

Braved Up

Posted by GFreedom - 03 Aug 2016 00:38

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Shalom Shalom:

I finally braved up, so to speak, and decided to introduce myself on this site. I've struggled with pornography since I was a child in the 1970s, when my mother's boyfriends kept a stack of it on our entertainment center. I had my first sexual experience at the age of eight, and long before high school "scored" many little girls. I suffered from serious rejection issues growing up without a father, and throughout HS I had no healthy relationships with women. On came the pornography and self-love of course. By college, which I started when I was 16, I was a full on sex addict, fueled by my little girlfriend at the time who was also broken by sex before marriage. Throughout my service to my country especially overseas, every relationship I chose was based on sex, and when I didn't get it I relegated to porn.

Here in my mid-40s I've relied upon Adonai to deliver me. It hasn't been easy and I've had to Teshuvah so many times. Now that there is someone that I dearly want to marry, it's imperative that I defeat this thing once and for all.

I use Google Page blocker to block every porn site that I encounter, and it's working wonders. If I can't see it, I won't use it.

Shalom!

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Re: Braved Up

Posted by Markz - 03 Aug 2016 01:01

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Welcome!

Hey that's cool recovery is the way to go

What does *trolls* mean

And that's amazing - hey how did you hear about gye?

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Re: Braved Up

Posted by willandtonya - 03 Aug 2016 02:10

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Welcome to the group G!

You and me have almost the same story! You just started a year later and are a couple of years older. I'm also following the same teacher you are (-;

This group is great, and the people here are very encouraging and real. You won't regret joining. It is a blessing to me just to be able to share my day relating to this, whether good or bad. That's one of the benefits you'll find.

Be encouraged and keep on the path!!!

(I would recommend you read the handbook, and the pdf for Windows of the Soul (or you could by the hard copy))

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Re: Braved Up

Posted by doingtshuva - 03 Aug 2016 09:29

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[willandtonya wrote on 03 Aug 2016 02:10:](#)

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How did you guys find out about GYE?

Wish you all a full recovery.

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Re: Braved Up

Posted by willandtonya - 03 Aug 2016 11:10

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For me it was trying to find the book Windows of the Soul through "googling".

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Re: Braved Up

Posted by doingtshuva - 03 Aug 2016 14:01

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Do you mean this?

[guardyoureyes.com/ebooks/item/windows-of-the-soul](http://guardyoureyes.com/ebooks/item/windows-of-the-soul)

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Re: Braved Up

Posted by willandtonya - 03 Aug 2016 15:31

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That's it. I found a hard copy on ebay for \$8. I'm old school, I prefer to have it in paper (-:

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