

never give up's 90 days

Posted by Bigmoish - 30 Apr 2015 00:08

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Hi never give up!

You said you'll stick to responding to others.

How about responding here with a nice long introduction?

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Re: never give up's 90 days

Posted by pischoshelmachat - 04 Jun 2015 20:15

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Hi There NGU,

I hebrew we say Nofal or better yet NO Fall!!

You are still in the game. Keep up the great work with a smile on your face.

We are so lucky to be part of this great group.

I think that although in here we are anonymous even from each other for the most part, we will probably be in an exclusive club in the next world where our shame here will be pride for all that we have accomplished together Lshem Shamayim.

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Re: never give up's 90 days

Posted by stillgoing - 04 Jun 2015 22:23

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**cordnoy**

never give up wrote:

Hey Everyone,

Its been a while,

I have a question, a couple of day ago i started to slip a little and watch an inappropriate show/movie. I did for like 10-20 minutes, ( its was not porn but definitely not a good). Then in middle i was like to myself NO! and i shut it off and went to sleep, i did not act out at all. The next day o strengthen my Tapshic method and added extra layers of protection on top of my filter. I felt great that I was able to stop, but am i still clean or should i start over again. I stopped myself before slipping completely. AND I FORSURE DONT WANT TO BE IN THAT POSITION AGAIN, ITS NOT HEALTHY, THAT'S WHY WE MAKE GEDARIM.!!!

would love to hear your feedback!!!

never give up

it's fine; move on!

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Re: never give up's 90 days

Posted by serenity - 05 Jun 2015 02:36

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I'm in a special position to paskin today, because

**Warning: Spoiler!**

. With this special limited privilege, I say still clean.

"To thy own self be true!"

Hatzlacha!

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Re: never give up's 90 days

Posted by yiraishamaim - 05 Jun 2015 02:53

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Happy Birthday serenity.

A birthday is a special time when we get a little sentimental and take stock of ourselves.

Thank you Hashem for giving us this living inspiration who is referred to on our GYE forum as serenity.

May serenity continue to be an inspiration to us and may he be blessed with Hatzlocho in all inyanim.

I would like to kindly ask all the guys reading this to say the above statement out loud.

{This request is a little out of the ordinary but I just wanted to do this}

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Re: never give up's 90 days

Posted by shlomo613 - 05 Jun 2015 04:45

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Happy birthday serenity. Have a gebenchter year.

Shlomo

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Done. Although I took the liberty of changing it to nusach ashkenaz

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Re: never give up's 90 days

Posted by never give up - 05 Jun 2015 15:25

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YES!!!! TOTALLY AGREE

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Re: never give up's 90 days

Posted by never give up - 05 Jun 2015 15:28

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Hey everyone,

Thanks for the Chizuk, I really needed it. Thank G-d im going strong now and im going to kee  
pgoiwing and NEVER GIVE UP.

happy birthday Serenity!!!

Thanks Still going!!!!

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Re: never give up's 90 days

Posted by serenity - 05 Jun 2015 16:17

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Thank you for the Bday wishes! Bracha ViHatslacha !

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Re: never give up's 90 days

Posted by pischoshelmachat - 05 Jun 2015 17:08

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HAPPY BIRTHDAY SERENITY!!

May you live to 120 Bkedusha Ubetahara!

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Re: never give up's 90 days

Posted by never give up - 17 Jun 2015 15:30

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Hey Everyone,

I Had a fall today, i was doing rentals at one of my building and i was scoping out an apartment. I had to go to the bathroom so naturally i was there for a while and i was bored the next thing i know its over. Hence this was when my phone has been unblocked due to a glitch for around a week. Though its funny when I have blocks i don't even try to get around them its only when they are more accessible, that's when i and most normal people tend to fall. I do want to tell you a little back story of the past 2 years. before i got married i was clean for 8 months +, then i was clean for additional 2 months after. What happened was that we were having a hard time having sex. At first we thought it was just us because we were two virgins so we kept trying but I wasn't even succeeding. So we went to a gyno and they said everything was fine, juts keep trying, so we did but still with no success. Then my wife got sick and needed surgery and was not at full strength for like 3 months. So basically ive been married for 11 months and not once have i had complete sex with my wife. it has been really frustrating and it really threw off my rythym when it came to not falling. In the beginning we would try and fail and i wouldn't act out for 2 months, but it wears out on you. though I'm not acting out on a regular basis, throughout this year it was like 7-15 times, and i keep trying to get back into rhythm like I've had before and my wife has been going to a PT and soon i think we will solve this issue. also, you think it will help once we figure out the whole sex thing. Don't get me wrong it wont put it away, i still need to work on myself but i hope or think it might help a little. Any advice would be greatly appreciated.

Thanks,

Never give up

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Re: never give up's 90 days

Posted by cordnoy - 17 Jun 2015 16:25

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Firstly, didn't you write on another thread to someone that he MUST GET A FILTER?

Regardin' your question, you should be speakin' to a professional; not anonymous lust addicts.

b'hatzlachah on all

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Re: never give up's 90 days

Posted by serenity - 17 Jun 2015 16:56

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Thanks for sharing with us. Ditto to Cords.

"We discovered that we could stop, that not feeding the hunger didn't kill us, that sex was indeed optional! " SA

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Re: never give up's 90 days

Posted by never give up - 18 Jun 2015 17:03

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Yes, and I only was supposed to take care of it, but i was busy. Not saying that was an excuse. Funny thing ,i posted that after it was fixed and i felt much better, a sense of relief(i know i sound like an hypocrite). The whole sex thing was not psychological it was something physical

with my wife. she has been going to physical therapy for a bit and has been making progress. Hopefully that will be resolved because we really would like to get pregnant.

Thanks for the help Cordnoy!!!

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Re: never give up's 90 days

Posted by never give up - 18 Jun 2015 17:05

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i did want to ask when we control ourselves and choose not to feed the hunger, how can i keep it from getting bottled up and channel it elsewhere in a healthy manner.

Any advice would be great.

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