

Pain

Posted by palalben - 23 Mar 2015 13:37

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I have just find out that Pain is a major trigger for all kind of addiction, that was a powerful discovery, since then I found out that, many stupid things that we do have their origin in pain, Pain of growing in a single parent home, pain of not getting attention, pain of doubt, an so on. But there is a powerful antidote to pain, bringing it to Hashem, we of all people on earth have a powerful aide on all sorts of pain, the all mighty who is full of mercy, imagine this .. Hashem is infinite, his mercy therefore is infinite for any kind of pain.

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Re: Pain

Posted by gibbor120 - 23 Mar 2015 16:32

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WELCOME! Yes, all sorts of negative emotions can trigger addiction. Any sort of abuse or neglect growing up can affect us in a powerful way. Not all abuse is that obvious. Parents that are very critical or neglectful can cause great harm even if it doesn't look like classic "abuse".

Keep posting. We're glad to have you with us.

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Re: Pain

Posted by TalmidChaim - 23 Mar 2015 17:25

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Welcome! Excellent insight! You're in the right place.

TC

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Re: Pain

Posted by serenity - 23 Mar 2015 19:20

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I love these Avatars. Strong gorilla, Incredible Hulk, Pumping Iron! We have a lot of strength, especially when we are together!

Hatzlacha!

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