

An addict looking for help

Posted by Daniam36 - 28 Oct 2016 16:22

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Hi I am new to this program, and I could use all the help I can get.

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Re: An addict looking for help

Posted by 360gye - 28 Oct 2016 16:41

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Welcome,

we are all here to help. feel free to reach out.

check out the tools on the site

good luck on your journey

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Re: An addict looking for help

Posted by Shlomo24 - 28 Oct 2016 17:02

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Welcome! Keep on posting and you'll find even more help!

Hatzlacha Rabah.

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Re: An addict looking for help

Posted by Moudmack - 28 Oct 2016 17:06

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Welcome! Make sure to follow the steps and build your barriers to further yourself from your addiction! Theres a lot of great people here and tools, Don't be scared to share and expose your situation so people can help you in w/e way they can. I would start by opening up about yourself. Good luck in your journey!

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Re: An addict looking for help  
Posted by cordnoy - 28 Oct 2016 18:57

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Welcome

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Re: An addict looking for help  
Posted by Keepclimbing5 - 28 Oct 2016 19:10

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Hello there and welcome. At first sharing and opening up can be daunting. Kudos for posting. You can start by telling us a little about your struggles, (sans personal details of course) and what you have tried to do to stop. Many here can attest to similar circumstances and what they have done to help them. Good luck and keep climbing:)

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Re: An addict looking for help  
Posted by YidFromMonsey - 28 Oct 2016 19:33

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You took a good first step by joining GYE, may this lead to many more steps upwards.

You're in the right place brother. Welcome!

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Re: An addict looking for help  
Posted by Markz - 30 Oct 2016 07:11

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[Daniam36 wrote:](#)

Hi I am new to this program, and I could use all the help I can get.

Welcome

Why do you say you're an addict

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Re: An addict looking for help

Posted by gibbor120 - 31 Oct 2016 13:51

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Welcome! Read the handbook and share some more. This is a warm and welcoming chevra that collectively know what you are going through. Keep posting.

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