

The breaking point

Posted by qualityeyes - 04 Mar 2016 19:56

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To make it short. I joined GYE a week ago, I'm very inspired about all the chizuk, help, guidance and more.

even though I'm anonymous I'm still embarrassed to share everything, but the least what I could say is as follows.

I was born and raised by a beautiful family b"h. not to complain on my upbringing.

@ the age of 9 I was sexually assaulted by an adult, I didn't even notice what I'm getting into.

since then I suffered on a daily basis (thinking straight, focusing, learning) including SSA. when I started to get older it just got stronger with no luck to control it. I'm 21 and I reached out for help a few weeks ago, the reason why so late is because I felt like trusting no1. I thank hashem for sending the right friend to recommend me this site so I could see that I'm not the only 1 suffering that life struggle. I was already having second thoughts. but b"h I'm here I feel greatfull for this site.

Sometimes when thinking about it, why me? why cant I just be as any1 else, be free of all the irrelevant problems?

But thru out the years I was able to help allot of guys with any (including SSA) problems. I think this is why hashem sent it to me so I should me able to help others. A therapist will help, but some1 that had the feeling and suffering could give u better advice how to fight those challenges. (that's my opinion, its debatable).

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Re: The breaking point

Posted by Donaldthetramp - 17 Mar 2016 03:07

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[ehrliche.bochur wrote on 06 Mar 2016 20:41:](#)

[qualityeyes wrote:](#)

So this is how it went down!!

when I was 15 I searched on youtube some (normal) clips. when suddenly popped up something really bad..... I ALMOST FELL OF THE CHAIR WHEN I SAW THAT...

The next day I shared it with a friend, he told me that its nothing, watch it again and ull get immune to it.

That is where it all began.

It looks that internet is caused many people SSA. BH my family did not have internet. When I bought my first phone it had internet and start my problem SSA

Strongly disagree. I definitely was highly attracted to other males (friends , chavrusa, etc.) way before i knew what youtube was. In fact, i hadnt ever seen gay porn till about i was 21. I dont consider myself addicted to porn, but masturbation has been going one forever.

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Re: The breaking point

Posted by Shlomo24 - 17 Mar 2016 07:27

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I know many others who have SSA and I have learned that it is very subjective. What it's true for one may not be true for others and vice versa.

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