

SOBRIETY

Posted by yiraishamaim - 04 May 2015 03:35

I am so deliriously happy with reaching 180 days!

I remember reading a post a short time ago of a member here who is also a Ba'al Koreh in shul. He said that when he read Shir Hashirim in shul he got quite emotional. I really relate to that. It shows how low we really became with these actions and the stark difference between that and kedusha is major. That sudden realization brings on tears of joy!!!

I used to get so down when I read "VELO SASOOROO ACHAREI LEVASVCHEM VEACHAREI AYNAYCHEM ASHER ATEM ZONIM ACHAREIHEM" - now I beam with pride that I am on the right road. I used to not look at people in the eyes. I thought they probably can see I have P____ eyes. Even though I learned Torah and had weeks or more of stretches when I did not indulge in the forbidden. Now I have no problem looking at people. No insecurity in that regard

I am so much more relaxed. I can multi-task easier. If I have stretches of time alone I do not have a sudden zombie robotic slave-like urge to to something filthy and stupid.

I am thrilled beyond thrilled.

I love and appreciate all participants in the forum. If you love someone you wish them the best.

I WISH YOU SOBRIETY (Can you think of something better?)

May we all get sober AND STAY THAT WAY so we can be the true YIRAISHAMAIM and AVDEI HASHEM that we were born to be.

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Re: SOBRIETY

Posted by pischoshelmachat - 02 Jun 2015 20:59

Hi Yiras,

I am so strengthened from your success. Would you be willing to speak with me to help me follow in your footsteps?

You can send me a email directly to my gmail pischoshelmachat@gmail.com.

Thank you!

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Re: SOBRIETY

Posted by yiraishamaim - 09 Jun 2015 00:01

What is the value of a mitzvah?

I heard the following from a Gadol B'torah

The monetary value of an item varies from one individual to another based upon how important the item is to that person. For one person it is of extreme importance and he might pay a small fortune for it. For another it may not be important at all and perhaps will pay little or anything for the same item.

He went on to explain the value of the mitzvah is directly connected to our attitude. For one person its fulfillment is so precious for another it may have only a limited value.

This forum, its discussions, its postmortems and its celebrations are all connected with Hashems mitzvos of kedusha v'taharah. Clearly they are so very dear to us.

It's heartwarming to know that due to our attitudes Hashem in turn finds our mitvos very precious as well.

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Re: SOBRIETY

Posted by yiraishamaim - 14 Jun 2015 06:28

So here's the scoop...

I am making a simcha in the near future.

Some of us get sentimental at such times.

So you know you got to make lists to know whom to invite. well there is the people at work list, summer friend list, shul list, old buddy list etc.

The emes is the "GYE forum guys" is a most interesting list. These are the awesome group of friends who have so directly assisted me in not only attaining Olam Habah(I hope and pray) but have helped give me the tools to live life right here in good 'ol Olam Hazeah the way it should be - in other words SOBRIETY.

Wish I could invite you all to dance with me.

Thank you all so very much for providing the crucial life support that you do.

I am sure we all here agree that the value of this forum's friendship is immeasurable.

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Re: SOBRIETY

Posted by miketechouva - 14 Jun 2015 08:54

Congratulations to you

For three years I realized the problem I have not managed to reach over 21 days sober! But I try to get up

You said something essential: there is nothing more beautiful than sobriety; the only happy days are those sober; lust ruined so many other days.

Thank you for the power of your testimony, I hope to tell you in my path right steps

A brother of France

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Re: SOBRIETY

Posted by yiraishamaim - 14 Jun 2015 11:11

Yes yes -

knowing what you said, that the pleasure of Sobriety is so real and beautiful is a powerful incentive to do what it takes to be and stay clean.

Bravo! keep up what your doing and may you continue to experience the real happiness that you describe.

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Re: SOBRIETY

Posted by pischoshelmachat - 14 Jun 2015 15:20

[yiraishamaim wrote:](#)

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I feel the same way. I feel so close to all my dear friends here and would love them at my simcha. Then maybe you are my brother, cousin, mechiten, or even son in law and really are at my simcha.

I know some day in olom habba we will have a special club of baalei tshuvah where tzaddikim gemurim can only watch as we dance and celebrate together our closeness with each other and the rbs"o.

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Re: SOBRIETY

Posted by SIB101854 - 14 Jun 2015 15:31

I am also making a simcha in the near future. I cannot describe how confrontinmg with and dealing with my addiction and being part of the chevra has enhanced my personal simcha. May

we all continue to strive to reach a level of Kedusha and Taharah.

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Re: SOBRIETY

Posted by cordnoy - 14 Jun 2015 15:34

[yiraishamaim wrote:](#)

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in the words of a famous group: shut up and dance with me

email us the invite please

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Re: SOBRIETY

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[pischoshelmachat wrote:](#)

[yiraishamaim wrote:](#)

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we cant attend if we are not invited.

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Re: SOBRIETY

Posted by cordnoy - 14 Jun 2015 15:36

[SIB101854 wrote:](#)

I am also making a simcha in the near future. I cannot describe how confrontinmg with and dealing with my addiction and being part of the chevra has enhanced my personal simcha. May we all continue to strive to reach a level of Kedusha and Taharah.

at least youre honest...you don't write about invitin' us.

[not an insinuation on the others though]

mazal tov and continued simchos and nachas

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Re: SOBRIETY

Posted by SIB101854 - 14 Jun 2015 15:40

But you will all be there in my mind. The chizuk that I have received and continue to receive on an ongoing basis is and always be priceless.

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Re: SOBRIETY

Posted by cordnoy - 14 Jun 2015 15:47

[SIB101854 wrote:](#)

But you will all be there in my mind. The chizuk that I have received and continue to receive on an ongoing basis is and always be priceless.

like seudas reb akiva eiger....oh well...

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Re: SOBRIETY

Posted by Gevura Shebyesod - 14 Jun 2015 18:20

Mazel Tov! May we continue to share in each other's Simchos, even if it's only from afar.

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Re: SOBRIETY

Posted by yiraishamaim - 15 Jun 2015 00:32

I stand by my original post "I wish I could invite you..."

In my situation taking EVERYONE and EVERYTHING into account at this time, I believe it beat to keep my anonymity. Perhaps this will change in the future.

It appears from the posts "most" of you understand this.

We all do not have the same situation etc.

There has been no lack of honesty here or anywhere on my posts.

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