

## Big Steps

Posted by Shlomo24 - 21 Oct 2014 17:59

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i came to israel for y"t and i am staying here,  
im going to be going to yeshiva here also.

Why did i switch? well i came here and i was hooked up with a bunch of guys who also have ssa just like me. that is something that i never experienced in america, simply because of logistics and availability. i israel there is a whole support group of guys who are willing to reach out and connect with each other. its amazing.  
hey whats up yall? im in israel now, permanently

additionally, because the gay rights group has a much smaller contingent here, many therapists openly say that they can change ssa. something that i would say is close to nonexistent in america, b/c u could lose your job from saying that, especially if the media finds out. i started going to a therapist who specializes in ssa and so far it has been awesome.

another reason is that in israel the general atmosphere is an atmosphere that is dedicated to torah and growth in yiddishkeit (at least in yerushalayim). i personally see that the level of tznius is much higher here. in america it has become normal for women to wear skirts above the knee, i am not sure who made up that garbage halacha. in israel the percentage of women who are untznus is soooooo much lower.

also, i have started going to sa in israel. what is unique is that i would say 97% of the members are frum, not just that, in fact most of them are in yeshiva/kollel and look like yeshivish guys.

basically, the feeling i am getting is an overwhelmingly positive one. with a lot of seyata deshmaya i have arrived here. i actually have to thank gye, because i would have never gone to sa if not for gye. also i made contact with someone who has ssa through gye and he was the one who gave me the original numbers of other guys that i could talk to.

KOT! YTC!

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Re: Big Steps

Posted by stillgoing - 25 Apr 2016 15:56

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[ehrlliche.bochur wrote on 25 Apr 2016 07:01:](#)

I just want try to help and share what helped me with SSA. I still have some struggles by SSa but it is less now I am married and I have healthy outlet. I do not think it matters what SSA thoughts is in my head if only I use them for my healthy outlet.

Ehrliche, i'm glad to hear that things have gotten eaiser for you. With myself, although i definitely had more opportunities to engage with other guys before I was married, the cravings only got stronger afterwards. Continued Hatzlacha Sg

By the way, what did you mean by *"I do not think it matters what SSA thoughts is in my head if only I use them for my healthy outlet."*

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Re: Big Steps

Posted by ehrlliche.bochur - 25 Apr 2016 21:41

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Re: Big Steps

Posted by Yesod - 26 Apr 2016 02:59

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Glad to hear you are having an inspiring time in the Holy Land, hope it gives you much chizuk and spark for the months ahead.

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Re: Big Steps

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Posted by Ecstatic - 26 Apr 2016 09:28

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[ehrlche.bochur wrote on 25 Apr 2016 21:41:](#)

I'm sorry. I'm not very good explain. I mean to say I do not think it matters if I have SSA thoughts when I am with

my wife.

Really it does matter. What you are thinking when you are with your wife DOES make a difference, and you should try your hardest to have only Kosher thoughts at that time.

It might be hard at first but I believe you will find it easier each time.

It is important for the ????? of your children

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Re: Big Steps

Posted by ehrlche.bochur - 26 Apr 2016 21:15

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Re: Big Steps

Posted by doingtshuva - 26 Apr 2016 21:37

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you wrote - I never acted out

so your a tzadik

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Re: Big Steps

Posted by Shlomo24 - 26 Apr 2016 22:01

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I personally am not inputting in this discussion, but we are setting the bar pretty low to be a tzadik. Mark might remember this from last year.

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Re: Big Steps

Posted by markz - 26 Apr 2016 22:53

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[Shlomo24 wrote on 26 Apr 2016 22:01:](#)

I personally am not inputting in this discussion, but we are setting the bar pretty low to be a tzadik. Mark might remember this from last year.

Shlomo, just to get the facts straight

I wasn't here a year ago

Im definitely not a tzadik

So please don't mention my holy anon-name in vain

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Re: Big Steps

Posted by Shlomo24 - 26 Apr 2016 23:07

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Last year meaning before January.

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Re: Big Steps

Posted by cordnoy - 27 Apr 2016 00:51

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[ehrlische.bochur wrote on 26 Apr 2016 21:15:](#)

[Ecstatic wrote:](#)

[ehrlische.bochur wrote:](#)

I'm sorry. I'm not very good explain. I mean to say I do not think it matters if I have SSA thoughts when I am with

my wife.

Really it does matter. What you are thinking when you are with your wife DOES make a difference, and you should try your hardest to have only Kosher thoughts at that time.

it is only way I am able to be with my wife. I never acted out and I do not talk with other men inappropriate. I do not look on bad websites. why it matters what Im thinking when I am doing good deed?

It is only acting out we should not do

Because it is a holy act and thoughts at that time are important.

Now, what should you do practically? I am not getting involved.

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Re: Big Steps

Posted by ehrlische.bochur - 27 Apr 2016 02:41

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[doingtshuva wrote on 26 Apr 2016 21:37:](#)

you wrote - I never acted out

so your a tzadik

acting out means by other people. i never did that. it is not difficult to not act out by another person. i do not know anyone have this same problem like me maybe this is why it is easy i do not act out. maybe if i know someone with same problem like me it would be very difficult. but i am not tzadik. many people here do not act out by other people

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Re: Big Steps

Posted by doingtshuva - 27 Apr 2016 13:13

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ehrlche.bochur - I don't really understand your problem, can you please explain me?

Acting out doesn't only mean with another person.

Searching naked women on google images is also called Acting out. No?

No need to say masturbation porn + + all falls under the same category.

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Re: Big Steps

Posted by Shlomo24 - 27 Apr 2016 22:07

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In addition to my chat not liking, I also despise the private message system. If you are able to email me please do so. I post it in my signature for a reason. It's for people to contact me if they

want to.

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Re: Big Steps

Posted by inastruggle - 28 Apr 2016 03:55

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Hmmmm

k.

So If I want to contact you I do what?

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