

Pls read

Posted by sunderland - 30 Jan 2017 22:29

Hi, im 17 and about two years ago there was a while that I watched porn, since then I have been moitzei zera very regularly. I also really njoy speaking about sexual matters and would often try to draw my friends into speaking about such things. Last week I txted 2 new friends in my yeshiva trying to bring them to disscussing these bad topics. Somehow word spread and my mashgiach found out what I did. I had tried speaking to him earlier for advice on how to stop being moitzei zera so he knew what I had watched in school. As soon as he heard about those txts he sent me home for therapy. My therapist suggested I take a look at this website and that I put this blog in. Hoping to stop asap as the current situation is extremely embarassing because half of my yeshiva have found out about the txts. Can't wait to hear back from u guys:blush:

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Re: Pls read

Posted by Yitzk - 31 Jan 2017 15:53

That would def help but I'm talking about a whole yeshiva of 70 guys. A lot who I would not just speak 2 randomly

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Re: Pls read

Posted by Yitzk - 31 Jan 2017 15:56

And I'm not sure who knows and who doesnt

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Re: Pls read

Posted by cordnoy - 31 Jan 2017 15:59

It's one of those things that you'll just need to jump into. Since the hanhala knows, it might be a convenient time to confide in one and seek his advice.

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Re: Pls read

Posted by Yitzk - 31 Jan 2017 16:04

Tx. I was going 2 prob speak 2 them anycase. Just wanted 2 hear any other suggestions. But tx anyway. Kit

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Re: Pls read

Posted by gibbor120 - 31 Jan 2017 17:01

Welcome! Check out the handbook for suggestions, and keep posting here. I know you don't feel fortunate right now, but you are fortunate to be dealing with these issues now, when you are young. Some of us struggled for decades, got married, wife found out... THAT is embarrassing.

I'm not sure what to tell you specifically about that. But, hopefully it will pass. Do you have a friend you could discuss it with? What about your parents?

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Re: Pls read

Posted by Yitzk - 01 Feb 2017 13:32

Youre right. I should count myself lucky. Wouldn't want to imagen the embarresment of wife finding out...

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Re: Pls read

Posted by MayanHamisgaber - 01 Feb 2017 20:18

yitzk

i'm really impressed with your attitude about all this

Hashem should give much hatzlacha and brocha in your journey

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Re: Pls read

Posted by Yitzk - 01 Feb 2017 21:54

Thanx. You 2, hatzlochoh with the second half of your 90 days! Just keep on going!!! If you've gotten so far you can definitely make it through to the end!!!! Kit

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Re: Pls read

Posted by YidFromMonsey - 02 Feb 2017 16:08

Hello Yitzk,

I can't offer any practical advice on how to deal with the embarrassment, I think that it's more of an attitude/mind set thing in which you seem to be doing great, but I could say that I had a similar very humiliating incident back in my yeshiva days and I just jumped in, sucked it up, and it passed after a day. No, it's not easy at all, but it'll pass sooner than you think....

Wishing you lot's of hatzlocho

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Re: Pls read

Posted by Yitzk - 02 Feb 2017 18:41

Tx. As my mashgiach said b4 sending me home that its better a few days embarrasment down here than up there....

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Re: Pls read

Posted by Yitzk - 02 Feb 2017 18:46

Il'll let u know how it goes

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Re: Pls read

Posted by MayanHamisgaber - 07 Feb 2017 08:29

Hey buddy how is it going

What does kit mean?

do you mind posting that last post in your teens only thread (the one from everchange) here there is something in there that rubs me the wrong way and i think others might have an opinion as well

thankx

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Re: Pls read

Posted by Singularity - 07 Feb 2017 08:53

happening.

working on that not

The embarrassment will be also quite sucky. Just gotta sit with it. Or try phoning some guys, especially those you know who know. It sounds hard but hey, it could be worse if you got no allies when you come back.

At the very least you could all condemn them for speaking *loshon hora* :-)

I read your posts and feelings of embarrassment. But I ask you. Do *you* want to stop?
Embarrassment aside, dirty messages aside. Do you feel an inner desire to want to change?

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Re: Pls read

Posted by Yitzk - 07 Feb 2017 19:04

Kit=keep in touch, I c u don't txt much!!!!!!

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