

My Story

Posted by chaichai36 - 23 Jun 2015 04:28

Hello, my name is Chaim, im 24 and im a RAGING Sexaholic!!!!

Baruch Hashem with Hashems help, the help of my sponser and going to Meetings, I AM SOBER 202 DAYS!!!

the reason why im so excited is because the fact that im sober this long is a freaking miracle!!

Let me tell you about myself.....

I discovered porn at age 12, for some reason i was never attracted to women, only to men.

I was severely emotionally abused by my father, grandfather and every single kid at school from second grade till 12th grade. it was no wonder that i wanted to escape, from the time i woke till i went to bed i had constant abuse. My father yelled at me so much that i am traumatized to this day, if someone older than me yells in anger at me, i close up in a shell and cant function.

So when i discovered masturbation i found the escape i was looking for and immediately was doing it 4-10 times a day. i skipped classes, family outings and meals just to masturbate

Around the age of 20 i discovered a gay guy in my yeshiva and we started cting out together, this led to a huge amount of searching and having anonymous sex with other men for the next 3 years. my life had truly become unmanageable.

Just one particular story to show how powerless i was. One night i had been trying to do it myself and stay sober, i was clutching my sheets on my bed trying not to act out, all of a sudden, i felt myself getting up, getting dressed and getting into my car, the whole time my head was screaming GO HOME, GO BACK HOME, DONT DO THIS.

I ended up in a porn shop acting out, i had never done this before and thank gd never had the urge to do it again, but all i remember from that night was my head screaming the whole time WHAT ARE YOU DOING, GO HOME YOU IDIOT. Yet i couldnt stop myself.

One day i realized that my friends from yeshiva (which they didnt know i had been kicked out of already because of my acting out) stopped talking to me. I was told that MY MENACHEL HAD PUT ME IN CHEREM BECAUSE OF WHAT I WAS DOING. This was my rock bottom. i could take it anymore.

Long story short i ended up in Sexaholics Anonymous which saved my life. i started working the steps and now baruch hashem im starting to sponser others. im am so grateful to gd for the miracles he has performed for me. im at a point now where i can actually start shidduch dating. i never thought i would be dating in sobriety yet here i am.

Im also going through my trauma issues with a therapist which is amazing, im completely different then the way i was when i started with him.

Im grateful that i can post here and hope to post more in the future

Thanks for letting me share

Chaim M

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Re: My Story

Posted by Bigmoish - 23 Jun 2015 05:05

Welcome!

Great story! Keep up the good work!

It's stories like these that keep this site going.

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Re: My Story

Posted by mr.clean - 23 Jun 2015 05:09

hey, amazing story and keep on posting! would love to talk through the chat assuming its
(i apologize about last time not sure what happened)

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Re: My Story

Posted by dd - 23 Jun 2015 07:22

working properly

Welcome Chaim!!!!

Thanks for sharing that wonderful post. And mazel tov for joining.

Keep up the good work and keep on posting!!!

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Re: My Story

Posted by cordnoy - 23 Jun 2015 15:32

Welcome,

thanks for the share.

continued hatzlachah

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Re: My Story

Posted by gibbor120 - 23 Jun 2015 15:59

Welcome! Thanks for the share! I wish you continued success!

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Re: My Story

Posted by chaichai36 - 23 Jun 2015 16:04

thanks everybody

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Re: My Story

Posted by serenity - 24 Jun 2015 01:08

Welcome to GYE! Thank you for sharing. Pls send me an email chaver.

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Re: My Story

Posted by shlomo613 - 24 Jun 2015 01:43

Welcome ChaiChai,

Thank you for sharing. What a painful, heartbreaking story, yet also one of someone who rises out of the ashes to live. *loi omus ki echyeh...* You must be shaking the heavens.

Please stay with us.

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Re: My Story

Posted by Yudi - 24 Jun 2015 06:02

Chaim,

You're the greatest! Your share is such a source of inspiration for us! Stay in touch.

Yudi

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Re: My Story

Posted by abd297 - 24 Jun 2015 19:18

It is amazing and inspiring how you picked yourself up from such a depth. It makes us all want to be as strong and successfull as you. Thank you!

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