

I'm Finally Here

Posted by Birshusi - 20 Apr 2016 05:43

This post is over a decade in the making. A decade of struggling, falling, disappointing myself, and a whole lot of tumah.

The first time I watched porn was completely by mistake; actually it was more like mis'aseik. Someone in my house had been watching before me, and it was in the relatively early days of the internet when many websites used the Windows Media Player on the computer's desktop as their video platform. I, an innocent eight or nine year old, opened WMP stam, and up popped a video that, although not immediately apparent what it was, was clearly going somewhere. So I watched. And what I saw then remains to be the most explicit, obscene sight I have ever seen. An entire world had been revealed to me, one that I couldn't believe actually existed, but one that was just as intriguing as it was disgusting. I spent the rest of that Friday afternoon in my family's closed-door computer room, googling for more of what I had just viewed. What I ended up finding was eight year old stuff, but pritzus at its worst just the same.

I don't remember specific incidents after that affair; there must have been something. But a few years later, the iPod Touch came out, and I desperately wanted one, because it was cool new tech and I was a curious kid. My generous parents bought it for me, and of course made sure to remove the Youtube app and Safari. Shkoyach. A couple of sports apps later, and I had easy access to whatever I wanted to see, whenever I wanted to see it. Every night, I'd come home from school, and drown myself in whatever my imagination dreamed up. This went on for over a year, with me feeling worse and worse about myself as time went on, with numerous honest attempts to stop all ending in depressing failure.

[Agav, I always knew that I wouldn't cross certain lines. For some reason which maybe I'd be able to explore with the oilam here, I only allowed myself to see basic porn, but not the worst of the worst, if you chap what I'm saying...]

One night I had enough of myself. I went downstairs to my father who was in the kitchen preparing to go to sleep, and I said to him, "Can we talk?" He chapped right away. We sat down on the couch, and I told him how I'd been using my iPod ever since he bought it for me. Long story short, he was incredibly understanding and supportive, and I felt renewed. He took my iPod at my request, and that was that.

For the iPod, anyway.

We still had computers without filters, which meant that any time I was home when nobody else was in the house, I'd find myself in the same chair, finding more garbage to enjoy, and to suffer from. (I also found books in my house that contained everything I wanted to see, just in writing.) I still remember my Rebbi asking me once how my off-Shabbos was, and how difficult it was for me to just smile and say "Great, boruch Hashem." What a shahkrin.

But that issue would sort of fade, because my parents got a good filter, and I started to become more of a masmid and more attached to my learning in general, which I realize now is a tremendous neis considering all that my eyes have seen and my brain has absorbed.

But it was always there, a problem whenever I was home and alone, the draw to the computer magnetic and suffocating. Slowly it has become more of a constant mindset than a periodic struggle. Whenever I'm home, it's not a shailah of if I'll end up on the computer, but when, for how long, and how bad it will be.

My mind is now dominated by the desire to see an attractive woman, and when one does come close, I feel basically powerless to look away. It is so bad that driving is sometimes dangerous for me, because when you're in a frum neighborhood and there's a minivan coming your way, you can bet that the driver is wearing a sheitel and makeup, and I want to see. And even worse than that, this thirst for lust leads me to violate people's privacy, which besides for being extremely selfish, could land me in jail if I'm caught.

I've thought about all this for a while, and have finally admitted that this cannot be chalked up to normal male behavior, but rather, I have a lust problem, and I guess it could be an addiction. I can't go on living like this, because it messes with my basic functioning, menuchas hanefesh and my ability to shteig. I had planned to join GYE at the beginning of Bein Hazmanim, but I was so busy that I barely had time to sit at the computer. I naively thought that I might be okay. But first yesterday and then today, I caved (fell?), and it's clear that if I don't act now, I might never get this yetzer hora under control.

If you are still reading until this point, I can't thank you enough for getting to know me. I need the oilam here to help me become like you - focused and determined to remain pure in a world of shmutz. I really hope that I'll be here often, feeling the support of other Yidden that are fighting the same battle I am. Because I really want --and need-- to get myself under control.

Yedidcha,

Birshusi

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Re: I'm Finally Here

Posted by markz - 03 May 2016 01:26

Here goes

Say viduy before you start in case it's your last post.

Cos the far reaching Fatwa arm of Peloni aka Abbas ak 47 may c'v get you

Create a New Thread in the JHF section

Make sure you use this title for optimum impact in LOWER CASE

"Free Softcore Fun - Bathroom Closed"

Make a clear note that

No bathroom / Toilet / Restroom jokes are allowed

Find one or two unique gye appropriate humor that was never previously posted on gye and add it

There are members that need to be invited, since they are running ~~pissed off~~ from some other thread

I'll give you that later

Interested??

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Re: I'm Finally Here

Posted by markz - 03 May 2016 02:31

You have 10 minutes to partake, or the honor is mine

10:00

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Re: I'm Finally Here

Posted by markz - 03 May 2016 03:31

Change that timer!!!!

Its open for your consumption any time.

I cant take on that great honor

i have some other new thread I have been lazy about which is priority - hopefully tomoro night will start

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Re: I'm Finally Here

Posted by Birshusi - 03 May 2016 04:41

Wow that's not what I expected. Leave it to markz.

In case you're wondering where I disappeared to, well I'm not gonna tell you, because it's TMI about my identity. But I was suddenly blessedly occupied for most of the night, and I just made it back here before going to bed to see what great title was bestowed upon me by Mr. Blue Tow Truck.

I've never done Softcore comedy before, so I'm gonna have to think about it before starting a thread. Is it like stand-up? Do I need to bring my own stool?

Warning: Spoiler!

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Re: I'm Finally Here

Posted by operationgye - 03 May 2016 11:35

Hi Hi friends.. Until i came across this page i never realized this is an addiction.. Now im strictly on fasting.. Its pointless if we cant control ourself. At least challenge our mind. So i took a challenge against my dark side.. And im fighting.

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Re: I'm Finally Here

Posted by markz - 03 May 2016 11:47

Welcome

See? You did it!

Now how about you start a "New Topic" under "introduce yourself" or the "90 day chart", write a little about yourself, and we will share the ride with you

Keep On Trucking

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Re: I'm Finally Here

Posted by Birshusi - 03 May 2016 20:52

[markz wrote on 02 May 2016 21:05:](#)

I think the first thing we gotta understand is that the binoculars is your friend

Do you have any substitute?

Can you explain yourself a bit more? How are they my friend?

I'm hanging out more in the JHF section, but don't think I'm gonna start a thread.

I need some practical advice on what to do about this spying issue. It's bothering me a lot. Stamazoi I'm feeling kinda triggered now.

copied from chat I was out shopping this afternoon, got what I was looking for, I learned this morning, had a long schmooze on the fone with a good friend, went on cordnoy's call. Everything was good, and I'm still feeling like this.

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Re: I'm Finally Here

Posted by cordnoy - 03 May 2016 21:07

[Birshusi wrote on 03 May 2016 20:52:](#)

[markz wrote on 02 May 2016 21:05:](#)

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how come i didn't hear you?

Did anythin' speak to you from the call today?

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Re: I'm Finally Here

Posted by cordnoy - 03 May 2016 21:08

[Birshusi wrote on 03 May 2016 20:52:](#)

[markz wrote on 02 May 2016 21:05:](#)

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binoculars was an integral feature of my favorite movie.

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Re: I'm Finally Here

Posted by Birshusi - 03 May 2016 21:15

[cordnoy wrote on 03 May 2016 21:07:](#)

[Birshusi wrote on 03 May 2016 20:52:](#)

[markz wrote on 02 May 2016 21:05:](#)

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The truth is I was considering sharing, although I'm not sure what I was going to say, but about half way through the call, someone knocked on my door, and he had to do work in my house, and I had to speak to him, figure out what he was supposed to do, etc. So I got distracted and kinda lost my momentum. Maybe tomorrow I'll speak up.

There was something said that I appreciated, but I can't remember what it was...

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Re: I'm Finally Here

Posted by stillgoing - 03 May 2016 21:49

I don't know why, but there is something about this thread that speaks to me.

Now, about buddybiny(oculars). I may not be mark (or i may, you never know here

), but perhaps what mark was saying is that buddybiny is an enjoyable past time. Do you have real people who you can do the same with (i dont mean to spy on - i meant to enjoy time with).

Also, about the new thread, you gotta do it! We need a powder room compleatly separate from

the rest (of the) room(s). But its not for the faint of heart. As mark said, papa won't be happy.

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Re: I'm Finally Here

Posted by Gevura Shebyesod - 03 May 2016 22:11

Why does "Doingtshuva" have a picture of you as his avatar?

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Re: I'm Finally Here

Posted by Birshusi - 03 May 2016 23:00

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Not sure what you mean "to do the same with." Buddybiny was never a hobby of mine. Someone gave them to me as a gift, and I always new they were there even though I never used them.

As for stam being social, the truth is that there isn't much socializing to do at my age, I don't think. And even if there was, all my friends are going to EY tomorrow, so even if I could've hung out with them today, I can't for the rest of Bein Hazmanim.

In other words, I managed to get through this afternoon unscathed thanks to GYE, but it ain't gonna get easier tomorrow.

ODAAT.

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Re: I'm Finally Here
Posted by Birshusi - 04 May 2016 00:47

Alright guys.

The new thread is under construction.

Stay tuned.

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