

Returning ToAdd

Posted by ToAdd - 26 Aug 2014 12:50

Hi all

I've been gone for a long time and have finally decided to return.

It's been so long that I thought I'd re-introduce myself.

I am an internet porn addict.

Quite often when I log on, I end up looking at porn.

I am bucking my responsibilities and chasing after comfort. I prefer the fantasy world to the realities around me.

I can't really remember who I was before and why my previous attempt to quit failed. I guess I just lost the battle and thought I'd try living a normal life instead of fighting each day. Porn after a while became a regular routine again.

This morning, Rosh Chodesh Elul, I decided to do something about it.

I have installed a filter and signed up to the mailing lists.

I have moved away from H", from my family, from my true self, but have chosen to return.

Sincerely

Yosef.

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