

ssa newcomer

Posted by howberm - 22 Jul 2016 13:44

hi everyone. i'm a newcomer on gye. married w/kids, in my 30s, lifetime ssa issue w/p&m. i live in lakewood adn would love to chat with other in the same boat.

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Re: ssa newcomer

Posted by Gevura Shebyesod - 22 Jul 2016 15:26

Welcome aboard! I am a bit older than you but my story is almost the same. Married with kids, SSA since I was too young to understand what it meant, heavily into P&M but never anything more than that. I found GYE around 5 years ago and life hasn't been the same. I am no longer alone, I have found an amazing group of friends who accept and support me. Stick around, the road leads upwards from here.

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Re: ssa newcomer

Posted by Markz - 22 Jul 2016 15:46

Welcome!

As Gevura said "the road leads upwards", but with Gevura's Yesod it's not an uphill road

Keep on Trucking!!

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Re: ssa newcomer

Posted by gibbor120 - 22 Jul 2016 20:36

Welcome! You have definitely come to the right place. Stick around!

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Re: ssa newcomer

Posted by Sturggle - 27 Jul 2016 15:59

Hey! Welcome!

I'm 30, married. I struggle with ssa. Would be happy to chat some time. As has been said, this is a great place to be, lots of support and chizuk.

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Re: ssa newcomer

Posted by howberm - 28 Jul 2016 17:27

sure thing - hmu howberm12@gmail.com

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Re: ssa newcomer

Posted by Shlomo24 - 28 Jul 2016 20:17

I would like to say something that Cordy told me when I was a newcomer. Whether you believe what I'm about to say or not, there are many people who struggle with homosexual lust and many with heterosexual lust, and many with both. But I have learnt over the years that there is no discrepancy in terms of overcoming the problem from a sexual perspective. What works for one may work for another, many times regardless of sexual preference. There may be different psychological nuances, but from a pure recovery standpoint I don't see a difference.

Welcome, and keep on posting. Hatzlacha.

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Re: ssa newcomer

Posted by ehrliche.bochur - 04 Aug 2016 06:17

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Re: ssa newcomer

Posted by Shlomo24 - 04 Aug 2016 19:07

[ehrliche.bochur wrote on 04 Aug 2016 06:17:](#)

Be careful, I do not think it is good idea for two people with SSA to be support partners

To each their own. If someone finds it triggering then ok. But I couldn't disagree more. Shared experience is a very powerful thing.

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Re: ssa newcomer

Posted by Zion - 05 Aug 2016 01:09

[Shlomo24 wrote on 04 Aug 2016 19:07:](#)

[ehrliche.bochur wrote on 04 Aug 2016 06:17:](#)

Be careful, I do not think it is good idea for two people with SSA to be support partners

To each their own. If someone finds it triggering then ok. But I couldn't disagree more. Shared experience is a very powerful thing.

+100

Besides , in SSA, everyone has different triggers and often your support partner wont fall in that category. It would be smart to find someone that doesn't.

(This is one thing i didnt understand about ssa till i shmoozed with others here. I thought everyone has the same triggers as me.)

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Re: ssa newcomer

Posted by Snow - 10 Aug 2016 11:02

Welcome! I am married with a kid and have been dealing with SSA since I was young. Happy to be in touch.

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Thnx Shlomo