

My life

Posted by Appearance - 25 Jan 2015 09:53

Hello!

I will be here to tell you that I feel tired all the way to recovery.

I know GYE (on another forum) for 2 years and I never could get to challenge 90 days.

Once a month I "need" fall.

Someone tell me, here in the past, that I need not satisfy the challenge of the 90, I just need to forget about it completely, but now I know the challenge and I can not take it off my mind.

I just can not!

When I feel empty inside I need to act, this being part of my life.

I honestly feel not have goal in life: one day I start something and another day I do something else. One day I want to be close to Hashem and another day I do not care what they want, just get away from him.

The truth is that when I stay close to him I feel good. Talk to him and ask for his help.

I often help fellow GYE tips, and I realize that I do not get these tips on myself, just when the desire strikes me.

For example. I say to a friend that he need to ask someone for help when he felt the desire to act, then, I myself do not ask for help !!

This will be on Shabbat or at bedtime.

Does having an emergency service 24 hours a day?

Do Not.

I feel angry because someone remove me, a friend I have in the past here.

He think (someone I do not know) that I be bad influence on my young friend and he advised my friend to continue not talking to me.

I never do any harm to young!

He be for me like my little brother. He help me more than I ever thought, yet he much younger.

For this, I give up and wanting to leave GYE, and I do what I want. Yes, I find the very things for which I blame lifetime.

It took more than 15 years acting and I feel tired of trying to overcome this.

I feel like I will never be unsuccessful in anything in life since I have six, seven years.

Since childhood my parents having to invest much effort in my I move forward.

Honestly, I need to stop the action because Hashem did not let me do otherwise. He locked up to me I go to this path, the way it is.

I know that the goal in life is to be close to Hashem and fulfill their ?????, but I want to approach him to leave the act but not to be "completely" frum. I leave what little I have ???? ??. This be possible?

I feel very lonely all the way to recovery.

I see almost no support. Not having seen someone ask me, I'm always the one to ask others like them to be. Why?

Did I annoy them with my comments and they do not want to know about me anything?

They are not interested in recovery?

Be possible for someone to GYE be your friend?

Someone to love you heart?

Thanks for listening.

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Re: My life

Posted by Appearance - 18 Feb 2015 19:12

[newaction wrote:](#)

Appearance first if you read the Big Book , Alcoholics Anonymous you will find the answer to your question .

Hello new action.

Personally I think that reading the book is not enough.

In fact, I read it 2 times.

It is necessary that someone explain it to you.

It's fantastic call GYE where not only read the book, "is a workshop recovery".

From there you learned the phrase "It's simple but not easy." Right?

Anyway I need to try the meetings.

These are resources that Hashem sends me and I have to take advantage.

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Re: My life

Posted by Appearance - 18 Feb 2015 19:17

[Hashivalisesonyishecho wrote:](#)

AND YOU DID IT!!!

That's amazing. It looks like you have more strength of character than you realize. Keep up the good work!

Thanks for all the support and encouragement they all give me here.

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Re: My life

Posted by gibbor120 - 19 Feb 2015 17:42

People who go to SA say it's not even the meetings, it's DOING the stepwork that really makes the difference.

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Re: My life

Posted by Appearance - 27 Feb 2015 21:43

Hello friends.

Now, I am at meetings of SA. only a few meetings.

In meetings, is very nice that I can talk openly with people who not only understands me, they have gone through similarles circumstances. That gives me peace of mind.

I do not feel the same fear of falling as I felt before. Now I know that Hashem protects me.

I know I need to work on the steps, and even as it pains me, I need to change my behavior. I think I need to "remove" several aspects of my life.

After a short stop looking at pictures and leave MZL time, I feel good.

Now I can look at my wife's eyes, and feel no shame, I can tell her that I love her.

Actually, now I feel that she is very beautiful, much more than I deserve ...

I do not know why this is happening, but it is very nice.

The desire to look at pictures back to me, but everything ends. I have the desire to let pass, and calling for a hashem their care. And the miracle happens !!

Hashem wants us to not only stop the action, he wants me to be near him.

Several times I feel that I Hashem closes roads that I want to go, and he takes me by others, to be near him.

Thank You!

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Re: My life

Posted by cordnoy - 01 Mar 2015 01:46

And thank YOU for such a share.

Keep us posted please.

Posts like that give all of us chizuk!

b'hatzlachah

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Re: My life

Posted by newaction - 03 Mar 2015 21:26

Appearance hi ! I sent you a reply.

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Re: My life

Posted by Appearance - 24 Mar 2015 21:53

I am happy.

After a long time ago to not looking images, in the last week my desire it was strong ,and things have not gone well.

The situation was tough and is was going worse.

Yesterday at the meeting, companion told me that I need to do something to stop acting: My specific action.

(In my case MZL and watch images).

"It is better throw the things that make me fall still if you know you're are going to come back to buy again. On the way to buy, the higher power (Hashem) may present to me to take me a care and not be able to buy it again."

At that moment I thought that, having "garbage", to a one click away ("just I watch a little, nothing happens") I do not deliver me to hashem.

I received an Email of GYE where reminds me that I have not installed yet a filter.

And that's the way to "throw away the things that they harm to me." Away from me as possible!!!

I thought it was hard to do. Technically speaking.

But in about 2 or 3 steps, I restricted the phone.

Mentally, I was need two years to decide! (And what better time to do that after a fall?).

My brother is the ???? of the password.

Hashem.

I do not know how to be near to you (and I do not want to try to understand how it works), but, if the filter makes you happy, then, I NEAR TO YOU

Thanks for making me Hashem things "so easy".

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Re: My life

Posted by shomer bro - 24 Mar 2015 23:31

That's amazin! You show such gevura! Keep up the phenomenal work!

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Re: My life

Posted by Palti-Yossef - 25 Mar 2015 08:28

Hi Appearance,

I don't know much things but I just wanted to tell you that this thread of you gives me a lot of strength, especially the last updates !

It' amazing to see and feel, even behind a screen, the changment you are making in your life !
In fact all your last message are just exuding serenity, peace of mind and more : a very specific relation near Hachem..!

Thank you so much for the chizuk and I'm waiting for others very very good news from you !!

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Re: My life

Posted by cordnoy - 29 Mar 2015 18:50

And Appearance,

please don't be a stranger.

you are very strong when you are a regular here, and you saw from last time how many people were involved in your recovery.

b'hatzlachah

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Re: My life

Posted by Appearance - 09 Apr 2015 21:06

Hi every one.

Thanks for your support.

Here is a wonderful place to open up. Free of fear.

I feel that you are "the voice of Hashem".

I remember a ????. Something like this...

A man falls into the ocean.

He see the situation. It is very dangerous for him and he knows that he not have a chance to live.

He knows, Only Hashem can to save him.

With all of his feelings he pray to Hashem: "please Hashem, I can't do nothing to save me, only you can save me. Please do not let me die".

"Hashem I have a family, they needs me, my wife, my children".

Then, comes a boat to rescue him.

But he did not want to climb. He desires the salvation of Hashem.

The boat leave without him.

And he repeat with all his heart: "please Hashem, save me".

He see a helicopter cam to that place.

Is coming to save him and he don't wish to ride up to the helicopter.

Again he pray to Hashem, "please save me".

The ????

Hashem give us the salvation, but we have the dude "what's happen, why Hashem not receive my ????????

Really, Hashem give us the answer, but we don't wanna see. We wants "his" salvation.

I think all of you are the voice of Hashem. Your advises is my answer.

Exactly wherever I am I for one reason. Hashem wants to me near him.

Exactly where I'm it's the right place for me.

It's so hard to believe that clearly but is the true.

Thanks you people to be here, near to me.

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Re: My life

Posted by serenity - 09 Apr 2015 21:47

Thank you for being here!

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Re: My life

Posted by Appearance - 15 May 2015 06:35

Hi!

I want to share only briefly.

BH I'm going to meetings of SA and all I can say is, Wow.

There are wonderful people there, really, people striving with all his being to have contact with Hashem.

Another thing I know is that they care for me and I am also very fond of them for helping me grow and make me feel very happy in the group.

Another thing. There is much, much work to do.

Truth be told: There are a lot GYE lot of work to do to recover, and there is more work still SA: as wounds and surgery.

The recovery means making real domestic changes. It is not easy, but the experience of others in the group shows that it is possible.

Some of you, above commented that not just go to meetings but have to work the steps. It's definitely true.

Thanks!

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Re: My life

Posted by serenity - 15 May 2015 23:12

Thanks for the update.

Hatzlacha!

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