## **GYE - Guard Your Eyes**

Posted by markz - 19 Jun 2016 18:57

Welcome brother

Generated: 28 July, 2025, 12:23 Hello. Posted by MoeDoeNY - 19 Jun 2016 17:45 Hi, I struggle in three main ways. I have some times where I can really be amazing for a week or even a little more buy I always come back to the same place, even though I definitely feel that I keep growing it kills me every time I drop again. The three areas I struggle in are 1. Looking at dirty things, 2. Looking at clean things in a dirty way and 3. The final result of masturbation. It really bothers me that I love this roller coaster type of thing. I hope I have nor bored you. Re: Hello. Posted by cordnoy - 19 Jun 2016 18:18 Welcome, Thanks for sharing. Do you wanna stop? There are lots of good ideas on this site. Don't be a stranger. B'hatzlachah Re: Hello.

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## **GYE - Guard Your Eyes** Generated: 28 July, 2025, 12:23 I am just as boring... Re: Hello. Posted by yiraishamaim - 19 Jun 2016 19:42 Your struggles are common. That does not make it boring. In fact, countless others with similar challenges have been helped. If that's not exciting - what is? Re: Hello. Posted by shmirashachaim - 19 Jun 2016 20:40

Welcome! If it bothers you enough stick around, look around the site and get advise from those

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experienced with this (that's what I'm doing)

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