GYE Newbie Posted by Yam Suf - 09 May 2017 07:30

Hey guys, I just joined. I'm 21 and I've been struggling with porn since my parents got divorced when I was 14

====

GYE Newbie Posted by GrowStrong - 09 May 2017 07:44

Welcome Brother,

You are not alone, there is a group of guys here going through very similar issues for many different reasons.

You can breathe easy, you will find most of the answers you need, right here on the site.

Find some free moments to read through the <u>GYE handbook</u> if you have not yet already done so. Take some extra time to go through the <u>30 Principles of GYE</u>

Of the many tools you will find here on this site, bringing the problem out into the open, out of isolation and sharing it with others in a similar boat is a great first step.

Read up on the various ways that many here have managed to stay clean for amazingly long periods of time by participating with us in the forum.

If you are dedicated to stopping, know that it is possible.

Most importantly.

Keep on Trucking.

====

GYE Newbie Posted by Singularity - 09 May 2017 11:17

Welcome, brother.

Take the time to read around and gauge where you are / how serious your issue is.

GYE Newbie Posted by yiraishamaim - 09 May 2017 11:19

Just don't split on us Welcome

====

Re: GYE Newbie Posted by cordnoy - 09 May 2017 11:32

Welcome,

Life and recovery should be with hatzlachah.

Re: GYE Newbie Posted by Hashem Help Me - 09 May 2017 12:40

Welcome. Best wishes for hatzlocha. Maybe you could write some more details of the struggle?

Re: GYE Newbie Posted by Markz - 09 May 2017 13:07 Yam Suf wrote on 09 May 2017 07:30:

Hey guys, I just joined. I'm 21 and I've been struggling with porn since my parents got divorced when I was 14

How did you find out about gye?

I thought we were a secret club????

Now that you're here, we welcome you to the brotherhood with open arms!

In many cases porn is the solution not the problem. Your unfortunate parents divorce is likely a much bigger part of the problem, and there are many ways you can break free from your problems

May Gd be with you as you split the sea

====

Re: GYE Newbie Posted by Shlomo24 - 09 May 2017 13:56

Welcome. I'm also 21. Been on the site for around 2.5 years. My contact info is in my signature.

Hatzlacha.

====

Re: GYE Newbie

Posted by Shivisi_Hashem - 09 May 2017 14:14

Markz wrote on 09 May 2017 13:07:

Yam Suf wrote on 09 May 2017 07:30:

Hey guys, I just joined. I'm 21 and I've been struggling with porn since my parents got divorced when I was 14

How did you find out about gye?

I thought we were a secret club????

used to be! and that's the problem, If I would know about this secret club years before, I would

Re: GYE Newbie Posted by MayanHamisgaber - 09 May 2017 17:45

Welcome

Recovery should be with hatzlacha

Let us know how we can help

=====

Re: GYE Newbie Posted by gibbor120 - 18 May 2017 21:39

Welcome! Check out the handbook. Keep posting. Have you gotten help to deal with the divorce? How is your relationship with your parents? Do you have anyone you can discuss this with?

====