

getting married

Posted by Getting married - 30 Dec 2015 14:28

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Hi my brothers and friends

Im a chasidshe bocher I'm in the mid 20's and I'm struggling with m. since about 8/9 years and from p. the last few years.

I'm tired of falling again and again every time I'm falling its taking me minimum a day or 2 to get back up.

I'm getting married in a few months I have to be on the halfway clean when im standing under the chupa (knowing that its a life fight).

Since I found out from GYE ( about 2 months ago) and reading a lot on the forums I saw that marriage is not helping to get rid of the lust problem its only getting worse when I have to start deal with a wife (omg if she will catch me) until I found GYE I thought that the rabbnim (?????) are plain staying that Internet are breaking homes when I started reading the forums I was so shocked ( b"h there is fourms were only married man that I'm not able to read it) I'm going to take a inocent girl and I'm going to make her life hell I dont want that for her

I have another problem that I'm watching TV shows I feel I need it after a hard day off working before going to learn and davin (thats against tool #3 ) I have like 2 hours before going to shul if I will have extra time its will lead to.....

im trying to listen to music and shuirim but not always its inof for me if I will have to stop watch to be clean I will do it like I will do everything

I just started again the 90 days taking it day by day so now I'm at day 1

Since I found GYE and really started to fight against lust I feel I'm fighting it the whole day that means its in the back of my mind the whole day I think its taking away a lot of my head from my job is it normal ????

I have set a storng taPHSiC fence

I put a filter and web chaver

I made a time to finish reading the GYE HANDBOOK

But I need still a lot of Chizik

Hashem I'm doing what I can now you send your guys (GYE and whoever is willing to help me ) to get me out from it

Should hashem help us fight the battle

Getting married

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Re: getting married

Posted by Getting married - 03 Jan 2016 04:39

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[abe2710 wrote:](#)

hi getting married

1st of all mazel tov!

quiet similar to baal habayis my lust also went away after my engagement and it came back about a year after i got married. After a while of acting out she basically worked out on her own what was going on she once even caught me watching porn (you said something like omg if she catches me) as you can imagine that was a real low point of my life i felt like i was was at the bottom of a deep pit filled with trash. b'h things have improved a lot since.

however i would like to drop a cautionary word about the 90 challenge while it is good it does not by itself get rid of lust issues that only comes with healing. you have to find a program (12 steps innate health or something from the GYE handbook ect) that addresses itself to your issue and allows you to heal from your lust problems. as you said in your intro that you realise that marriage doesn't cure lust (let me tell you from personal experience that it really really does not help one drop) nothing helps except for healing the 90 challenge in my opinion can only be used inn conjunction with a program that really heals you from the inside

wishing you much hatzlocha may you be zocha to build a real *mishkan me'at*

Thanks for taking your time I really appreciate it I'm working now on reading to handbook and 90 is anythink else I need to know about except what I will see in the handbook if there please tell me thanks

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Re: getting married

Posted by Getting married - 03 Jan 2016 04:41

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[markz wrote:](#)

No one here is gonna kill you, sorry

I get your point, but again I don't think we're relying on each other.

Each guy has his own story (see many in "free towing assistance") and his own truck

**Warning: Spoiler!**

Some trucks run on diesel some on beer - some are transporting beer, hence the boich...

We try to be mechazek each other, and you're part of the team!!!

You are fully right

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Re: getting married

Posted by jewishfiltergeek - 03 Jan 2016 07:33

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[markz wrote:](#)

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Markz: I think you should add to your signature a link to define the terminology used on this forums, it sounds like you're scaring off newcomers with words, phrases, and expressions that they don't understand. Just my 2 cents!

Edit:

Sorry Markz, I found this link in the towing assistance link.

[guardyoureyes.com/forum/23-Just-Having-Fun/84252-GYE-GLOSSARY-OF-TERMS](http://guardyoureyes.com/forum/23-Just-Having-Fun/84252-GYE-GLOSSARY-OF-TERMS)

Should be mandatory reading!

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Re: getting married

Posted by markz - 03 Jan 2016 13:18

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[jewishfiltergeek wrote:](#)

[markz wrote:](#)

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Should be mandatory reading!

Which "words, phrases, and expressions" did I mention that are found in "GLOSSARY OF TERMS"?

I don't think I used any on this thread, yet

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Re: getting married

Posted by Getting married - 04 Jan 2016 03:41

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Hi guys I passed my long weekend and I'm happy to say I'm still clean I don't know why but before when I tired to go on the 90 days challenge when I came to day 4/5 whatever I saw on the street was for me a trigger now is it totally different I'm b"h at day #5 and i never relay had a desire to fall normally after 5 days I'm craving for it

So I'm at day #5 see you tomorrow after day #6

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Re: getting married

Posted by heiligeryid - 04 Jan 2016 03:48

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Keep it going! Yes you can!

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Re: getting married

Posted by Getting married - 05 Jan 2016 00:17

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Hi everyone b"h I'm already at day 6 BUT I'm starting to have problems I'm starting to feel craving and my mind started to fly pictures and what I'm missing I know that it will not give me any satisfaction after I fall but I know when I'm feeling this I will fall because i always did what can I do to take it away I got advice not to let my mind down there so

Im kind of pressing the red button

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Re: getting married

Posted by markz - 05 Jan 2016 01:50

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Hello anyone here?

Getting married - no, after you've joined there's no "I always do this and do that"

I'm sure you read the GPS solutions in my signature and started trucking already - right?

Ok, so no turning back now

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Re: getting married

Posted by Getting married - 05 Jan 2016 04:14

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[markz wrote:](#)

Hello anyone here?

Getting married - no, after you've joined there's no "I always do this and do that"

I'm sure you read the GPS solutions in my signature and started trucking already - right?

Ok, so no turning back now

Markz by the way I like your attitude I hope your are not always in life like this (so strong) I was asking if there is any tips if someone of you have some please.....

Now Updates on me

\*I asked for a partner so will see whats will be

\*I will start listen daily to one of the recording of shimras enhiam

B"h mean while I'm holding on

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Re: getting married

Posted by BenTorah.BaalHabayis - 05 Jan 2016 04:52

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For some reason I haven't seen any fruits come from the Partner Program. I requested a partnership from 2 users and have not received any response. Am I doing something wrong?

But many people here are happy to share their phone numbers or email addresses so you can communicate with them directly even without being an official partner.

I'm still a novice here, but PM me if you're interested in my email address.

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Re: getting married

Posted by Shlomo24 - 05 Jan 2016 16:47

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[BenTorah.BaalHabayis wrote:](#)

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The partner program is severely underused. I found very menial success with it, and by that point I was already in SA and I didn't need a GYE partner.

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Re: getting married

Posted by Getting married - 05 Jan 2016 17:47

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How are you guys I'm very said today I had a FALL and I'm blaming me so strong because this is not the way I will have to start putting in my mind that even things are starting to fly in my mind there is no reason to fall and fight against it specially not the frist day when its startes to fly

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so I started again the 90 days

Re: getting married  
Posted by Getting married - 05 Jan 2016 17:51

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[BenTorah.BaalHabayis wrote:](#)

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I'm still a novice here, but PM me if you're interested in my email address.

My email address is [goodyid16@gmail.com](mailto:goodyid16@gmail.com) will be happy to have you specially when I had a fall today

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Re: getting married  
Posted by Getting married - 06 Jan 2016 14:57

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Hi everyone I'm happy to say I'm back already on the 90 days chart taking it hour by hour

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