

I'm new to GYE

Posted by newyear5775 - 23 Sep 2014 07:46

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Hi, i'm new to GYE, what is the best step to take in the beginning?

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Re: I'm new to GYE

Posted by cordnoy - 23 Sep 2014 07:58

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Welcome

Its difficult to say the first step when we don't know what your issue is; we don't know your age; we don't know what you have been tryin'.

I think I noticed you here for a few days so that's a good step...takin' a look around at the forums and what people say and what they do.

look on the home page for the guidebook.

look in people's signatures for other links.

welcome again

your road to recovery should be blessed with hatzlachah

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Re: I'm new to GYE

Posted by lavi - 23 Sep 2014 09:19

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[newyear5775](#) wrote:

Hi, i'm new to GYE, what is the best step to take in the beginning?

good news. you have already taken the first step by posting.

feel at home. speak your mind.

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Re: I'm new to GYE

Posted by dd - 23 Sep 2014 10:23

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WELCOME!!!!

Like Lavi said you already took the first step. But keep on taking steps in the right direction. And like cordnoy said tell us what your story is so we can try to help you out.

Looking forward to seeing you around.

KEEP UP THE GOOD WORK!!!!

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Re: I'm new to GYE

Posted by unanumun - 23 Sep 2014 16:23

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The best step to take is the one that moves you forward.

Whatever forward means to you and wherever you want to go. (Maybe you will share these with us)

It just needs to be a step. Pick your foot off the ground where it is right now, and move it somewhere else.

Welcome to the forums

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Re: I'm new to GYE

Posted by dms1234 - 23 Sep 2014 18:47

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WELCOME!!!!

Check out: [Skep's tips](#)

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Re: I'm new to GYE

Posted by cordnoy - 23 Sep 2014 19:27

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There's a thread for how you know you've been on gye for a while.

I feel like I haven't been here long enough....I found that last post triggerin' and it had nothin' to do with what he wrote.

**Warning: Spoiler!**

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Re: I'm new to GYE

Posted by Pidaini - 23 Sep 2014 19:40

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Welcome NY!!

Great job on getting that first post out there!!

Don't be a stranger, tell us what you're here for! What have you tried?

A little thinking question, what are you here for? (it's not as klutzy as it sounds)

Keep On Posting!! KOMT!!

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Re: I'm new to GYE

Posted by gibbor120 - 23 Sep 2014 20:11

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Hi and Welcome! Jump right in, read the handbook. I have it and many other good links in my signature. It can be overwhelming at first, but you'll find your way. Keep reading and posting.

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