

From tragedy to redemption

Posted by Hashivalisesonyishecho - 08 Jan 2015 10:00

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I am a middle aged person, highly talented, but leider unaccomplished. I seem to have some strengths but not the strength and the resolve to do what it takes to use my talents to be what I can be. I have had lot's of tzaros in my life which have gotten the better of me and eventually removed me from my learning and my general Ruchnius success. I was not omed benisoyon. I am ashamed of myself. On the outside I still seem like a basically Choshever person but nobody knows what I really am. When I was a Bochur and a young yungerman, everybody was sure I would turn out to be one of the Gedolim. That hasn't happened(yet). I would never tell anyone of my worst failings, but this failing of me not succeeding to fulfill my potential is known. I guess people may have long ago forgotten what was supposed to become of me but looking at me now they see nothing but an empty wasted soul. I haven't forgotten the original plan and somewhere deep down I still hope Hashem will give me back my neshama. My Boosha is maybe a good thing in a way because it keeps things from getting more out of hand. But it makes it impossible for me to get the support and encouragement that might help me do what I should. Maybe I could get the support here. I am middle aged but my mind knows that it isn't too late. I need my heart to know it too.

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Re: From tragedy to redemption

Posted by shlomoy - 25 Aug 2015 10:25

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Hashivalisesonyishecho.....

youre thread is great..and of course what you just wrote

.. When a person only wants to 'be' great but doesn't particularly care about doing the right thing for it's own sake, then he wishes he can lust day and night without consequences, because all he cares about are the consequences of 'being' or 'not being' this and that.....

is in the Rambams words at the end of Hilchos Tsuvah.....

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Re: From tragedy to redemption

Posted by Hashivalisesonyishecho - 25 Aug 2015 17:59

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Shlomo & Shlomo

Thank you for the citations.

I didn't see this article nor did I recently learn The Rambam,(which btw I looked up and found that you are probably refering to (10,4) and it should be recommended reading in Elul and other times) It is wisdom that I learned from recent exchanges with chaverim here. I'm mentioning this to highlight the value of these discussions as it is written machaverai yoser mahem, that from az nidberu with chverim one learns more than from a rebbee.

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Re: From tragedy to redemption

Posted by Hashivalisesonyishecho - 30 Aug 2015 04:17

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Does anyone know of a good publication on the specific halachos of shmiras einayim which brings sources for the rulings?

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Re: From tragedy to redemption

Posted by gibbor120 - 31 Aug 2015 20:07

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Sefer Esa Einai, while mainly dealing with the mussar aspect of shmiras einayim (and is a very good sefer), also deals with the halachos at the beginning. Some of it is just pain mishna brura.

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Re: From tragedy to redemption

Posted by Hashivalisesonyishecho - 11 Sep 2015 15:25

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I think the importance of taking one day at a time and one nisoyon at a time rather than making a plan to always be good from now on and never falter, is that with the latter the person feels it's

all or nothing and since he sometimes feels that 'all' isn't going to work, so he winds up with nothing, whereas with the first approach, sometimes even when the nisoyon is intense, his goodness could emerge because he could feel that he can manage to overcome it this one time, and also even if ch'v he doesn't overcome it, he could still succeed next time because each instance is separate.

I think that this is well known to most of the folks here, and I'm not professing to say a chidush, but just to clarify for myself and to remind others of what they already know. (Or maybe some people are like me and could benefit from the clarification)

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Re: From tragedy to redemption  
Posted by Dov - 20 Oct 2015 20:58

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Reb TzviMeyer Zilverberg Shlit"a constantly repeats this precise idea you asked for. I consider him one of my main mentors in Torah/avodas Hashem though I am a very poor example of a talmid. If you like, you can check out his writings and shmoozen. Speaks every Friday in his beis midrash in the gush shmonim area of Yerushalayim, if you are ever there. 12 or 1pm he starts, goes for about 1.5 hrs, and (if you can still breath when he is done) your Shabbos will be much nicer!

He talks about reality and acceptance in a humble way rather than building edifices of religious ego (we like to call them 'madreigos').

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Re: From tragedy to redemption  
Posted by Dov - 20 Oct 2015 22:29

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[jack wrote:](#)

do u know what he means here? please tell. why are my words here the nuclear reset button? and besides, i dont mind being criticized, if truth will come out.and besides again, i met dov.for what he's doing he should get the nobel prize for...well, if it doesnt exist yet, they should invent one just for him.

Just curious, Jack: did you ever end up reading the post I referred you to, or not? Simple question.

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Re: From tragedy to redemption  
Posted by cordnoy - 20 Oct 2015 23:01

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[Dov wrote:](#)

[jack wrote:](#)

do u know what he means here? please tell. why are my words here the nuclear reset button? and besides, i dont mind being criticized, if truth will come out.and besides again, i met dov.for what he's doing he should get the nobel prize for...well, if it doesnt exist yet, they should invent one just for him.

Just curious, Jack: did you ever end up reading the post I referred you to, or not? Simple question.

and one even I can understand.

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Re: From tragedy to redemption  
Posted by Hashivalisesonyishecho - 23 Nov 2015 19:38

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Rabosai, I have had some vikuchim with some good chevra here, even with Dov. So I should say this. Chances are Dov and like minded chevra are more correct in the issues than I because I have fallen yesterday so why go by the opinions of someone with not such a major success rate as opposed to those who haven't fallen ever since they implemented their recovery programs. I need to rethink my plan. May Hashem help us all.

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Re: From tragedy to redemption  
Posted by Bigmoish - 23 Nov 2015 19:56

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Many of us have found that the intense battle of a "vikuach" alone causes much resentment to build inside of us. And many have concluded that resentment is a major contributing factor to the spiritual illness that plagues us.

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Re: From tragedy to redemption  
Posted by Hashivalisesonyishecho - 23 Nov 2015 21:20

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I don't think I'm what the chevra here call an addict. I am baruch Hashem not on a spree. Today I picked myself up and moved on. I am a sinner. Some people here are in my category as apposed to being addicts. Father please show me how a sinful son atones.

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Re: From tragedy to redemption  
Posted by doingtshuva - 23 Nov 2015 22:57

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Whats the different for you if your a sinner or an addict?

Chazak Vematz

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Re: From tragedy to redemption  
Posted by Hashivalisesonyishecho - 23 Nov 2015 23:29

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[doingtshuva wrote:](#)

Whats the different for you if your a sinner or an addict?

Chazak Vematz

The difference is what road to take to recovery.

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Re: From tragedy to redemption

Posted by markz - 24 Nov 2015 00:20

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[Hashivalisesonyishecho wrote:](#)

I don't think I'm what the chevra here call an addict. I am baruch Hashem not on a spree. Today I picked myself up and moved on. I am a sinner. Some people here are in my category as apposed to being addicts. Father please show me how a sinful son atones.

Someone that has a low level of addiction to look at porn once is a sinner, Wheras someone that is addicted and does this repeatedly is not? Efshar farketrt?? Or maybe we should say to the farket "Ipche mistaber"??? Your usage of the word sinner doesn't make sense.

IMHO In my holy opinion - Every guy that's on this forum and has accepted to take positive sobriety steps is a ??????. THERE ARE NO SINNERS here - yourself included.

**As Shlomo aptly put it - there are Strugglers vs Sexaholics**

**E.T.G.T = Enough Theory Get Trucking**

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