

hello

Posted by gyeman613 - 20 Oct 2016 15:27

I'm struggling. Finally signed up for GYE and feeling a mix of pride for making the step, embarrassment and wanting to delete my GYE account and ignore I have a problem.

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Re: hello

Posted by Markz - 20 Oct 2016 15:45

I wanted to delete my lust

Any ideas??

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Re: hello

Posted by Shlomo24 - 20 Oct 2016 16:59

Hmm. I wanted to delete my problems for years. Welcome!

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Re: hello

Posted by Teshuvahguy - 20 Oct 2016 18:27

No embarrassment necessary here. No matter what you are dealing with, we can handle it with support and love. Don't delete the account. Give it a chance.

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Re: hello

Posted by Shlomo24 - 20 Oct 2016 18:59

[Teshuvahguy wrote on 20 Oct 2016 18:27:](#)

No embarrassment necessary here. No matter what you are dealing with, we can handle it with support and love. Don't delete the account. Give it a chance.

I hate to be nitpicking but that statement isn't true. Not everything can be handled with support and love. It's a noble sentiment but it's false.

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Re: hello

Posted by Teshuvahguy - 20 Oct 2016 19:19

I didn't mean that the problems could be solved with support and love, but the people coming here, embarrassed and looking for friendship, can certainly benefit from support and love. So, we can handle the embarrassment and feelings of aloneness.

Dont worry about nitpicking, Shlomo. I assure you I will have an answer for you, whatever you

Perhaps we all need G-d as a partner, in reference to your previous comment. You could probably use that, as well.

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Re: hello

Posted by Happy Guy - 20 Oct 2016 20:11

[Teshuvahguy wrote on 20 Oct 2016 19:19:](#)

I didn't mean that the problems could be solved with support and love,

I agree that there is an important distinction between **solving** a problem and **handling** it. As Shlomo accurately points out, not every problem can be wiped away with a smile and a cookie. But we certainly will be handling it better with support and with love.

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Re: hello

Posted by YidFromMonsey - 20 Oct 2016 20:53

The non-judgmental attitude on GYE is not second to non, it's nowhere else to be found period. Don't take my word for it, see for yourself. But you will never know if you don't give it a chance...

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Re: hello

Posted by Moudmack - 21 Oct 2016 04:54

Running away from your problem won't solve it. It will just delay you facing it and make it harder to overcome as you continue feeding your lust by not overcoming it. Of course this is easier said than done but using GYE tools is a big step and it would but a waste to take a step back when you already made the first step. Behatslaha in your continuation!

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