

Seeking Answers...

Posted by fightingyid - 22 Apr 2015 20:21

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Hi, i am married and young I'm in my low 20's with a child. B'h i found GYE, and in the short time that i am here i am finding that the GYE community are amazing, honest and non judgmental. Here goes my story and then i have a couple of questions for the amazing GYE community ,its my first time since I'm 15 being as open as this. I started masturbating when i was 15 years old almost 3 times a day without even realizing what was going on (e.g-Zera Levatala) when i was 16 i discovered what sex was and discovered that masturbating was against Halacha, My rebbeim in High school never spoke about this topic, all they spoke about was that you are going to burn in hell for eternity if you are motzi sera levatala, you can properly guess that i felt pretty uncomfortable talking to my Rebbeim about my masturbation problem, i thought that i was literally the only one doing it. This went on thru Beis Medresh where i discovered porn , it started from watching dirty movies in high school and then it turned in to porn, i got married when i was pretty young and for a while things were going well with my masturbation and porn drive, but as you can imagine my wanting to watch porn- drive came back with full force, the funny thing is that my intimate relationship with my wife was very and is still very healthy, I b"h have an amazing and supportive wife in everything i do weather its work, college or just about anything, and therefore the guilt is a thousen times bigger because i feel that i'm not being loyal(by watching porn). A few months ago the porn and masturbation problem was getting pretty bad and it had nothing to do with my wife it just had to do with my lust problem. A few weeks ago reality hit me that i can't live this fake fraudulent life, i consider myself a decent from yid and i can't live with this filth.

B'h i heard about GYE and for hours i went thru a lot of the material and find it fascinating and helpful. I am on day four and feel great!

my questions for my fellow GYE chevra 1).I have a good relationship with my wife, does one watching porn reflect on his exclusive sexual drive and lust or could it be a negative reflection on ones marriage?

2)-I wanted to know what the GYE chevra think regarding ones wife helping and encouraging on this journey, or should it be between a man and himself? (personally i don't think i would tell my wife, but i just want to hear your important opinions)

thank you!

I apologize if i made any grammatical mistakes, I'm new to this and I'm not really a writer.

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Re: Seeking Answers...

Posted by Pidaini - 01 May 2015 11:22

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You can just start a new thread in the BB section, call it the same as here.

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Re: Seeking Answers...

Posted by stillgoing - 01 May 2015 14:21

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Dittos to Pidaini.

Good idea!

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