

I will never stop fighting

Posted by Moshe302 - 02 Mar 2016 16:38

Hey Everyone,

Like many before me, I was here, left, here, left, and now I'm back again. I'm using a different name right now (because I deleted the other email), but to make a very long story short (also because I don't want to be a trigger for anyone else), I'm married, with 2 kids, and I'm an addict. I've seen prostitutes, I've met people from the internet, I've been with other people, the list of insanity goes on and on.

I actually stayed sober from July - December (6 months!) the longest such period of my life since the insanity started. But that's the addiction - once you think you have it kicked it kicks back harder and even more powerful, which is exactly what happened. And so I'm back in therapy with a really good therapist, and I'm back here to get my life back in order. I know more than ever that I need support, I need friendship, I need a sponsor. I'm determined to beat this, and become the man that I know I can truly be.

Thanks for listening and reading.

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Re: I will never stop fighting

Posted by Yesod - 04 Mar 2016 14:42

Great to hear,

What's the action for today?

Good erev shabbas

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Re: I will never stop fighting

Posted by Moshe302 - 04 Mar 2016 16:29

Funny you mention that because I'm having a harder time today, feeling urges. I'm trying to stay strong, keep myself busy.

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Re: I will never stop fighting

Posted by pischoshelmachat - 04 Mar 2016 17:15

For some reason, I am also feeling the urge today. I just davened to HKB"H to keep me strong and called a friend to share my urge with him. I am now starting to work and I hope HKB"H will allow me to come into shabbos clean and serene.

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Re: I will never stop fighting

Posted by Mesayin - 04 Mar 2016 17:16

Chazak v'enutz both of you and all of us, One Minute At A Time

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Re: I will never stop fighting

Posted by Yesod - 04 Mar 2016 17:44

[pischoshelmachat wrote on 04 Mar 2016 17:15:](#)

For some reason, I am also feeling the urge today. I just davened to HKB"H to keep me strong and called a friend to share my urge with him. I am now starting to work and I hope HKB"H will allow me to come into shabbos clean and serene.

Great example

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