

Getting Started, Round Two

Posted by Spike Ed - 05 Dec 2016 02:30

Im gonna keep this quick and to the point...

This isn't my first time here. I've had issues with this addiction on and off since I was a teenager and joined here after I got married when I felt the impact of this addiction on my life ever more. I remember posting that I would never tell my wife and try to get better by myself but I didn't so I finally discussed it with my wife who is very supportive.

Since then I have had ups and downs put very clearly moving upward. I even set my wife as my accountability partner on covenant eyes (meaning she gets reports about my internet usage, it was my idea)

I'm here to join the community to get and give strength. I am starting my 90 day journey as well at day 1 and hope to hit that mark.

Thanks to all those here who have helped me before. I'm ready for round two now.

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Re: Getting Started, Round Two

Posted by Markz - 05 Dec 2016 02:33

Welcome back!

Have we met before...

Why in the world would you want to hit me??

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Re: Getting Started, Round Two

Posted by cordnoy - 05 Dec 2016 02:39

[Markz wrote on 05 Dec 2016 02:33:](#)

Welcome back!

Have we met before...

Why in the world would you want to hit me??

Probably the same reason you wanted to hit Mr SG:

"Markz" post=299085 date=1480881702 catid=23You're on my hit list.

When I need someone to call I'm gonna want your number bro!

I think you've been reading some looooong Dov quotes recently

Your 'what works for me' is a little long. Can you put it into 1 sentence with 20 words max and no Rashei Tevos

Oh actually the picture you posted was it - and quite a good one.

KOS!

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Re: Getting Started, Round Two

Posted by AllForHashem - 05 Dec 2016 04:09

Have strength. We're here for you.

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Re: Getting Started, Round Two

Posted by Gevura Shebyesod - 05 Dec 2016 04:16

with all these hit-men on the loose maybe we need to rename this site to GuardYourBack.

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Re: Getting Started, Round Two

Posted by Markz - 05 Dec 2016 13:08

[Gevura Shebyesod wrote:](#)

with all these hit-men on the loose maybe we need to rename this site to GuardYourBack.

No

GUARDYOURHITS

Heres #1

[Keep On Trucking](#)

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Re: Getting Started, Round Two

Posted by Singularity - 05 Dec 2016 13:47

Welcome! I also lingered a lot around and my addiction got worse and worse before I posted and did something about it.

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Re: Getting Started, Round Two

Posted by fresh start - 05 Dec 2016 18:29

Hatzlacha to you and welcome back!

I hope to read positive posts from you.

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Re: Getting Started, Round Two

Posted by gibbor120 - 05 Dec 2016 22:28

Welcome back!

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Re: Getting Started, Round Two

Posted by Spike Ed - 01 Jan 2017 07:23

Well thanks everyone, sorry ive been gone, been busy in my mini group forum and keeping up my 90 days. Definatly been more active here than last time and I see the difference. Instead of having seperate forums for my 90 days journey and a my own forum I figure ill list update here, if I have too many things going on ill just get confused. soooo hope everyone is doing well and had a great chag. My 90 days journey is going way better than I could have. Imagined, almost 30 days in, longest streak I can remember! Just the rest of my life to get on order, like davening with minyan, learning everyday, and stuff like that, and ofcourse I still get strong urges I have to keep overcoming and thanks too my wife's support and the covenant eyes filter, which I couldn't more highly reccomend, im doing alright. Especially with my first child on the way I really wanna get back into the game with davening ant learning so any suggestions or ideas would be great!

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Re: Getting Started, Round Two

Posted by cordnoy - 01 Jan 2017 07:27

[Spike Ed wrote on 01 Jan 2017 07:23:](#)

Well thanks everyone, sorry ive been gone, been busy in my mini group forum and keeping up my 90 days. Definately been more active here than last time and I see the difference. Instead of having seperate forums for my 90 days journey and a my own forum I figure ill list update here, if I have too many things going on ill just get confused. soooo hope everyone is doing well and had a great chag. My 90 days journey is going way better than I could have. Imagined, almost 30 days in, longest streak I can remember! Just the rest of my life to get on order, like davening with minyan, learning everyday, and stuff like that, and ofcourse I still get strong urges I have to keep overcoming and thanks too my wife's support and the covenant eyes filter, which I couldn't more highly reccomend, im doing alright. Especially with my first child on the way I really wanna get back into the game with davening ant learning so any suggestions or ideas would be great!

Great to hear.

Havel these things been good in the past?

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Re: Getting Started, Round Two

Posted by Singularity - 03 Jan 2017 10:01

Yay! go covenanteyes!

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Re: Getting Started, Round Two

Posted by Spike Ed - 04 Jan 2017 10:21

Ya Covenant eyes is great! In terms of these things being good in the past its been on and off though theyve been much more off lately. Im not sure how directly they are related to the addiction since im doing really well and on my longst streak ever though still havent gotten back into it, honeslty its probably just plain laziness and lack of motivation....

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Re: Getting Started, Round Two
Posted by Spike Ed - 12 Jan 2017 14:58

Alrighty, just an update here. Been a real tough week though no falls. I almost 40 days into the 90 days journey and the thought of how far I have come has also helped keep me from falling though I have gotten strong urges several times this week. As i mentioned in previous posts, Im also trying to get other areas of my life in order like with davening and learning and with that I havent been too successful. I'm gonna try to recommit myself next week and Ill keep you all posted. Otherwise hope everyone else is getting along with here own journeys. have an amazing shabbat yall!

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Re: Getting Started, Round Two
Posted by Spike Ed - 18 Jan 2017 18:23

This week was the toughest ive had in a long time, had a falling out over the weekend. Im back up on the 90 days and still very proud of my almost 40 day streak and one fall doesnt take away all my progress though i need to balance that feeling of brushing myself off with still feeling bad for what happened, as in i cant just say "oh well" i need to acknowledge my falling out but not let it get me down and work it into my teshuva process. something ive learned alot about from GYE. Im short on time so i will leave it here and hope to post about my new streak in the days to come. Kepp strong yall.