## **GYE - Guard Your Eyes**

Generated: 28 July, 2025, 00:01	
Introduction Posted by Dovid824 - 06 Jul 2016 11:25	
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Re: Introduction Posted by Markz - 06 Jul 2016 11:42	
Welcome to our illustrious club	
Hey, whenever you're ready	
I just want to point out although I'm not a 12 stepper	
However a large proportion of gye recoverers are avid steppers, based on the SA white book and the AA wine book	
If that's the route you end up taking, it apparently gleans a totally new highly inspiring connection / relationship with Gd.	
Is that something that you'd like to invest in?	
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Re: Introduction Posted by cordnoy - 06 Jul 2016 13:23	
Welcome,	
B'hatzlachah.	

## Generated: 28 July, 2025, 00:01 Re: Introduction Posted by Gevura Shebyesod - 06 Jul 2016 15:50 Markz wrote on 06 Jul 2016 11:42: ...the AA wine book... Welcome! Re: Introduction Posted by gibbor120 - 06 Jul 2016 17:19 Wow! Welcome! This is a great place. I wish you much success. \_\_\_\_\_\_ ==== Re: Introduction Posted by truevision - 06 Jul 2016 18:59 I prefer bourbon but Whatever Works... Welcome to the community. You have truly shown Hashem that you are heading in the right

direction. Not only have you become observant but you even show the desire to sanctify

yourself. Wishing you much hatzlocha. Remember to always speak to Hashem.

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2/6

## **GYE - Guard Your Eyes** Generated: 28 July, 2025, 00:01 Re: Introduction Posted by yiraishamaim - 06 Jul 2016 20:20 Dovid I am so happy you've come aboard. You are clearly looking for meaning. GYE can be a springboard for REAL growth -the kind you feel in the depths of your soul. Re: Introduction Posted by Markz - 06 Jul 2016 21:24

Dovid it's easier for me if you keep your posts in 1 thread so I can sit back and watch how you can weave an amazing story

I saw the term "White Book" in another post. Does that refer to the GYE Handbook ("Guard Your Eyes Handbook Dec 2012.pdf")?

And in another post someone mentioned focusing on finding root causes for behavior such as masturbation, which is an idea I hadn't considered. In other areas of observance, my approach has been "Do it (or don't do it) because it's a commandment from Hashem," but that's not enough in this case, so looking deeper may help.

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Does the Handbook go into detail on that? If not, are there other references that address that?		
The white book I mentioned is not the handboo	k	
Its the SA book which can be found 24/7 on the	e "Free Towing" page below - See #3 Great Links	
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Re: Introduction Posted by rebyid31 - 06 Jul 2016 21:25		
welcome we are all bailei tshuveh (hopefully)!		
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Re: Introduction Posted by Dovid824 - 07 Jul 2016 11:05		
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Re: Introduction Posted by Dovid824 - 26 Jul 2016 20:48		
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Re: Introduction Posted by cordnoy - 26 Jul 2016 21:08		
Dovid824 wrote on 26 Jul 2016 20:48:		

**GYE - Guard Your Eyes** 

Posted by cordnoy - 27 Jul 2016 15:52