

new to the site

Posted by a white soul - 09 Mar 2015 21:44

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Hello everyone im new to the site.and im intrested in joining the live groups how can i get into it?  
What do i need to do to be able to go to the groups?

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Re: new to the site

Posted by ineedchizuk - 09 Mar 2015 22:33

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I'll leave it to the pros to give you the specifics, but..... welcome!!!!

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Re: new to the site

Posted by a white soul - 09 Mar 2015 23:27

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thank you so much for welcoming me. Now who is the pros? And where can i get the big study book?

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Re: new to the site

Posted by cordnoy - 10 Mar 2015 00:03

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welcome

check out the home page.

look at our signatures for material.

the whitebook is downloadable on the web as well.

What's goin' on?

b'hatzlachah

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Re: new to the site

Posted by a white soul - 10 Mar 2015 01:01

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First of all thanks for welcoming me. And thanks for your answer. Now the story with me is very heartbreaking how a young person like me ruined his life with the own hands. I got married a few years ago it started when I discovered the maride life i started to serch for dvds and all schmutz and then I discovered that I can see everything and anything every second in the small machine in my hand so i started to search for schmutz and i was spending every day an hour for sure on it until i got addicted to it and my wife found out and she wanted to leave me i have a few children so basically now when i saw in what i put myself into it was almost to late.so my wife told me first to open an account with gye and ask for help there. And here i am i opened an account and I just posted a few words that im new and looking for help and in less then 2 hours im getting replys how nice people can be. Thanks for your interest in helping me.

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Re: new to the site

Posted by serenity - 10 Mar 2015 01:32

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Welcome to GYE and this forum! I just cried while reading your comment. I hope Hashem gives your wife the patience and understanding to stick by you. I also hope He removes this obsession from you and guides you through recovery. You are very fortunate that she found out about this now, so you can stop in its tracks, because otherwise it only gets worse.

Here are the links

[www.aa.org/pages/en\\_US/alcoholics-anonymous](http://www.aa.org/pages/en_US/alcoholics-anonymous)

[www.lethimhealyourheart.com/wp-content/uploads/2014/04/White-Book.pdf](http://www.lethimhealyourheart.com/wp-content/uploads/2014/04/White-Book.pdf)

Duvid Chaim's 12pm EST M-F call just started a new session and Dov is running it. Check it out!

Phone Number

Dial In Number: U.S: 209 255 1000 (From Israel: 076 599 0060). For local call in numbers from other countries, see the link at the bottom of the page.

Participant PIN: 637207#

[guardyoureyes.com/tools/calls](http://guardyoureyes.com/tools/calls)

You can hear a recording of the 1st call here:

(605) 562-3132

PIN 637207 #

Talk 1 (so far): Reference No. 98 #

Hatzlacha!

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Re: new to the site

Posted by gibbor120 - 10 Mar 2015 15:54

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WELCOME! I was married for over a decade before my wife caught me looking at porn (which I had been doing for many years before I got married). She was shocked and hurt. It took a lot of

talking and a lot of work, but B"H our relationship got better as a result. Please know that it can get better. I'm sober B"H for 5 1/2 years. Do the work. It's worth it for your wife, for your kids, and for YOU! Please let your wife know that there are many of us suffering from addiction, and many recovering as well.

Start with the handbook. Try to implement the ideas. If they are not working "up the dosage". You may need 12 step phone calls. You may even need to attend live meetings. You will get a sense of it as time goes on. You will see what works and what doesn't.

Do you have a Rav or some 3rd party that you and your wife trust. Our Rav was vital in restoring our relationship. You need all the help you can get. We are here to help any way that we can.

Keep posting, and NEVER EVER GIVE UP!

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Re: new to the site

Posted by SIB101854 - 10 Mar 2015 15:59

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Welcome aboard-this is the best place in the frum web ( and frum world) to deal with the twin addictions of porn and massturbation , and worse that have plagued all of us. My wife also urged me to open an account here after years of attempting on my own to fight an addiction that I had denied.

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Re: new to the site

Posted by gibbor120 - 10 Mar 2015 16:03

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One more thing I forgot. Your wife can join the "spouses of addicts" section of GYE and get chizzuk from other wives. She needs to get chizzuk from somewhere. It is very scary and confusing for her.

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Re: new to the site

Posted by I will win the battle - 10 Mar 2015 21:18

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WELCOME!

You could not have done better for yourself than joining GYE!

You can find great advice on the website and speak to so many guys through the forums, chatrooms etc...no one will be judgemental, on the contrary we can relate to the situation. My wife was so so hurt when she discovered my 'darkside' and I can't really blame her - it was a great show I was putting on! But learning about this addiction, and more importantly seeing the results of guys who work the 12 steps etc has been incredible.

So good luck and once again WELCOME!

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Re: new to the site

Posted by a white soul - 10 Mar 2015 23:42

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I really thank you everyone so much for welcoming me and for the chizik. I wanna join the live meetings can someone tell me the times places and what to do to start the meetings?

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Re: new to the site

Posted by Ezra - 11 Mar 2015 00:33

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A white soul - Credit to you. You must be in a very hard spot. While your wife might have helped you get here, hopefully as you study more, you will be doing it because you want to be better!

May you be able to get yourself back on the right track and have the strength to go through this

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all.

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Re: new to the site

Posted by cordnoy - 11 Mar 2015 01:30

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go to sa.org

youll find numbers for your location.

b'hatzlachah

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Re: new to the site

Posted by DesperateForChange - 11 Mar 2015 02:17

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I hope everything works out for you! I'm getting married in a couple months and although I was never addicted I had my brush with shmutz on and off over the years.

I hope that everything works out for me and there will be no problem after marriage. I have been clean long enough to feel comfortable that this issue is over with.

If any of you have any tips on how this works and how to help start off married life having seen inappropriate material and how it affects the relationship please let me know if there is anything I can do to help the situation by reading up or doing teshuva in a certain derech

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Re: new to the site

Posted by yiraishamaim - 11 Mar 2015 02:18

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Baruch Habah!

I am excited for you turning this new page in your life.

What you will put in is what you will get out.

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