

post by lavi (love you all)

Posted by lavi - 24 Jun 2014 00:52

hello everyone out there. and in here.

i have been put under friendly pressure to write more about my struggle. i hereby cave in (me? are you kidding)

before i write my story, a want to thank all the people who viewed my post on "time for debate" and those who have taken time to chat with me. i thank all those of whom i had a geshmake time, and also those who criticize me or my views, (criticism is healthy. keep it up.) that's ok, i can take it. i have thick skin. maybe too thick, that is for you to decide. either way i love you all.

my addiction began with a combination of factors. i had to sell my house. my new business, which had every reason to work, (according to my wife- hey i have to blame someone-) went down the drain. i had to commute every day to work. and i have this computer totally free from a friend, with internet- which i got for business reasons. business was gone. internet wasn't. i'm not so stupid (i know what you're thinking about this) so i do a little surfing. a had a good filter so i didn't get into trouble right away, but something clicked in my mind internet= entertainment.

quite amazing all the info at your fingers. my favorite then was aish- great site.

then the next step someone showed me how to get wifi from different public places.

very cool free net. and my wife isn't peering over my shoulder to see what i'm doing.(they are good at that BH) and then i got a device that could pick up wifi from a mile away. but essentially still a good boy. next step. movies. i haven't watched for years, except now and then (on the plane, grandma's etc.) i discovered that without spending a dime, you can download and/or watch a nice movie. how relaxing. now i know that there are all types reading this, so i don't know if you personally can relate, but movies are gripping, and send the adrenaline rush to the head, (ok If it is a good one.) of course i have responsibilities, but i made thursday night movie night, and all friday kvetch day to my wife about my hard! week (beloney). so i settled for shorter clips. i found that my attention was drawn to what a lot of men pay attention to. women. i found that there was a pull of entertainment in a exciting way, that made the adrenalin rush more than movies. you can call it lust taavah, but the reason it is a little different was that i wasn't looking to masturbate only to get a fix of adrenalin. i guess everyone is a little different. for about a year of this go on, i had time when tried to cut back or stop for whole weeks- but it always came back with a vengeance. it is like a backward hora- one step forward and two back. somehow gye came up. (Hashem sent it), i've been off all entertainment sites for 2 weeks now and i have a picture block- so when i get the news- and don't get the junk. being on gye has saved me. already i see a lot of siatta dishmaya. just one catch, i like to preach to others. my weakness. thanks again for putting up with me.

your friend lavi

=====

=====

Re: post by lavi (love you all)

Posted by newaction - 14 Jan 2015 23:12

Tehilim Zugger is pretty much before me i am relatively new in GYE , but learning every day .

=====

=====

Re: post by lavi (love you all)

Posted by newaction - 14 Jan 2015 23:16

Cordnoy i am sorry this is Lavi's thread but i take the opportunity to wish you a big MAZEL TOV for your new position as Moderator . We are very happy for your achievements !

=====

=====

Re: post by lavi (love you all)

Posted by cordnoy - 14 Jan 2015 23:23

[newaction wrote:](#)

Gevura Shebyesod Thanks so much !!! imagine how much trouble can one little dot do !

Reminds me of the joke where the teenage girl comes to school all black n' blue.

When the teacher asks what happened, the girl responds that she forgot to place the dot at the end of the sentence.

The teacher cried out in amazement: All that fuss cuz' you missed one

Warning: Spoiler!

!?

=====
=====

Re: post by lavi (love you all)

Posted by Gevura Shebyesod - 15 Jan 2015 00:13

The power of a dot

<https://guardyoureyes.com/forum/19-Introduce-Yourself/111583-hello-my-friends?limit=15&start=570#232069>

=====
=====

Re: post by lavi (love you all)

Posted by newaction - 15 Jan 2015 02:09

I humbly and honestly admit that didn't understand the joke , and if i did it sounds triggering to me . So either i am too slow or too addict or nebach maybe both.

=====
=====

Re: post by lavi (love you all)

Posted by lavi - 15 Jan 2015 10:48

dot ?

Do Other Things

Don't Open Trash

Daven On Time

Dig Our Torah

DON'T OMIT TODAY.

DOT.

=====
=====

Re: post by lavi (love you all)
Posted by lavi - 19 Jan 2015 10:41

hello everybody.

briefly,

i have done around 100 days then a break, then around 60 and another break,
the last couple weeks, i have been struggling to get up.

i asked my service provider to disconnect my netstick for 3 months.

i think it is a big step; but i don't see another way out; now i can only use public wifi, hopefully
this will make me less comfortable with bad things.

i feel a little bit like a loser- not being able to handle filtered internet, but i find the
surfing/peeking/watching movies, and whole thing too much to handle;

i've tried some of 12 steps, and i have email contacts; but it just isn't enough;

i sincerely wish that i successfully do this break- and clear out of my system the current
undercurrent of filth-

and then continue to add fences.

as long as i live, i will have to on heavy guard,

and just like the bad side is always trying to break through-

the good side has to keep on building fences-

daven for my success, please.

=====
=====

====

Re: post by lavi (love you all)

Posted by cordnoy - 19 Jan 2015 17:50

Not everyone is able to take the right step

In fact, it might be said that most cannot

With your strong personality and conviction, you took that step

Bravo!

Kudos!

We should all learn from you.

Loser?

Ha!

Not in our eyes!

And to use your shprach for a moment; what do ya' think the ribbon shel Olam is thinkin' right now? did you do a positive action for Him? And your good old yetzer; is he smilin'?

Continued hatzlachah

=====
=====

Re: post by lavi (love you all)

Posted by neshamaincharge - 19 Jan 2015 18:41

We're davening and rooting for you! We need you on the truck!

=====
=====

Re: post by lavi (love you all)
Posted by lavi - 25 Jan 2015 11:05

update;

feels kinda weird without my regular connection,

well, i definitely spent less time on the net this week,

but, one drawback is that i peeked at things i shouldn't have, because public net doesn't have a filter....[not for very long...but a peek is a peek]

i am really gonna see if i can get a grip on this new problem...

if, chas v'sholom i cannot behave...then i may have to do a more drastic step, get my computer de-wified, with no possible internet connection whatsoever, VERY scary . i still do want basic internet? do i really need it??

in the meantime, whoever reads this, keep davening that i am matzliach to stay clean and acquire a more healthy life.

=====

Re: post by lavi (love you all)
Posted by Gevura Shebyesod - 25 Jan 2015 11:09

Hope you can find a balance that works for you. We'll miss you and keep thinking of you.

Hatzlacha and KOMT!!

=====

Re: post by lavi (love you all)
Posted by newaction - 25 Jan 2015 14:58

we will daven for you but when you daven for your own sake , It Never Goes Unanswered .

KUTGW !!

=====
=====

Re: post by lavi (love you all)

Posted by cordnoy - 26 Jan 2015 06:10

We are here for you!

b'hatzlachah

=====
=====

Re: post by lavi (love you all)

Posted by lavi - 29 Jan 2015 10:16

hi,

yep, it has come to that,

i cannot trust myself with wifi,

i will have to switch to a computer with the connection physically removed.

i guess i won't be here for a while.

so long,

and thank you everyone.

and it's true

i love you all

lavi

=====
=====