

Looking up - from today on

Posted by Looking Up - 31 May 2015 09:51

Hi,

I'm new to this thing. I've done lot's of mistakes during my lifetime. And many recently. I'm really trying hard to put my life back together before it falls apart forever. This has been my longest streak and I'm already slipping away. I don't want to fall again. I came across this site and signed up so I can hopefully catch myself for good. I'm really ashamed of the things I've done, and I hope I can move forward now.

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Re: Looking up - from today on

Posted by Palti-Yossef - 31 May 2015 10:19

Hi LookingUp,

thanks for sharing a part of your story and thoughts with us.

Posting here is obviously a huge step, you can be proud of you.

I don't have so much advises for the shame, but I saw an other new thread about it so maybe you can check it. Anyway in my opinion the best way to moove forward as you say is to focus on the present.

You streak is impressive, I'm really happy for you !

You said you came across GYE, what are the tools you've already tried except the 90d challenge ?

Keep posting whatever you want including all your questions, you'll see some amazing guys

right there !

Hatslah'a Raba !

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Re: Looking up - from today on
Posted by dd - 31 May 2015 10:43

Welcome and keep on Looking Up!!

You might have made mistakes in the past but the you just did the right thing by joining us here.
Thats a amazing first step and your streak is also very amazing. So hang in there and keep in touch.

Keep up the good work!!!!

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Re: Looking up - from today on
Posted by cordnoy - 31 May 2015 12:57

[dd wrote:](#)

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Keep up the good work!!!!

Ditto!

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Re: Looking up - from today on
Posted by serenity - 31 May 2015 14:49

Welcome to GYE! I can relate to your struggles and desire to be better!

Hatzlacha!

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Re: Looking up - from today on
Posted by gibbor120 - 01 Jun 2015 19:46

WELCOME! You have come to the right place. Make yourself at home. Read the handbook.
Check out the links in my signature and other's. Your situation is not uncommon at all. You are
among friends who understand you. Keep sharing!

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Re: Looking up - from today on
Posted by justmetoo - 01 Jun 2015 19:53

Welcome....

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Re: Looking up - from today on
Posted by pischoshelmachat - 01 Jun 2015 21:36

Welcome! You will love it here.

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Re: Looking up - from today on

Posted by neshamaincharge - 01 Jun 2015 22:45

Welcome! Be grateful that Hashem sent you here. After so many years of frustration, finding GYE has changed my life! Please stay around and hold on tight. You're part of a tzibbur now

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