

could somone help me

Posted by climbing23 - 02 Feb 2015 16:15

hi im a frishe yungerman always struggled with acting out thought it would go away but
stumbled im on the web now can somone pm me and help me

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Re: could somone help me

Posted by gibbor120 - 02 Feb 2015 17:04

WELCOME climbing23!

You have come to the right place. We are all in the same boat. Keep sharing. Check out the
handbook. Check out some of the links in my signature.

Many have been in your position, and are sober today. Keep posting.

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Re: could somone help me

Posted by cordnoy - 02 Feb 2015 17:45

Welcome

What have you tried to recover with?

there are many here willin' to help you alon'.

b'hatzlachah

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Re: could someone help me

Posted by belmont4175 - 02 Feb 2015 22:15

Welcome! you have done a great step by coming here and opening up, stick around the guy's here are very helpful and non-judgmental so start reading and listening to what you're being advised, and remember ONE DAY AT A TIME.

KOT Be'Hatzlacha!

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Re: could someone help me

Posted by serenity - 02 Feb 2015 23:15

Welcome to GYE! Keep posting. Hatzlacha!

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Re: could someone help me

Posted by yiraishamaim - 04 Feb 2015 21:51

Baruch Habbah!

I am also new. 91 days new. Becoming part of the group is one of the best things I have ever done. The guys are sincere and wise. I am learning from them daily.

Join the 90 day plan and start the golden road to recovery.

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Re: could someone help me

Posted by trueme613 - 08 Feb 2015 19:29

Hey there, I have been struggling and falling to but I came here and am choosing to start my recovery, don't let your falls keep you down, I still fall but over time an falling less and getting better and feeling better. You can do it, you really can, even if you fall. Keep us posted and good luck my friend

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