With the introduction of the internet, words are not needed to mention the material that fed my habit.

My second marriage started a little after a year of separation. During our dating she was bold enough to ask if I see inappropriate material on the net and I was honest to say yes, although masturbating was never brought up and even now we never spoke about masturbating during our marriage. She asked to me to speak to my Rav and therapist and I did and she was convinced the issue was under control. In our current marriage we do not have a TV or internet at home, but still I see things at the library. I told my wife i have a strong sex drive and would like like sex almost every night. She is reluctant to engage that often, but we do have sex 7 or 8 times a month.

My Rav used to take an active interest in helping me but has gotten so busy , he doesn't have time to reach out. My therapist is a "generalist" and not giving solid enough advice to help my problem.

I am hopeful GYE may help.

Thanks for reading

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Re: Introducing Myself - "Nerdy"

Posted by Trouble - 22 Jan 2018 05:29

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[youcan wrote on 22 Jan 2018 05:07:](#)

You're right that your wife will be more than happy to do you a favor in a healthy relationship if you ask the right way & you give her the option to say no.

But I think sex is more sensitive, as it should be a thing that bring 2 people closer, so if you ask it as a favor she might not like it. Rather try to turn her on by showing her how excited you are about her & how much you want to please her. If it works great, if not maybe you're not doing something right or it's really not the right time.

I can also understand that if a person is open with his wife & tells her, look I have a lust attack and I really want to have sex please help me... That she might understand you and do you the favor, but she will feel like a piece of garbage or worse. And as far as I know, it's not recommended according to halacha & psychology.

Even I'm speechless.

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Re: Introducing Myself - "Nerdy"

Posted by ccv - 22 Jan 2018 14:19

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Re: Introducing Myself - "Nerdy"

Posted by ieeyc - 22 Jan 2018 15:00

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**:boom: :collision: :collision: :boom:**

BOOOOM!!:boom: :collision: :collision: :boom:

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Re: Introducing Myself - "Nerdy"

Posted by Gevura Shebyesod - 22 Jan 2018 16:20

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[ieeyc wrote on 22 Jan 2018 15:00:](#)

"We need a Thread called "**Confusing Words**"

someone wrote:

"your wife will be more than happy **to do you a favor** in a healthy relationship "

" That she might understand you and **do you the favor,**"

"she should consent to have relations with him, whenever he wants." -Rambam -gye email book translation ( phew ,BH the censors didnt see this)

when a husband goes to work he is NOT **doing his wife a favor**, and when a wife consents to the husband shes also not doing a favor.

isha keshayra ? YES! favor? nope.

i didnt mention the name of who quoted since i think its a mistaken view held by more than one(also could be his words were not meant to be taken literally),and by the way im very appreciative for whatever my wife does for me especialy if shes saving me from cheit,but i just wanted to call a spade a spade.

nobody should hold any punches in commenting due to fear that i might disappear, im out of here anyway.

this post will self destruct in one hour

not trying to make trouble here but this is an interesting discussion...

I seem to remember a Gemora that there was an Amora who had terrible Shalom Bayis but he said that he is grateful to his wife for raising his children and for "saving him from sin". Not sure

what that means, I can't look it up now, but maybe it means that she was there for him physically even though they didn't otherwise get along.

Theer was also an Amora (I dont remember if it was the same one) who was triggered by a woman in the street and went home and was with his wife.

So there seems to be a legitimate aspect to a wife "doing a favor" for her husband, its definitely "Bidieved" and not an ideal relationship, and also certainly should not be forced. But it seems that sometimes it's necessary.

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Re: Introducing Myself - "Nerdy"

Posted by ieeyc - 22 Jan 2018 16:53

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uh oh,here comes cordnoy

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Re: Introducing Myself - "Nerdy"

Posted by Markz - 22 Jan 2018 18:05

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[ieeyc wrote on 22 Jan 2018 15:00:](#)

**:boom: :collision: :collision: :boom:**

**BOOOOM!!:boom: :collision: :collision: :boom:**

Since you haven't introduced yourself and no one knows enough about you here, and base on your baseless last post which you deleted entirely, my suggestion is that therapy is the place for you to start.

Until you start your own thread you will only be going downhill on this uphill upbeat place. Also if you'd have your own thread you'd see others here in a totally different light.

How long do you wish to stay **isolated** in your self imposed

darkness?

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Re: Introducing Myself - "Nerdy"

Posted by ieeyc - 22 Jan 2018 18:12

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i didnt delete it ,it blew up by" ieeyc"es

"Gevura Shebyesod" post=325815 date=1516638040 catid=19

[ieeyc wrote on 22 Jan 2018 15:00:](#)

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Re: Introducing Myself - "Nerdy"

Posted by ieeyc - 22 Jan 2018 18:17

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someone wrote:

" my suggestion is that therapy is the place for you to start."

sa or stam mental?

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Re: Introducing Myself - "Nerdy"

Posted by Markz - 22 Jan 2018 18:23

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[ieeyc wrote on 22 Jan 2018 18:17:](#)

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How could i tell you sa if you haven't mentioned much at all.

I would say social - but that's only because I'm a guru in socialism

**Warning: Spoiler!**

But whoever you go to, pull out all your cards / problems and bare it all to him/her, and say Mark sent you so you get a discount

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Re: Introducing Myself - "Nerdy"

Posted by Gevura Shebyesod - 22 Jan 2018 18:28

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[Markz wrote on 22 Jan 2018 18:23:](#)

[ieeyc wrote on 22 Jan 2018 18:17:](#)

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In socialist single-payer system Marx pays for everything

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Re: Introducing Myself - "Nerdy"

Posted by yiraishamaim - 22 Jan 2018 18:45

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[Gevura Shebyesod wrote on 22 Jan 2018 18:28:](#)

[Markz wrote on 22 Jan 2018 18:23:](#)

[ieeyc wrote on 22 Jan 2018 18:17:](#)

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Touche - *Brilliant*

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Re: Introducing Myself - "Nerdy"  
Posted by ieeyc - 22 Jan 2018 18:51

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**Warning: Spoiler!**

But whoever you go to, pull out all your cards / problems and bare it all to him/her, and say Mark sent you so you get a discount

In socialist single-payer system Marx pays for everything

phew ! thanks for clarifying, i thought markz was telling me that he used all of them

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Re: Introducing Myself - "Nerdy"

Posted by ieeyc - 22 Jan 2018 19:02

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btw i wanted to say thank you for that reply with the spoiler -ingenius![THANK YOU](#)The following user(s) said Thank You: [ieeyc](#)

one of the things that id like to discuss with a therepist is my problem of paranoia-for instance i wanted to say thank you but my thank you button was missing , and a crazy thought came to my head that funny things have been happening to my computer since i started answering with a little bit of chutzpa, and this thought came to my head ,if someone is so smart to get around every filter, why cant he hack my computer? my thank you button is missingfor thefirst time (but )

ill leave the problem with these creepy little stalking green men for a later time

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Re: Introducing Myself - "Nerdy"

Posted by tzomah - 23 Jan 2018 10:53

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[ieeyc wrote on 22 Jan 2018 18:12:](#)

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was there sa in the times of the gemaroh

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