

**WILL SUCCEED BE**

Posted by will Succeed Beh - 08 Dec 2016 18:59

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Hi

Here is my story, I'm from a normal Heimishe Family, good loving parents,

When i was i young boy i came to notice that there is some differences in body between male & female, so i started fantasizing about revealing them, then i found some catalogues and devoured them to find some hints, that was basically it. Till one day when i was in Yeshiva Ketane i found a phone (a simple stupid phone) and i found that by browsing a bit i could find some interesting things..., didn't get to far then as the phone had a under 18 safeguard block, but enough to make me realise that with any phone with using a bit of your head you can find what you want, you just have to find your way around, after a few days my parents noticed it (from extra charges on the phone bill) they asked someone to speak to me and he did, but didnt help to much for my newfound ideas.

About a year later i found another phone this time it was a Blackberry and within a few minutes i was exposed to the worst pictures, that i didnt even dream that there is.

Afterwards i went of to Yeshiva Gedola in Israel, at first everything was ok, but slowly the old habits came back, but i didnt have a phone so it basically stayed in my mind, about 1 1/2 years into Yeshiva Gedola i started to masturbate till then interesting enough (B"H) i never did it!

Then one Bein Hazmanim when going back to Yeshiva i took with me a phone, in the Beginning i only played games with it, after that i bought a sim card and...

Then i got married to a beautiful nice young girl was extremely happy, i got settled and it seemed that everything was ok, but deep inside it still bubbled - it was never fixed.

Bout two years after my Chasuna i started again @ first just making sure to see some things by mistake (in a *kosher internet caffe*) then i got laptop for some work, i made sure to install a good filter. But then it started with movies, i got hooked up on an actor went on searching for more movies and in the same time i started to look for loopholes in the filter, sure enough i found some, i started to search for porn (which i can say was quite hard to find with a filter), after some time i took off the filter, started viewing porn and started masturbating 1st time since my Chasuna (2 1/2 ys), then started the cycle of putting back the filter - taking it off.....

Then i found GYE by an ad on the yeshiva world news site, i started of with the 90 days chart, it helped for a while, then fell back down tried again and fell again, till i realised i need something more,

So im starting Beh the TaPHSiC Method.

**BE"H WE WILL SUCCEED**

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Re: WILL SUCCEED BE

Posted by cordnoy - 14 Dec 2016 23:15

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[Singularity wrote on 14 Dec 2016 14:49:](#)

South African version would be something like this: (Same tune)

Travelling in a fried-out minibus Taxi

On Jan Smuts Avenue, mouth full of boeries

I paid a strange lady, she ironed my new shirts,

Went to the sink and washed my dishes

And she said:

"Do you come from the golden Jozi,

Where townships roar and men toyi-toyi,

Can't you hear, can't you hear that Zuma?

You better run, you better take cover."

Buying bread from a man in Hillbrow

He was six foot four and full of Dagga

I said, "Do you know where Houghton is?"

He just smiled and stole my wallet and ID

And he said:

"I come from a the golden Jozi  
Where Rugby is played and men stampede,  
Can't you hear, can't you hear the Zuma,  
You better run, you better take cover." (yeah)

Lying in a cell in Norwood,  
Shot a man trying to steal my firewood  
The cop said to me, "Are you trying to tempt me?  
That's okay, we welcome all forms of bribery!"  
And he said:

"Do you come from the golden Jozi,  
Where townships roar and men toyi-toyi,  
Can't you hear, can't you hear that Zuma?  
You better run, you better take cover."

Me like this, although me don't understand most of it.

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Re: WILL SUCCEED BE  
Posted by cordnoy - 14 Dec 2016 23:21

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"Can't you hear that Zuma?"

I thought you wanted to get rid of that guy!?

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Re: WILL SUCCEED BE

Posted by Singularity - 15 Dec 2016 08:55

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well that's why when he speaks we take cover :O

Translations:

**Stanza 1:** We have very cheap domestic labour in our country. Maids galore.

**boeries:** Boerewors, our country's favourite pastime. Along with a braai (barbeque).

**Jan Smuts Avenue:** Famous main road named after one of the anti-heroes of Apartheid, which surprisingly the name has **not** been changed yet!

**Toyi-Toyi:** A type of Union protest. Usually over low wages.

**Jozi:** Johannesburg, boet (brother, bro, bru (brother)).

**Hillbrow:** Quaint suburb once inhabited by Jews, now by a more burly bunch of characters involved in drugs, trafficking and all sorts of zany escapades. You don't want to be there.

**Dagga:** I think this definition is universal.

**Houghton:** Quaint suburb once (and still) inhabited by Jews (and former president Mandela Ztz"l), only Jews whose net worth rivals the country's Balance of Accounts. You want to be there.

**Stanza 2:** Theft is our tradition.

**Norwood:** Suburb around where I live, so it's more personal.

**Firewood:** for the Braai, boet.

**Stanza 3:** Bribery is our second tradition (of the 12 Traditions of South Africa Anonymous

(SAA)).

And well done BEH! I am also on day 14. Want to be 3-legged race buddies? Let's PM!

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Re: WILL SUCCEED BE

Posted by will Succeed Beh - 15 Dec 2016 11:05

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[will Succeed Beh wrote on 15 Dec, 2016:](#)

Had i long talk with my Mentor/Psychologist or however you want to call it...

...2) Getting power on how much our thoughts can control me = When i feel a drive/desire its the thought that i need to satisfy my desire/drive that makes me act out, and i'm aiming to get control and be able to tell myself "i know i've got these thoughts - but i can have these thoughts and still go on in life (without having a need to act out, thats the way normal people think (thats what he said - as i have got no idea how normal people think).

Just a bit of a better explanation, as it seems i didnt write it so clear.

If i build a wall not keep on falling, as i did with the TaPHSiC Method, but i do not build a control on my thought process,

What will happen is that every time i have a strong drive, ill crash into the wall, and **the wall will keep me,**

but what would probably eventually happen - or the **wall will get shaken, or i will get bashed up!**

So the idea is to be able to gently divert my thoughts not to crash into the wall, or at least not a hard crash.

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Re: WILL SUCCEED BE

Posted by will Succeed Beh - 15 Dec 2016 11:08

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15 DAYS

?? ????

Half the CLEAN KISLEV Project! B"h

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Re: WILL SUCCEED BE

Posted by Singularity - 15 Dec 2016 11:45

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[will Succeed Beh wrote on 15 Dec 2016 11:08:](#)

15 DAYS

?? ????

Half the CLEAN KISLEV Project! B"h

Mazeltov!!! I'm so proud of you. Keep shining!

The 3-second rule is a good relieving factor. I haven't really achieved it myself. But it gives you 3 seconds if you happen to glance (NOT a heter to glance), but to look, APPRECIATE, then look away.

Appreciate? Yes, Hashem has put lots of natural beauty into this world. It's a Chessed. Just like a guy walking down a block of very fancy houses may admire the architecture and stunning

design.

But when he craves the house for himself and will stop at nothing to get it, it becomes a bit dangerous.

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Re: WILL SUCCEED BE

Posted by Singularity - 15 Dec 2016 11:46

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Also the Highlighted My Thread in the signatures seems to be catching on! Which of us did it  
If so, subconsciously thanks.

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Re: WILL SUCCEED BE

Posted by will Succeed Beh - 15 Dec 2016 12:00

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[Singularity wrote on 15 Dec 2016 11:46:](#)

Also the Highlighted My Thread in the signatures seems to be catching on! Which of us did it  
first?

I Saw yours this morning and i liked it so did it my self!

first? I want to say you because I did mine this morning.

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Re: WILL SUCCEED BE

Posted by HayomYom - 15 Dec 2016 15:16

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[Singularity wrote on 15 Dec 2016 11:45:](#)

[will Succeed Beh wrote on 15 Dec 2016 11:08:](#)

15 DAYS

?? ????

Half the CLEAN KISLEV Project! B"h

Mazeltov!!! I'm so proud of you. Keep shining!

I like that CLEAN KISLEV idea. Keep it up and you'll soon have a Lichtigeh Chanukah - ??????  
?????

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Re: WILL SUCCEED BE  
Posted by will Succeed Beh - 15 Dec 2016 15:32

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Thanks!

Good partner.

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Re: WILL SUCCEED BE  
Posted by will Succeed Beh - 15 Dec 2016 19:04

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[Singularity wrote on 15 Dec 2016 11:45:](#)

The 3-second rule is a good relieving factor. I haven't really achieved it myself. But it gives you 3 seconds if you happen to glance (NOT a heter to glance), but to look, APPRECIATE, then look away.



Appreciate? Yes, Hashem has put lots of natural beauty into this world. It's a Chessed. Just like a guy walking down a block of very fancy houses may admire the architecture and stunning design.

But when he craves the house for himself and will stop at nothing to get it, it becomes a bit dangerous.

Strong point,

Just there is a big difference between houses and women, Houses there is no problem looking on it and enjoying it (craving is - Lo Sachmod), But looking at a women a enjoying looking is a problem of - Lo Sosuru.

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Re: WILL SUCCEED BE

Posted by cordnoy - 15 Dec 2016 20:00

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[cordnoy wrote on 14 Dec 2016 23:21:](#)

"Can't you hear that Zuma?"

I thought you wanted to get rid of that guy!?

Il thought you would like this one.

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Re: WILL SUCCEED BE

Posted by will Succeed Beh - 18 Dec 2016 15:17

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I'v made it B"h to the ?? = 18.

Still keeping on the CLEAN KISLEV Project.

Hashem should give us all Koach to keep going on, Even when we had a fall.

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Re: WILL SUCCEED BE

Posted by Singularity - 19 Dec 2016 09:19

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[will Succeed Beh wrote on 15 Dec 2016 19:04:](#)

[Singularity wrote on 15 Dec 2016 11:45:](#)

The 3-second rule is a good relieving factor. I haven't really achieved it myself. But it gives you 3 seconds if you happen to glance (NOT a heter to glance), but to look, APPRECIATE, then look away.

Appreciate? Yes, Hashem has put lots of natural beauty into this world. It's a Chessed. Just like a guy walking down a block of very fancy houses may admire the architecture and stunning design.

But when he craves the house for himself and will stop at nothing to get it, it becomes a bit dangerous.

Strong point,

Just there is a big difference between houses and women, Houses there is no problem looking on it and enjoying it (craving is - Lo Sachmod), But looking at a women a enjoying looking is a problem of - Lo Sosuru.

True. True....

Are male Gynaecologists being *oiver lo Sasuru*? Still don't understand how that can be allowed >.>

If not (in an halachic sense), then we'll need to find the *geder* of the *issur*. *Sasuru...* a stronger *lashon* than *sis'Taklu*.

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