

My Story - Thank Gd

Posted by Markz - 17 Sep 2015 00:27

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Hi guys!

(Please see my share lower down at end of page 1)

I've been wondering if people with weak communication skills as I have are more vulnerable to the lure of pornography (See [this link](#) for example), and if unique non-standard steps would be suggested for us to get out of S\* addiction.

BH I have a great job, kids...

I also have a good therapist, but have been hesitant to ask about this yet.

I'd love to hear feedback from anyone familiar with the topic. ZemirosShabbos? You mentioned it some time back [HERE](#)

Thanks

Mark

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Re: My Story - Thank Gd

Posted by Workingguy - 23 May 2017 21:29

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Not crazed at all. When I struggle I won't necessarily go use an open computer, but to test the waters and loophole- much bigger nisayon for me. So I totally relate.

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Re: My Story - Thank Gd

Posted by GrowStrong - 23 May 2017 22:04

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[Markz wrote on 23 May 2017 17:09:](#)

This is how I was feeling as I was slipping last night

Actually I found the picture last night as I was loopholing trying to find something triggering on my phone which is filtered better than the Mexico fence, but didn't find anything that would pass my [dis]approval, until another truck overtook me and his name is sleep

I could easily have gone on my PC and found porn in 2 seconds flat. But I have standards, so I wouldn't do THAT. Am I crazed? Probaby

Why am I sharing this?

Because even if no-one replies, it can help

And perhaps Lionking will let out another roar

Maybe you should delete Snapchat and delete all those selfies with dog filters also.

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Re: My Story - Thank Gd

Posted by lionking - 23 May 2017 23:20

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MMarkz, I usually don't post pictures, that is more your domain.

Yesterday I slipped too. I have one app with tech news stories. Usually things like some startup is switching to github, or how this satellite company is physically trucking their files via Monsta truck to Amazon AWS. Faster than the super highway. Sometimes there is a write up about angular.js, or c++, etc... Yesterday they had a story about a huge corporation which is supposed to foster relationships between people, has had a leak. Their internal moderator guides were exposed. I dwelled a little too long on a certain chapter. (For GYE's moderation purposes, ) Lucky for me the news site only showed what passes as

acceptable content. It was bad enough for me.

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Re: My Story - Thank Gd  
(Hey Cords, you mind leaking GYE's moderator guide?  
Posted by Markz - 23 May 2017 23:26

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[lionking wrote on 23 May 2017 23:20:](#)

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The guide is built in your genes, like your addiction, either your have it or you don't, sorry too late

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Re: My Story - Thank Gd

Posted by cordnoy - 23 May 2017 23:32

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[lionking wrote on 23 May 2017 23:20:](#)

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Il spent far too much time of my life with my internal moderator guides exposed. Ouch!

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Re: My Story - Thank Gd

Posted by Markz - 24 May 2017 00:57

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[GrowStrong wrote on 23 May 2017 22:04:](#)

[Markz wrote on 23 May 2017 17:09:](#)

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Maybe you should delete Snapchat and delete all those selfies with dog filters also.

It's a loophole on my phone, not an external app

But I'll not share cos you don't need a trap

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Re: My Story - Thank Gd

Posted by Workingguy - 24 May 2017 03:28

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[Markz wrote on 24 May 2017 00:57:](#)

[GrowStrong wrote on 23 May 2017 22:04:](#)

[Markz wrote on 23 May 2017 17:09:](#)

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Markz,

If you have an iPhone it should really be fixable. I've found every loophole I can imagine and after fixing them there's none left- should I PM you with the choices? Or text?

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Re: My Story - Thank Gd  
Posted by Markz - 24 May 2017 12:54

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I don't need to add problems / triggers to your life

Last time I went to TAG and they made a helpful fix, I found the loophole and showed them, but they were clueless to help someone like me (I should offer to work for them - on a day my wife wakes up on the right side of the bed, and would agree). They told me to come back

Thanks to your insistence I made a reminder for myself to speak to a TAG tech guy later today and there may be a solution

I did test the loophole last night again, but besides for the picture of my brother there's not much interesting :boring:

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Re: My Story - Thank Gd  
Posted by cordnoy - 24 May 2017 13:24

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If I would care, they would still be on.

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Re: My Story - Thank Gd  
Posted by Markz - 30 May 2017 16:18

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[Workingguy wrote on 24 May 2017 03:28:](#)

[Markz wrote on 24 May 2017 00:57:](#)

[GrowStrong wrote on 23 May 2017 22:04:](#)

[Markz wrote on 23 May 2017 17:09:](#)

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Thanks brother

I went to TAG yesterday and they fixed it for me

And I went to the barber too ;-)

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Re: My Story - Thank Gd

Posted by cordnoy - 30 May 2017 19:05

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[Markz wrote on 30 May 2017 16:18:](#)

[Workingguy wrote on 24 May 2017 03:28:](#)

[Markz wrote on 24 May 2017 00:57:](#)

[GrowStrong wrote on 23 May 2017 22:04:](#)

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Common denominator.....I resent them both!

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Re: My Story - Thank Gd

Posted by Markz - 07 Jun 2017 13:31

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I fell and hit the restart count button.

Do I feel I lost my sobriety?

No because I never had it

I don't believe 'sobriety' applies to myself a non addict.

### **My Clean streak log**

**Began Wall of Honor journey:** Aug 13, 2015 28 Av, 5775

**Humpty Dumptied:** 3am today

**Began new journey:** Jun 7, 2017 13 Sivan, 5777

At some point in the middle of the night I decided "it's time to Mast\*". Now it ain't gonna work without Porn, and of course I won't go on a non filtered device, so I decided to see what i could find on this filtered iPhone.

I discovered a way to access many porn videos outside of any web browser despite all my much appreciated TAG restrictions

As mentioned previously, I do not like to share my loopholes with other gye's and drag other Trucks over the cliff, so pls wait till I do my due diligence and call Tag again... although I know TAG is not the solution

Can I pinpoint what caused my fall? Not really. And that's a hassle for me :-)

What could I have done better?

Needs some though...

I must mention however that compared to my bad old days, these past 664 days were highly productive thank Gd to you guys and gye as a whole!!

The Trucking continues!!!!!!!!!!!!!!

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Re: My Story - Thank Gd

Posted by Gevura Shebyesod - 07 Jun 2017 14:19

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...and all the king's horses and all the king's men...

But our King can do ANYTHING!!!

KOMTT!!!

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Re: My Story - Thank Gd

Posted by Shivisi\_Hashem - 07 Jun 2017 14:34

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Oh my!!! if markz **can**..... then we all **can**....

**can** what????? **yes we can get to 664 days, and we can fall**,lets learn and take together this lesson, never give up the fight, and never take along the let down, just keep marching, and we all march together..

I feel deeply you pain, I just experienced the same, and Together I'm back on my recovery highway, all TRUCKS together, ??????,

marks, dust your self up, you fell, hashem is picking you back up, he is at your side, and he is helping you with the cleaning process, ??? ????? ???, and he will be very happy to see you marching again..

just get some fuel for your truck

stay strong! stay clean! we are all in with you, just don't create traffic along the way...

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