

This Yom Kippur I hope it will end...

Posted by yomkippur5777 - 11 Oct 2016 13:47

Hi,

I can't believe there is a forum like this....I am married and have a kid. I have been addicted to almost tayva in the book. It may have something to do with my ADHD, but every day is a struggle with the Tayvas Nashim. I am 100% sure it has held me back so many times, whether in ruchniyos or goshmiyos. It really stinks, but it is what it is. There is almost no escape. I am a genius in playing into the Y"h games. I can get past any filter and make anything look clean and innocent. I can't afford to do this anymore and I hope I can end it. I recently heard in a shiur thats there is a difference btwn desire and want. The truth is I **desire** the tayva, but I dont **want** it. I want to be great and something else.

Thats it for now.

Gmat Chasima Tova to all.

Let's make this the year we can quit or at least cut down significantly the tuma we view.

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Re: This Yom Kippur I hope it will end...

Posted by Teshuvahguy - 11 Oct 2016 14:22

Love what you said about desire versus want. I also desire it but don't want it.

Welcome and hatzlacha!

gmar chatima tova and you should achieve new heights in your fight!

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Re: This Yom Kippur I hope it will end...

Posted by Markz - 11 Oct 2016 14:50

[yomkippur5777 wrote on 11 Oct 2016 13:47:](#)

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Welcome brother

I can probably get thru filters that you can't. But let's not start any competitions. I don't mind being the loser on this

Theres an old adage on GYE that

Hope

is a 4 letter word

Today is a good day to consider a small step to recovery

I wish you all the best and a G'mar Tov!!

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Re: This Yom Kippur I hope it will end...
Posted by serenity - 11 Oct 2016 16:03

. Gmar chasima tovah.

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Re: This Yom Kippur I hope it will end...
Posted by Shlomo24 - 11 Oct 2016 19:39

[Markz wrote on 11 Oct 2016 14:50:](#)

[yomkippur5777 wrote on 11 Oct 2016 13:47:](#)

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Believe it.
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Mark: I like OneRepublic also. (They have the hope line a song of theirs).

YK77: Very articulate. I relate to a lot of what you wrote, especially about wanting it and hating it at the same time.

Hatzlacha Rabah.

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Re: This Yom Kippur I hope it will end...

Posted by yomkippur5777 - 13 Oct 2016 12:58

Thank you!!

Good Luck to us all!

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Re: This Yom Kippur I hope it will end...

Posted by gibbor120 - 14 Oct 2016 18:38

Welcome! Read the handbook. Keep posting. Many have been helped here. You can be too.

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