

Having a tough time

Posted by steven828 - 04 Aug 2014 07:24

Hi everyone.

I'm 19, and I've been struggling a lot since I was 15. I just can't seem to stop. As much as I know it's terrible, I just can't stop myself, and I hate it. I've tried so many times already. I'm currently learning in yeshiva in Israel, and I really thought learning torah all day would stop me, but somehow it hasn't. I just don't know what to do at this point, I feel like I've tried everything.

Thank you,

Shmuel

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Re: Having a tough time

Posted by ineedchizuk - 07 Aug 2014 04:52

Free?? I'll take 2! :-)

ineedchizuk@gmail.com

Thanks

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Re: Having a tough time

Posted by cordnoy - 07 Aug 2014 05:43

[truthornott wrote:](#)

cordnoy, lavi,

i saved your email addresses for a moment of need

hope it's ok..

thanks

Please; and don't only use it for a moment of need; I love gettin' emails, and I always respond.

b'hatzlachah

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Re: Having a tough time

Posted by Gevura Shebyesod - 07 Aug 2014 06:32

I wouldn't mind seeing it either. You should be able to attach a .PDF to a post here.

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Re: Having a tough time

Posted by WhenZaidyWasYoung - 07 Aug 2014 06:42

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