Call me Yoni Posted by yonatan374 - 29 Mar 2015 09:05

I'm a baal tshuva trying to end this addiction. I'm making good progress becoming shomer mitzvoth, keeping Shabbat, kashrut and tefillah. But porn is the hardest nut to crack. Without Hashem's help I can't do it.

This is my 2nd major attempt at stopping. This 1st time I gave up at 19 days clean followed by several major falls. If Hashem will help me do this I know my tshuva will be accepted.

The problem the yetzer hara comes on so fast it's almost impossible to resist. But I'm determined now.

Yoni

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Re: Call me Yoni Posted by improvementway - 29 Mar 2015 13:26

Welcome aboard Yoni.

You came to the right place. The best way to make a change in ones behavior is together with a group of loving and honest people. Here you can find a bunch of really interesting people that are really interested in your success, really honest with their feeling and (huge) experience and really open to listen to anything you need to be heard.

Feel at home Yoni, share your struggles and I hope you'll go great.

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Re: Call me Yoni

Posted by cordnoy - 29 Mar 2015 15:29

Welcome,

your road to recovery should be blessed with hatzlachah.