

New member introduction

Posted by Keepclean1993 - 23 Jun 2016 08:17

This is the first time I'm discussing this with anyone. But I'm currently married a little more than 2 years and I've come to realize something that I knew in the back of my head for a long time, I'm an addict. I don't know if it's my fault or not but I need to fix this however long it takes. I've been addicted to porn since I was 17. But my problems with shmiras habris started when I was 13. That's the first time I was molested. There was a guy my age who took advantage of me, I was a scared totally naive kid at that time. It only stopped when I forced myself to get a trusted teacher involved. B"h he put an end to it. It happened again when I was 14. This time it was worse. One of my best friends molested me when I was sleeping and I woke up in middle. While my masturbation problem started after that first time, it got so much worse after the second time. Only a couple of years later I was addicted to porn. I mentioned once to my wife that I was molested but I don't think she really understood what that meant. She doesn't know about my addiction and I plan on keeping it that way. I love her too much, I know it would hurt her and I can't do that. But I know I need help. So if anyone has any advice for someone who's trying to start recovering, I'm open to suggestions. Thanks

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Re: New member introduction

Posted by cordnoy - 29 Jun 2016 08:36

[Keepclean1993 wrote on 28 Jun 2016 21:29:](#)

I know you guys are trying to help, but this really isn't working for me. Forget about lust, porn or anything like that for a second I feel under appreciated and unloved when sex isn't in my life. Is that because I'm an addict? I don't see the connection

Please elaborate....if you can.

What is she doing/not doing?

What does she say?

Thanks

B'hatzlachah

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Re: New member introduction

Posted by gibbor120 - 29 Jun 2016 15:58

[Keepclean1993 wrote on 28 Jun 2016 21:29:](#)

I know you guys are trying to help, but this really isn't working for me. Forget about lust, porn or anything like that for a second I feel under appreciated and unloved when sex isn't in my life. Is that because I'm an addict? I don't see the connection
Understood.

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