

My path to sanity... chevrah, help me with the way

Posted by ZDuvid - 03 Jul 2015 19:06

I'm deep and in the ????... I'm addicted to porn, masturbation and who knows what.

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Re: My path to sanity... chevrah, help me with the way

Posted by shmiraShachaim - 03 Jun 2016 04:34

That's still an incredible Noach which I unfortunately don't have. Keep us posted.

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Re: My path to sanity... chevrah, help me with the way

Posted by yiraishamaim - 03 Jun 2016 05:21

[cordnoy wrote on 03 Jun 2016 00:31:](#)

Omg!

Perhaps we should start a club or something.

O50BOWSPBIAWIU2B

Ha Ha

KOT - Forever Young

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Re: My path to sanity... chevrah, help me with the way

Posted by BenTorah.BaalHabayis - 03 Jun 2016 05:37

[ZDuvid wrote on 02 Jun 2016 05:04:](#)

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Hey ZDuvid, first of all just the fact that you managed being clean for 288 days is amazing!

I wasn't planning on writing this, but becuase of what you wrote I decided to share my recent story:

Just a few nights ago my wife surprised me when I came home by wanting to be together. This is after weeks of nothing doing as she's in her first trimester, and the timing was terrible as I literally just fell 2 days beforehand (after a 6 month streak) and masturbated from porn a whole bunch of times in the previous 48 hours. I wan't going to turn her down, but I was concerned about my performance. Lo and behold, at some point before we were actually together I lost my erection and could not seem to get it back. I lied there with a silent prayer:

Hashem, I am no Tzaddik. But right now, in all honesty I am laying here for the sake of my wife. This is not driven by taava as I just spent the last 2 days staring at models which were way prettier, but rather this is for the sake of connection between my wife and I. Please help me...

Hashem made a miracle for me a few minutes later. And it is that which really helped me get back on track.

By the way, this perspective was gained from Rabbi Feuerman's excellent series of "The Chosson Shmuz you wish you had". If you never listened to it I highly recommend it. It will change your intimate life with your wife!

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Re: My path to sanity... chevrah, help me with the way
Posted by doingtshuva - 03 Jun 2016 11:00

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Look here guardyoureyes.com/kosher-isle/shiurim/category/chosson-shiurim

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Posted by doingtshuva - 03 Jun 2016 11:01

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Re: My path to sanity... chevrah, help me with the way
Posted by doingtshuva - 03 Jun 2016 11:02

[BenTorah.BaalHabayis wrote on 03 Jun 2016 05:37:](#)

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Re: My path to sanity... chevrah, help me with the way
Posted by doingtshuva - 03 Jun 2016 11:04

[ZDuvid wrote on 03 Jun 2016 01:24:](#)

[markz wrote on 03 Jun 2016 01:19:](#)

[ZDuvid wrote:](#)

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Heres a link to a interview he gave. He could of been a Rabbi the stuff he says.

How attractive are you brother?

Me? From 1- 100 about 18..

Why you askin

And your wife?

1 - 100 about 4.7

I mean she's cute but her body is a disaster

4.7 compared to porn?

Haven't you ever seen porn would she be considered more attractive?

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Re: My path to sanity... chevrah, help me with the way
Posted by ZDuvid - 03 Jun 2016 16:59

[BenTorah.BaalHabayis wrote on 03 Jun 2016 05:37:](#)

[ZDuvid wrote on 02 Jun 2016 05:04:](#)

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Wow that's incredible. Hashem should bless you!

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Im not a dummy... I see woman on the street..

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Re: My path to sanity... chevrah, help me with the way

Posted by aryehdovid85 - 03 Jun 2016 20:38

[yiraishamaim wrote on 02 Jun 2016 23:08:](#)

[aryehdovid85 wrote on 02 Jun 2016 18:59:](#)

"lust kills love" and with progressive recovery over lust,there is hope.

I myself am over 50 and a little overweight. Thankfully, I can still perform but it sure ain't what it used to be. Part of "a lack of response" as you put it, is routinely part of the normal aging process. Perhaps a trip to the doctor/urologist might be helpful.

Dear "Yiraishamaim",

Thanks for your feedback.

The major point of relevance for our chevra is that our pursuit of "self-pleasure" through porn & masturbation is taking a very destructive toll on the ability to engage in healthy loving intimacy.
HASHEM Y'Rachem on all of us and our spouses!

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Re: My path to sanity... chevrah, help me with the way
Posted by yiraishamaim - 05 Jun 2016 02:02

I understand quite well.

Just saying it might not be the only reason we sometimes have performance issues.

Imagine making great strides in a program of recovery, only to still not perform because of a physical issue. Yet, not being aware of that. That would be a needless frustration, do you not agree?

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Re: My path to sanity... chevrah, help me with the way
Posted by doingtshuva - 05 Jun 2016 21:58

You wrote: I have my porn who is 10 times more attractive then my wife.

That's why I asked, sorry.

When I ask I don't attack, I just want you to think about it.

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Re: My path to sanity... chevrah, help me with the way
Posted by ehrliche.bochur - 05 Jun 2016 22:05

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I mean she's cute but her body is a disasterDo you tell her this? Maybe she can change it

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