

My Story - Thank Gd

Posted by Markz - 17 Sep 2015 00:27

Hi guys!

(Please see my share lower down at end of page 1)

I've been wondering if people with weak communication skills as I have are more vulnerable to the lure of pornography (See [this link](#) for example), and if unique non-standard steps would be suggested for us to get out of S* addiction.

BH I have a great job, kids...

I also have a good therapist, but have been hesitant to ask about this yet.

I'd love to hear feedback from anyone familiar with the topic. ZemirosShabbos? You mentioned it some time back [HERE](#)

Thanks

Mark

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Re: My Story - Aspergers

Posted by inastruggle - 29 May 2016 16:00

Now that that's settled, back to business. The just having fun section has been waiting paitently the whole time....

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Re: My Story - Aspergers

Posted by cordnoy - 29 May 2016 18:42

[Workingguy wrote on 29 May 2016 14:17:](#)

[markz wrote on 29 May 2016 04:36:](#)

Thanks guys

Ina - Repercussions i meant as retributions

I see instant 'hand of Satan' when I slip like that. My 2 kids got hurt the next day

but I didn't feel repercussion of my 'acting out' as in spiraling outa control. No. I was back on track right away...

Markz,

Move on. Don't get caught up in the- my kids got hurt, I need a taphsic- just continue doing what you were doing unless you see it's not working.

I'll tell you something crazy- I had some frustration and struggle last week and almost had a slip and I was thinking to myself- you know, Cordnoy slipped a few times before he got his current long term sobriety and he always kept on going, so maybe I can too. And then I thought- but I don't remember seeing Markz have any issues since he's on this streak.

How crazy that I'm pretty sure I was thinking this all this past Wednesday night..... It's he GYE wireless connection.

Hope that doesn't make too much pressure to see how much I and others are looking up to you...but regardless, we are!

Cordnoy fell several times as well.

He slips way too often.

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Re: My Story - Aspergers

Posted by peloni almoni - 29 May 2016 19:15

[cordnoy wrote on 29 May 2016 18:42:](#)

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he also refers to himself in the third person.

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Re: My Story - Aspergers
Posted by markz - 29 May 2016 19:44

Mark also does

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Re: My Story - Aspergers
Posted by Workingguy - 29 May 2016 19:46

[cordnoy wrote on 29 May 2016 18:42:](#)

[Workingguy wrote on 29 May 2016 14:17:](#)

[markz wrote on 29 May 2016 04:36:](#)

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Cordnoy,

Hope you understood that I was using you as an example with the utmost respect of someone who's a role model even though he fell on the way to where he is- no disrespect.

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Re: My Story - Aspergers

Posted by markz - 29 May 2016 19:55

I assure you Cordnoy wasn't offended. He didn't hear disrespect. He was sharing his situation that he has a very slippery deck on board

His confirmation to this may be short as his style eg he may just click thank you, so workingguy Keep On Impressive Trucking!!

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Re: My Story - Aspergers

Posted by cordnoy - 29 May 2016 21:28

The slippery deck last night was due to a sudden storm that appeared over the weekend.

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Re: My Story - Aspergers
Posted by markz - 29 May 2016 22:35

Did you not see it coming?

Or as you'd say in your old avatar message

Did you not see the storm brewing?

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Re: My Story - Aspergers
Posted by cordnoy - 29 May 2016 22:46

Nope.

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Re: My Story - Aspergers
Posted by markz - 29 May 2016 23:57

[inastruggle wrote on 29 May 2016 16:00:](#)

Now that that's settled, back to business. The just having fun section has been waiting paitently the whole time....

I've been having my doubts about promoting the JHF section

I think its productive, but how many people gain real sobriety with it as a crutch? I believe a negligible percent

What would be if I quit posting on JHF theads, if I feel (think / imagine) that I provide enough humor in the 'non depressed people's' threads, when I don't know that I have ample time for JHF nowadays.

Im thinking aloud, but I'm serious too

I thought the JHF section can be a magnet to assist sobriety. Can someone seriously prove that to me?

I imagined people were easier to truck on gye with us if they see (smell) some humor on entry.

I am reconsidering

I'd like to hear your thoughts

Feel free to reply with humor, but that won't convince me...

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Re: My Story - Aspergers

Posted by Workingguy - 30 May 2016 15:01

[markz wrote on 29 May 2016 23:57:](#)

[inastruggle wrote on 29 May 2016 16:00:](#)

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A few months ago the JHF had more posts than anything else on the forum and I started feeling like the point of GYE was being missed. At that point I would have answered that it definitely was a problem and was taking away from people posting for real on the forum.

I don't see it as that much of a problem now, but I definitely hear the question.

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Re: My Story - Aspergers

Posted by Yesod - 30 May 2016 17:57

Never stopped me from getting serous, missing the fun

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Re: My Story - Aspergers

Posted by markz - 30 May 2016 19:14

IMHO Humor is a good thing!!

Communication is crucial as mentioned previously, and this is one of the vehicles, as has been for me for sure!!

But when there's an overload, the humor vehicle can be a detriment to Trucking for the typical member (although there can be exceptions)

Obsessive humor inhibits personal growth for most, and it could be that this is what is meant by

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It's not that humor necessarily leads one to lust, rather it blocks positive Trucking and thereby automatically allows lust to simmer and effect us

Those were my serious words for today!

Now back to hilarious trucking!!

Or

for Dov; keep on Biking!!



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Re: My Story - Aspergers

Posted by inastruggle - 31 May 2016 03:14

I agree with workingguy, if the fun parts of gye are the main thing then yatzah secharo b'hefsaido. There were times when I felt that was the case. Recently it hasn't been that way though imho.

I don't think it's fair to call the jhf section a crutch, it's a tool. At least as useful as some of the other ones promoted here.

Part of the reason I left a while ago was because gye had become really boring and monotonous. It was all seriousness and no humor. It's a hard struggle (or surrender) and humor sweetens it.

If you don't have time then don't do it. Adrabbah, I think that at a certain point in recovery you start living life and stop having time to be here. It isn't supposed to be a big focus. Most of the guys with really long streaks aren't here anymore and that's a good thing. It would be terrible if in order to stay clean someone had to spend the rest of his life constantly posting on gye instead of spending time with his family.

In conclusion, I don't think you should boycott the jhf section, but spending less time here, and online in general is always a good thing.

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