# GYE - Guard Your Eyes

Generated: 26 July, 2025, 12:45

## Marriage Posted by newaction - 14 Aug 2014 00:28

I wonder if this addiction causes strain to your marriage or shalom bayit problems

even if your wife didnt find out

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Re: Marriage Posted by cordnoy - 02 Aug 2015 11:36

Me like!

Re: Marriage Posted by newaction - 02 Aug 2015 12:14

### cordnoy wrote:

Me like!

Cordnoy liked the mashal of the revolver in the old west so his reply was in accordance.

Cordnoy : Me say, you sheriff around here ,no Indian.

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Re: Marriage Posted by dd - 04 Aug 2015 09:25 NewAction Those posts are full of chizuk and words of wisdom.

KUTGW and KOMT!!!

Re: Marriage Posted by newaction - 04 Aug 2015 13:43

dd thank you for your warm words . Wishing you and us much Hatzlacha.

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Re: Marriage Posted by newaction - 06 Jun 2016 14:14

Ok so today 29 of Iyar 5776 i have reached 365 consecutive days of sobriety. though i have much more cumulative days but after all one full consecutive year is a mark.

Today my mind is much less polluted. Today i have the luxury to look at myself and say "aha so i can see some character defects here and some there , ah there is the fear coming and the resentment and anger "... Today i say "where have you been ? where did you lose your head ?

May Hashem enlighten me and all of us to know that He is all there is. That all the darkness was for us to seek His Light. All the pain was for us to seek His comfort . All our maladies were for us to seek and reach His Healing. So looking back all was for the good.

With deep appreciation to GYE i bless them to continue bringing the light to all seekers and showing the way to all who feel lost till the days of mashiach , until then "adios amigos"

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Re: Marriage Posted by dd - 06 Jun 2016 15:51

WOW!!!

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keep up the good work!!!

I'm so happy to hear the amazing update!!!

Re: Marriage Posted by newaction - 06 Jun 2016 18:51

dd you sound good wish you all the best KOMT !!!

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Re: Marriage Posted by BenTorah.BaalHabayis - 07 Jun 2016 04:27

That's amazing. You are an inspiration and show that it can be done. Keep up the good work!

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Re: Marriage Posted by newaction - 07 Jun 2016 10:54 Thank you so much Ben Torah BH. For sure that it can be done, but there is a catch here. It is not something that YOU do . It is done TO YOU. The more you remember this the more success you will have. Hatzlacha ! Thank you again for your kind words.

Hi NA welcome back! Mazel Tov KUTGW!!

Re: Marriage Posted by markz - 07 Jun 2016 13:48

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Re: Marriage Posted by newaction - 07 Jun 2016 14:02

Gevura SheBY, Thank you very much, Hatzlacha to you too.

MarkZ , ??? ??? !!

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Re: Marriage Posted by newaction - 14 Dec 2016 11:22

Amazing grace ! (how sweet the sound)

That sav'd a wretch like me !

I once was lost, but now am found,

Was blind, but now i see.

'Twas grace that taught my heart to fear,

And grace my fears reliev'd;

How precious did that grace appear

The hour I first believ'd !

Thro' many dangers, toils, and snares,

I have already come;

'Tis grace that brought me safe thus far,

And grace will lead me home.

The Lord has promis'd good to me,

His word my hope secures;

He will my shield and portion be

As long as life endures.

Yes, when this flesh and heart shall fail,

And mortal life shall cease;

I shall posses, within the veil,

A life of joy and peace.

The earth shall soon dissolve like snow,

The sun forbear to shine;

But G.od, who call'd me here below,

Will be forever mine.

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John Newton, Olney Hymns, 1779.

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Re: Marriage Posted by cordnoy - 06 Sep 2018 01:35

### newaction wrote on 11 Feb 2015 14:34:

Resentment is the "number one" offender.AA page 64. Somebody asked a loan from me to be paid Erev of Last Rosh Hashana. He did not pay. After a couple of months he paid half, explaining that soon to be ,really very soon . now now now he gathers the money and pays the other half.Now we are at the end of Shvat , next week is adar and still no money at the horizon.

He doesnt answer my calls , he doesnt call me either in short no word from him. He owes seventeen thousand Shekels. its quite a bit . I need to use this money that this man is not paying. Last week i started to feel the resentment taking over ; i even got sick with a type of fissure in my kishkes like an ulcer. Now i am thinking how am i going to get my money from this "Ganov", Chutzpadik, etc:angry: . I am dealing B"H with success with an overweight problem i have; in short I was getting Obsessed by this utter indifference from this person thinking i know he collects money from Chu"L i am going to call and let them know what type of criminal they are dealing with and so on and so forth. My defenses were going down , suddenly i find out that the street is full of ladies , "hey where did all this women come from "?loads and loads of them all over the city ! suddenly i find myself indulging in food that i kept off limits. i lost my serenity

and peace of mind.I was going down. I got sick with an ulcer.

Some good soul of a man told me to look in the AA book page 552 :

'If you have resentment you want to be free of, if you will pray for the person or thing that you resent, you will be free. If you will ask in prayer for everything you want for yourself to be given to them, you will be free. Ask for their health, their prosperity, their happiness, and you will be free. Even when you don't really want it for them and your prayers are only words and you don't mean it, go ahead and do it anyway. Do it everyday for two weeks, and you will find you have come to mean it and to want it for them, and you will realize that where you used to feel bitterness and resentment and hatred, you now feel compassionate, understanding and love.'

Rabosai that is what i did about this man . I am davening : Misheberach ... Hu Yevarech et Mr M.E. that owes me 17,000 shekels (dont know his mother's name) that he should have ... berachos , parnosa , nachas from all his children , etc, etc,.

No i will not say that he called me and paid , because he did not . But i did a tremendous favor to my soul my body and my connection to Hashem . My serenity is coming back to me . my ulcer is gone. And i am back to be happy again. I could have done harm to this man if i would have made some phone calls . Thanks to G.od a million times I did not . And by the way ...

the streets became again empty from women... well almost.

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was wonderin'.... did you pray for his parnasah, so he should be able to pay you back? probably not; was just thinkin', but in truth: even if we are not on NA's madreigah, the realization that it is not this guy that is stiffin' us, but rather, it is the Wishes of God - that is what keeps us serene - even with the streets filled with attractions.

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