## **GYE - Guard Your Eyes**

Generated: 22 August, 2025, 08:23

Hello Posted by A.h - 29 Dec 2016 21:06

Hi guys, this is my story.

all started when I changed my school(9 years old) and started to have friends that wasn't the best kind of people, so after a while I started to search at internet pictures of women(10 years old), and the things was getting worse. I started to watch porn movies and masturbate myself (13 years old), after 2 years I decided to stop. Was a long and hard way as I didn't know the gye, but b"h I've managed to stop. I still have many dificults with this yetser hara, but beezras Hashem I'll win this.

thank you for reading my story and sorry about my English

p.s. I was 7 years alone in this war, Baruch hashem I heard about the gye

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Re: Hello

Posted by Markz - 29 Dec 2016 21:13

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## A.h wrote:

Hi guys, this is my story. I'm a bohur yeshiva, and I didn't had the better kind of friends, so after some time I started to watch women at internet, masturbating and other things.

boruch hashem now I don't use anymore internet without a proper filter, and even I don't speak anymore with this "friends". But, I'm steel struggling every time when I go to streets or any other place that has women. Is really hard this y"h of giluy arroios, I don't know what to do win this battle.

I'm really glad to know this website, because I was more than 6 years fighting alone.

I ask apologies because my English is not so good

thank you

Thanks for joining me on the transit - our leader will be over soon to teach you English

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Generated: 22 August, 202	5. 08:23
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Re: Hello Posted by czworking123 - 29 Dec 2016 23:32
markz who is the leader
welcome a.h. thanks for sharing your story let us know what you need (sorry im no gonna teach english)
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Re: Hello Posted by Markz - 30 Dec 2016 10:39
The leader is cordnoy who you said is a senior veteran
A.h wrote:
I'm steel struggling every time when I go to streets or any other place that has women. Is really hard this y"h of giluy arroios, I don't know what to do win this battle.
I see now you edited your first post
Seven years of starvation is awesome - how did you manage that ?
I suggest you read the handbook or for a shortcut checkout the gye "solutions" page (click the 2nd spoiler button below)
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