

Trying desperately to STOP FOR GOOD!
Posted by Striving613 - 23 Jan 2017 10:08

Hi all

I have an addiction issue in general and have been working the ca programme for the past 26 days.

I never felt this was an issue but I seem to get 2/3 weeks clean time and then keep falling when the desire becomes "too much".

I'm hoping this programme will keep me on the narrow and straight.

Amen

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Re: Trying desperately to STOP FOR GOOD!
Posted by Singularity - 23 Jan 2017 10:18

Welcome!

Cataholics anonymous? SA? Sorry I'm a little slow today. Well, if it works for you! Welcome aboard!

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Re: Trying desperately to STOP FOR GOOD!
Posted by Striving613 - 23 Jan 2017 10:23

Cocaine anonymous

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Re: Trying desperately to STOP FOR GOOD!

Posted by GrowStrong - 23 Jan 2017 10:40

Hi Striving!

The good news is that Cocaine is a physical addiction that is caused directly through the abuse of cocaine.

Its also a horrible high once you get addicted to it, and you really truly feel free once you break free from it.

Now is the hard part though. Because you are clearly ready and willing to look deeper and search for the reasons behind the abuse.

And that brings you to this fellowship - where we are focusing on getting to terms with the underlying reasons behind us turning to crutches to dull our emotions.

Lust addicts abuse their G-d given sense of sensuality and intimacy to feed the loneliness and resentment that is actually caused by their own perspective on life.

Its a circle that never ends until you are ready and willing to stop the abuse and listen and converse with the person covering up the feelings with the acting out - ie. you.

I am also now taking on more than one addiction at the same time and its admirable that you have come to this point - but go slow and don't be too hard on yourself!

These are amazing steps... You should be blessed to find your inner strength and purpose.

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Re: Trying desperately to STOP FOR GOOD!

Posted by Singularity - 23 Jan 2017 12:23

[Striving613 wrote on 23 Jan 2017 10:23:](#)

Cocaine anonymous

oh ok. Thought they all fell under NA..

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Re: Trying desperately to STOP FOR GOOD!

Posted by gibbor120 - 23 Jan 2017 18:15

Welcome!

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