

getting married

Posted by Getting married - 30 Dec 2015 14:28

Hi my brothers and friends

Im a chasidshe bocher I'm in the mid 20's and I'm struggling with m. since about 8/9 years and from p. the last few years.

I'm tired of falling again and again every time I'm falling its taking me minimum a day or 2 to get back up.

I'm getting married in a few months I have to be on the halfway clean when im standing under the chupa (knowing that its a life fight).

Since I found out from GYE (about 2 months ago) and reading a lot on the forums I saw that marriage is not helping to get rid of the lust problem its only getting worse when I have to start deal with a wife (omg if she will catch me) until I found GYE I thought that the rabbnim (?????) are plain staying that Internet are breaking homes when I started reading the forums I was so shocked (b"h there is fourms were only married man that I'm not able to read it) I'm going to take a inocent girl and I'm going to make her life hell I dont want that for her

I have another problem that I'm watching TV shows I feel I need it after a hard day off working before going to learn and davin (thats against tool #3) I have like 2 hours before going to shul if I will have extra time its will lead to.....

im trying to listen to music and shuirim but not always its inof for me if I will have to stop watch to be clean I will do it like I will do everything

I just started again the 90 days taking it day by day so now I'm at day 1

Since I found GYE and really started to fight against lust I feel I'm fighting it the whole day that means its in the back of my mind the whole day I think its taking away a lot of my head from my job is it normal ????

I have set a storng taPHSiC fence

I put a filter and web chaver

I made a time to finish reading the GYE HANDBOOK

But I need still a lot of Chizik

Hashem I'm doing what I can now you send your guys (GYE and whoever is willing to help me) to get me out from it

Should hashem help us fight the battle

Getting married

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Re: getting married

Posted by cordnoy - 10 Jan 2016 18:51

[Getting married wrote:](#)

I really appreciate your time and effort to help me

#1 I can say when I started here and I wrote in my introduction that I feel I'm fighting it the whole the and for sure when its comes later when I'm starting to feel I miss something yes I was holding my breath but I can say now its much easier and during the day I'm not feeling it so much

#2 about falling there is by me 2 thinks of falling 1 is p.&m. And the other is ?????? ?????? maybe I'm wrong but this is it and over here its one and because that I feel its so hard for me to reset it

#3 about falling all the way I think I wrote it falling means for a day or 2 not that I'm giving up the whole think (by the way thanks workingguy to understand me) I can say that I miss it and I don't think there is here someone that can say that he doesn't and when I'm falling I'm taking already everything even I know its a separate ?????

By the way I reset my chart

Sorry,

I don't really understand what you wrote.

By the way, my suggestion was not to reset.

B'hatzlachah

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Re: getting married

Posted by markz - 10 Jan 2016 23:03

[getting married wrote:](#)

3 about falling all the way I think I wrote it falling means for a day or 2 not that I'm giving up the whole think (by the way thanks workingguy to understand me)

I also understood you, and I think cordnoy does too

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Re: getting married

Posted by doingtshuva - 11 Jan 2016 00:00

[Getting married wrote:](#)

By the way I reset my chart

I don't know to where you went, and I dont know on what kind of girls you were looking.

There are clear rules, guardyoureyes.com/90-days-chart/rules

What constitutes a "Fall" to require restarting the count?

There are "slips" and there are "falls". "Slips" do not require restarting the count. "Falls" do require restarting.

A "Fall" is one of the following things:

- 1 Intentional masturbation (with finish)
- 2 Intentionally viewing improper sites
- 3 Intentionally calling inappropriate telephone numbers
- 4 Intentionally seeking out and reading erotica
- 5 Worse things, which we need not mention

In regard to number 2 (and 4), if someone saw something by mistake and then got a little bit carried away and kept looking at it, or even if someone saw a link and couldn't resist clicking on it but then catches themselves within a few seconds, that would only be considered a "slip", not a "fall". However, if someone decides to actively pursue viewing bad sites, that would be considered a fall.

All the best

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Re: getting married

Posted by Getting married - 11 Jan 2016 00:27

Cordnoy I know you didn't told me to reset it and no one one told me clear to reset it but as I understood from you and other like there is no question about it and from you for sure with your question are you Being serious ??? You think I would of wrote it if I'm not serious????

About you didn't understand what I wrote sorry I'm not in the mood to write it over

To doingtshuva I think there is a 3 second rule here and failed here big time

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Re: getting married

Posted by markz - 11 Jan 2016 00:39

Look bucher, you're still young

Don't put too much emphasis on the chart whether you restart or not

The ikar is make sure today is a good one, and try the same tomoro, and stick around

The fact that you're noticing where you're slipping, is also a step up

Keep on the great trucking

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Re: getting married

Posted by Getting married - 11 Jan 2016 00:52

[markz wrote:](#)

Look bucher, you're still young

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The fact that you're noticing where you're slipping, is also a step up

Keep on the great trucking

Thank you markz I really appreciate your good words

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Re: getting married

Posted by cordnoy - 11 Jan 2016 00:59

[Getting married wrote:](#)

Cordnoy I know you didn't told me to reset it and no one one told me clear to reset it but as I understood from you and other like there is no question about it and from you for sure with your question are you Being serious ??? You think I would of wrote it if I'm not serious????

About you didn't understand what I wrote sorry I'm not in the mood to write it over

To doingtshuva I think there is a 3 second rule here and failed here big time

No problem.

All should be well.

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Re: getting married

Posted by doingtshuva - 11 Jan 2016 12:08

[Getting married wrote:](#)

To doingtshuva I think there is a 3 second rule here and failed here big time

Dear getting married.

If you look at a dressed women in the street for more than 3 seconds it is not a FALL!!!! NO

If you look at porn or erotica material for more than 3 seconds it is a FALL !!!! Yes

You wrote that you went to a clean place, so what type of women did you see there?

The place doesn't matter so much, the way the women was dressed is what matters.

Is it clear enough?

I hope I helped you.

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Re: getting married

Posted by Getting married - 11 Jan 2016 13:19

[doingtshuva wrote:](#)

[Getting married wrote:](#)

To doingtshuva I think there is a 3 second rule here and failed here big time

Dear getting married.

If you look at a dressed women in the street for more than 3 seconds it is not a FALL!!!! NO

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Is it clear enough?

I hope I helped you.

Reugler non jewish women fully dressed

Thanks I will know for next time

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Re: getting married

Posted by skeptical - 11 Jan 2016 15:13

I've only read the past few posts, so if I'm writing something that doesn't really fit in, please excuse me.

In my view, whether you decide to reset your count or not, gazing at women -whether completely tznius, or otherwise- is definitely something to work on.

If my intention is to drink in the sights, I'm in essence, ingesting the same poison.

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Re: getting married

Posted by gibbor120 - 12 Jan 2016 17:22

[Getting married wrote:](#)

I really don't want its should be a fall because if its is I will fall all the way no question about it . Don't worry so much about defining it. Forget it, and move on.

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