

My Story - Thank Gd

Posted by Markz - 17 Sep 2015 00:27

Hi guys!

(Please see my share lower down at end of page 1)

I've been wondering if people with weak communication skills as I have are more vulnerable to the lure of pornography (See [this link](#) for example), and if unique non-standard steps would be suggested for us to get out of S* addiction.

BH I have a great job, kids...

I also have a good therapist, but have been hesitant to ask about this yet.

I'd love to hear feedback from anyone familiar with the topic. Zemiroshabbos? You mentioned it some time back [HERE](#)

Thanks

Mark

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Re: My Story - Thank Gd

Posted by mikestruggling - 07 Dec 2017 16:58

that's is a big part of the reason why i like the truck analogy. Think of an 18 wheeler. We should be the trailer. Just stay latched on (to Hashem) and keep your load light (no lust hits 4th step etc.). let Hashem drive (this way you don't pay for gas:cool:).

Keep on **riding**!!!!!!!!!!!!!!

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Re: My Story - Thank Gd
Posted by Hakolhevel - 21 Dec 2017 04:13

Markz, Whats with the new truck?

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Re: My Story - Thank Gd
Posted by Hakolhevel - 21 Dec 2017 04:14

Markz, What's with the new truck?

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Re: My Story - Thank Gd
Posted by Markz - 21 Dec 2017 04:25

I decided to change from big bouncy schoolbus type truck, but not sure I'm gonna stay with this "le-go and let Gd" one

It's called "gye identity crisis" = Not sure which mask to hide behind ;-)

You like it or not?

Have a better suggestion?

Sorry the vote thingy doesn't work any more

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Re: My Story - Thank Gd
Posted by Gevura Shebyesod - 21 Dec 2017 04:26

It appealed to his vanity.

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Re: My Story - Thank Gd

Posted by Gevura Shebyesod - 21 Dec 2017 04:28

[Hakolhevel wrote on 21 Dec 2017 04:14:](#)

Markz, What's with the new truck?

It appealed to his vanity.

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Re: My Story - Thank Gd

Posted by RobFloyd - 21 Dec 2017 11:53

[Markz wrote on 21 Dec 2017 04:25:](#)

I decided to change from big bouncy schoolbus type truck, but not sure I'm gonna stay with this "le-go and let Gd" one

It's called "gye identity crisis" = Not sure which mask to hide behind ;-)

You like it or not?

Have a better suggestion?

Sorry the vote thingy doesn't work any more

Anything is better than something bouncing up and down while I'm trying to read what you

wrote. :-)

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Re: My Story - Thank Gd

Posted by Hakolhevel - 21 Dec 2017 15:09

The problem with this mask is that you are no longer hidden, we can see your face.

Next time I walk into Shul feeling curious and I see the man with the yellow hat I will know I have found MARKZ

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Re: I'm an Aspie - Neurotypicals are invited too

Posted by ieeyc - 27 Dec 2017 17:19

[markz wrote on 25 Nov 2015 11:48:](#)

[goodchange613 wrote:](#)

3)I really worked on using "I Love you" much more often from texts or calls during the day and then progressing to saying it to her every time i leave the house...

markz wrote:

3) "I really worked on using "I Love you" much more often from texts or calls during the day".

This is something I did NOT do, primarily during nidda times, excusing it as a religious thing not

to be too sexual during that period - how crazy can us lusters get!!

markz ,dont be so hard on yourself,the halacha is (at least **MY** Rabbi told me) that during nidda times one should not say to ones wife i love you ,and it has nothing with you being a crazy luster. im enjoying your post ,thank you.

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Re: My Story - Thank Gd
Posted by ieeyc - 27 Dec 2017 17:35

[cordnoy wrote on 09 Mar 2017 20:06:](#)

I'm very proud of myself.

I didn't Google Narudo or Hokedage yet.

Besides, they don't seem my type.

im very proud of myself, i dont have google

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Re: My Story - Thank Gd
Posted by Markz - 27 Dec 2017 17:43

I've been under the weather, sorry took long to respond to this "I love you wife" question that you asked on the PM

TZ mentioned on some other old post that nowadays it has a different connotation and may not come under "??? ????"

I'd be interested to see what current poskim say

As an aside - until we break free of lust, many mundane things will equal more sex, and "I love you" is 1 example

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Re: My Story - Thank Gd

Posted by MayanHamisgaber - 27 Dec 2017 18:05

I got married 4 years ago

My rebbiem taught me to say I love you always

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Re: My Story - Thank Gd

Posted by ieeyc - 27 Dec 2017 18:12

im sorry i lost my patience and posted ,guess its due to my impulsive nature,my Rabbi told me this over 20 years ago so could be things changed,my kids tell me when you say yanky is a sick guy , it means hes a great guy! a refuah sheleima for your under the wheatherness, not for you being sick/great.hatzlacha!

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Re: My Story - Thank Gd

Posted by ieeyc - 27 Dec 2017 19:14

AinShumYeeush wrote:The Ohr HaChaim [(???) (???) (???) (??, ??)] says that a person who tasted the pleasure of lust can't be forgiven while he still desires it. He needs to first **hate** the women who caused him to sin and be **disgusted** from (and **destroy**) any good associated with them, only

then will he gain a new sober nature and be forgiven.

https://www.sefaria.org/Numbers.25.17/he/Tanach_with_Ta'amei_Hami_kra?lang=bi&p2=Or_HaChaim_on_Numbers.25.17&lang2=bi

"GrowStrong" post=321358 date=1508501217 catid=19I guess that makes sense if the women caused the person to sin.

But for lustaholics all of the problem is in our heads

and so we bless them

why wasnt the Ohr Hachaim Hakodesh talking about lustaholics ,we werent invented yet?

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