Generated: 21 August, 2025, 18:03

This site is a G-d send.

Posted by LeogoingShmiras - 13 Mar 2016 09:07

\_\_\_\_\_

Thanks guys, I'm depressed inside, as the Psalms would put it "he drank form the bitter waters."

I'm new here, I guess I can say I've always been in this fight, there were times of waxing, and waning. At times I'd be winning, and then losing. But I'm a tenacious, won't through in the towel just yet. Keep getting kicked to the curb, yet I'd get fired up to fight back more. Then comes the period of depression, feeling lax and sluggish. As Rambam put it. " The semen is the light of his eyes." On the holy months of Teshrei and Elul, I can really feel a connection to Hashem, different from the rest of the year. Especially on the 10 days of awe. I try to squeeze out as much Elul, and Teshrei as possible. I find myself losing in the months of bitter Chesvan. The winter and summer lack many holidays. 50% Holidays are jam packed into Teshrei! I wish Teshrei would come sooner.

Nobody in my family understands what I do, and why I do certain things. Akin to a Superhero taking off at moments notice.

When I feel an urge coming on, I stop, drop, and push ups. Get the blood from the small organ (as the Talmud would put it as) "a man has a small organ, feed and it will always hunger for more, starve it, and it will be content." So I divert to blood from my small organ (hehe what is this gradeschool) to the Brain, and the arms.

I lose sleep in the night, the thought of billions of souls until eternity have been defiled. They scream (I may be crazy) "father, father, why have you killed us!"

- Just like a person creates children through intercourse so to a person draws down souls every time he spills seed.
- These souls are immediately captured by the forces of evil who torture and starve them stealing all their energy for themselves.
- The souls brought down through a persons sins are also considered his kids.
- They are not to happy about the position their father put them in.
- After a person dies these souls come to take revenge on their father, causing him many problems.
- In addition they also come after his physical children and try to harm them.
- There are a number of halochos during the funeral and shivah that help prevent this. (Copy pasted, no credit for it, post down below.)

(truekabbalah.org/pages/documents/k00029.htm) Because just as saving one life is like saving a world until infinity, and killing a life is like destroying a world for all eternity. Because one person, will have kids. Say two, then they have kids and so on. Now imagine killing 2 million souls each time. Even the "smallest" of sins, is still hugely destructive in the higher realms (it's just ours is so diluted you can think you have a separate existence from Hashem.) Now murder is one of the three cardinal sins, now multiply that by 2 million (the average sperm count) and multiply that each time I sinned. You can see why I quiver in fear in the night. As is said in the Bed time Shema, "there are 60 men trained in the art of war, a 1,000 enemy soldiers will die at your left side, and 10,000 at your right(I forgot the direction)." In fact I'm losing sleep right this second.

You can probably imagine the dread I felt after the sin of Err, and Onan. In fact, it was as if a demon possessed me (you believe it or not, I can't decide either, there are conflicting sources in the Torah) (There must be a resolution for that. Haven't looked for it yet.) Forgot G-d for that instant, for what? Losing both this world and the next, for momentary pleasure. This is more me pouring out my feelings to Hashem it's called Hisbodidute.

- One should do hisbodidute, pray spontaneously to G-D
- This should be done every day on any subject, however one who was pogem should also pray to G-D to forgive him and destroy the demons he created.
- If one can, he should try to cry as he prays.
- When you try to stop and rectify your sins there will be crazy opposition from the sitra achrah. (Other Side) Not really because even this is a manifestation of Hashem's will, but not because he wants to give it life, but because humans were given free choice. (The Tanya goes into this.)

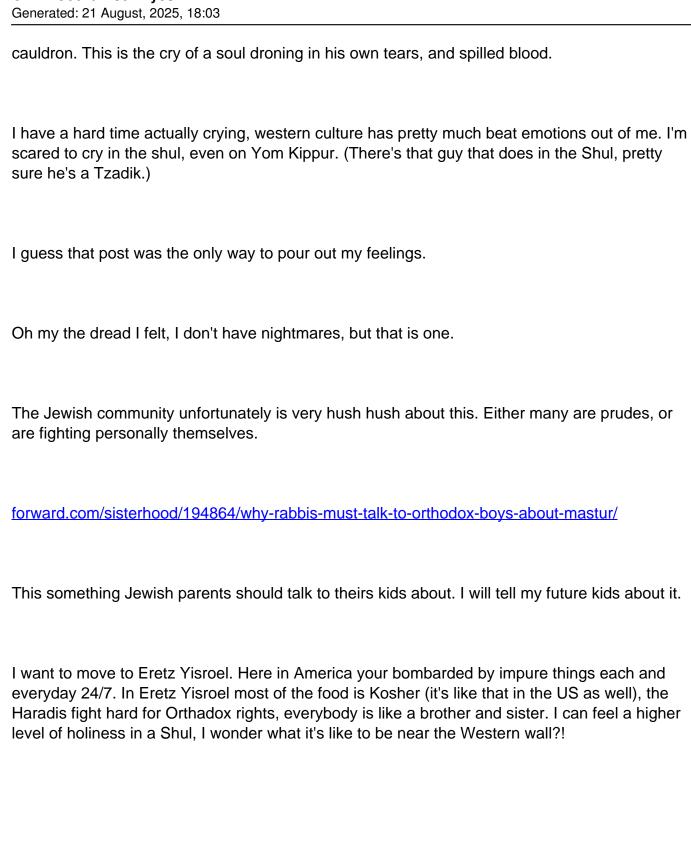
So I've not told my feelings but not my background. I don't want to give all my information away. (It's scary just how people can be destroyed on the internet G-d forbid.)

**GYE - Guard Your Eyes** Generated: 21 August, 2025, 18:03 Re: This site is a G-d send. Posted by markz - 13 Mar 2016 11:55 Welcome and hello! ==== Re: This site is a G-d send. Posted by Yesod - 13 Mar 2016 16:56 Hi Leo, welcome. Thanks for the inspiration, but we've heard it all already around here. What's your story, pal. Re: This site is a G-d send. Posted by LeogoingShmiras - 13 Mar 2016 17:32 Hi Yesod, thanks it really helps. Been slipping for 2 year before this. But didn't know there was a community for this. Assumed nobody talks about it, and if you do you get ostracized.

I don't want to reveal everything, address, country, phone number ext.

As the video of the site says, "double life" one life is the outside facade, and the inner boiling

## **GYE - Guard Your Eyes**



\_\_\_\_\_\_

====

Generated: 21 August, 2025, 18:03

Re: This site is a G-d send.

Posted by musician - 13 Mar 2016 18:16

\_\_\_\_\_

Yes, it is. A G-dsend, that is.

It is humbling to me that G-d has orchestrated this site's creation for me (?????? ????? ?????), because it represents my urgent need that He is addressing, and at the same time His fierce love for me, affording me the opportunity to remain close to Him.

I respect your feelings as you delineated them. As Yesod says they reflect the sentiments of many of us and that means you are in good company.

But I tend to focus on the other side of the equation. I believe that rather than spending a great deal of time thinking about the terrible consequences of what you you have done, you ought to be focusing on the wonderful opportunity you have to connect with Hashem.

We have 613 (plus seven miderabonons) avenues of connection with Him. This is unique to the Jewish people; the vast majority of the billions of people who inhabit the globe do not have this ability to connect. Of our Jewish brethren, there is a tragically small percentage who chose to follow His path. Most are ??????? ?????, and are, at least for now, lost on the wayside.

Of the few observant Jews left, there are those for whom ????? ?????? ?????? ????? are not ??????? for one reason or another; they are either above this ordeal and are not challenged by it, or they are ?? ????? below it, and condemned to that way of life until they raise themselves to the level where they will be able to battle it, as Rav Dessler explains (their ????? ??????).

It's just the rest of us who are entrusted with this mission of facing the test and acing it. You quote the Tanya. From ????? ??? it is apparent that being in this situation with these ?????? should cause a rejoicing rather than depression, because being exposed to this devastating ??? ??? (which, rest assured, I would recommend to no one) affords one the opportunity to fight it – by ignoring it – and thereby flooding the universe with ?????.

In other words, there are very few people on this earth with the ability to be ????? the ???? of

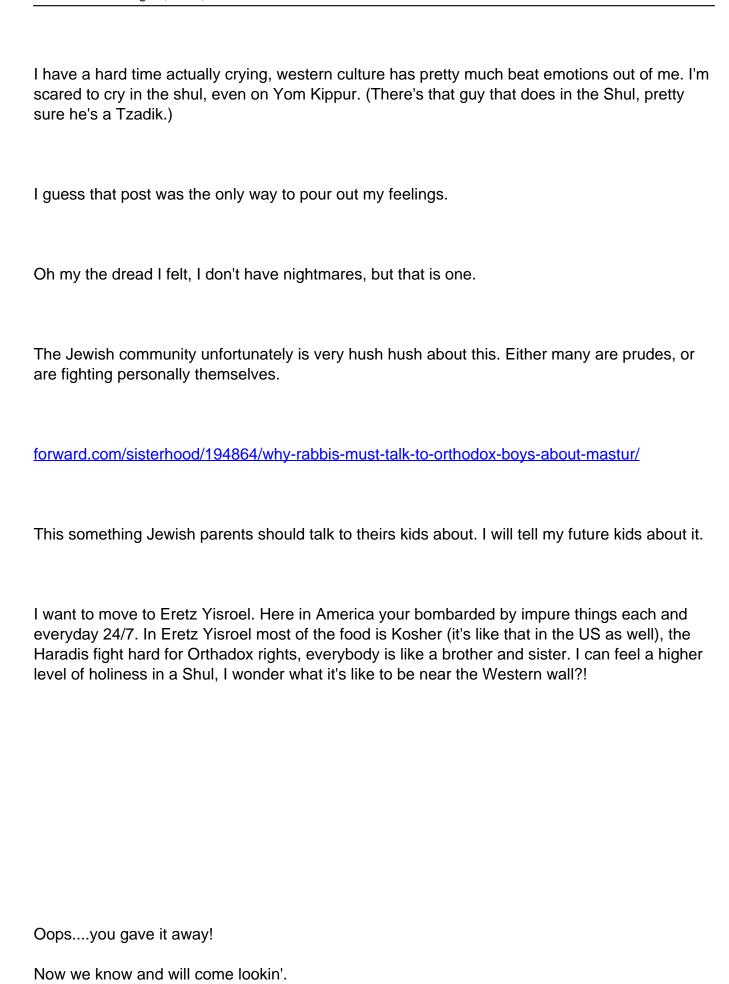
??? ?????. They are either unqualified (??????), unaware (not frum), or unequipped (they do not face the ?????). That leaves the rest of us folks, whom Hashem has entrusted this percious ????. It is only we who can forge this particular connection with Him; we are the ?????? of the rest of ??? ?????, and by extension, the rest of the world, to draw this great Light of G-dliness to the world.

That's so invigorating and encouraging. Why focus on anything else?
Hatzlacha
=======================================
Re: This site is a G-d send. Posted by cordnoy - 13 Mar 2016 18:22
LeogoingShmiras wrote on 13 Mar 2016 17:32:
Hi Yesod, thanks it really helps.

Been slipping for 2 year before this. But didn't know there was a community for this. Assumed nobody talks about it, and if you do you get ostracized.

I don't want to reveal everything, address, country, phone number ext.

As the video of the site says, "double life" one life is the outside facade, and the inner boiling cauldron. This is the cry of a soul droning in his own tears, and spilled blood.



\_\_\_\_\_\_

====

Re: This site is a G-d send.

Posted by Donaldthetramp - 16 Mar 2016 15:29

\_\_\_\_\_

LeogoingShmiras wrote on 13 Mar 2016 09:07:

Thanks guys, I'm depressed inside, as the Psalms would put it "he drank form the bitter waters."

I'm new here, I guess I can say I've always been in this fight, there were times of waxing, and waning. At times I'd be winning, and then losing. But I'm a tenacious, won't through in the towel just yet. Keep getting kicked to the curb, yet I'd get fired up to fight back more. Then comes the period of depression, feeling lax and sluggish. As Rambam put it. " The semen is the light of his eyes." On the holy months of Teshrei and Elul, I can really feel a connection to Hashem, different from the rest of the year. Especially on the 10 days of awe. I try to squeeze out as much Elul, and Teshrei as possible. I find myself losing in the months of bitter Chesvan. The winter and summer lack many holidays. 50% Holidays are jam packed into Teshrei! I wish Teshrei would come sooner.

Nobody in my family understands what I do, and why I do certain things. Akin to a Superhero taking off at moments notice.

When I feel an urge coming on, I stop, drop, and push ups. Get the blood from the small organ (as the Talmud would put it as) "a man has a small organ, feed and it will always hunger for more, starve it, and it will be content." So I divert to blood from my small organ (hehe what is this gradeschool) to the Brain, and the arms.

I lose sleep in the night, the thought of billions of souls until eternity have been defiled. They scream (I may be crazy) "father, father, why have you killed us!"

- Just like a person creates children through intercourse so to a person draws down souls every time he spills seed.
- These souls are immediately captured by the forces of evil who torture and starve them

stealing all their energy for themselves.

- The souls brought down through a persons sins are also considered his kids.
- They are not to happy about the position their father put them in.
- After a person dies these souls come to take revenge on their father, causing him many problems.
- In addition they also come after his physical children and try to harm them.
- There are a number of halochos during the funeral and shivah that help prevent this. (Copy pasted, no credit for it, post down below.)

(truekabbalah.org/pages/documents/k00029.htm) Because just as saving one life is like saving a world until infinity, and killing a life is like destroying a world for all eternity. Because one person, will have kids. Say two, then they have kids and so on. Now imagine killing 2 million souls each time. Even the "smallest" of sins, is still hugely destructive in the higher realms (it's just ours is so diluted you can think you have a separate existence from Hashem.) Now murder is one of the three cardinal sins, now multiply that by 2 million (the average sperm count) and multiply that each time I sinned. You can see why I quiver in fear in the night. As is said in the Bed time Shema, "there are 60 men trained in the art of war, a 1,000 enemy soldiers will die at your left side, and 10,000 at your right(I forgot the direction)." In fact I'm losing sleep right this second.

You can probably imagine the dread I felt after the sin of Err, and Onan. In fact, it was as if a demon possessed me (you believe it or not, I can't decide either, there are conflicting sources in the Torah) (There must be a resolution for that. Haven't looked for it yet.) Forgot G-d for that instant, for what? Losing both this world and the next, for momentary pleasure. This is more me pouring out my feelings to Hashem it's called Hisbodidute.

- One should do hisbodidute, pray spontaneously to G-D
- This should be done every day on any subject, however one who was pogem should also pray to G-D to forgive him and destroy the demons he created.
- If one can, he should try to cry as he prays.
- When you try to stop and rectify your sins there will be crazy opposition from the sitra achrah. (Other Side) Not really because even this is a manifestation of Hashem's will, but not because he wants to give it life, but because humans were given free choice. (The Tanya goes into this.)

So I've not told my feelings but not my background. I don't want to give all my information away. (It's scary just how people can be destroyed on the internet G-d forbid.)

So hello, and thank you!