

my story- an end 2 the falling

Posted by urbank - 18 Jun 2014 23:52

I have been watching porn and masturbating since I was 12. Not on a consistent bases though. in the past 2 years my problem has been getting worse. this year was a particularly rough year and my problem is getting worse every day. I realized that if I don't get help, I will just. slip further and further away. I turn 2 GYE to help me.

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Re: my story- an end 2 the falling

Posted by gibbor120 - 19 Jun 2014 00:00

Welcome! You have come to the right place. Take a look at my signature. I have some good links there. Read the handbook and keep posting. You have taken a good first step.

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Re: my story- an end 2 the falling

Posted by Dr.Watson - 19 Jun 2014 00:25

Welcome!

We're all in this together, Keep on posting!

Make sure to see the 12 suggestions on the [First Time Here page](#).

Also, check out your [Personal Home-page](#). It will guide you through each tool/task that we suggest, one by one, and help you track your progress in recovery.

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Re: my story- an end 2 the falling

Posted by skeptical - 19 Jun 2014 01:43

Welcome to GYE - the place where we can all relate to each other because we're in the same boat.

Make yourself comfortable. We're looking forward to getting to know you better!

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Re: my story- an end 2 the falling

Posted by dms1234 - 19 Jun 2014 02:54

WELCOME!!!!!!!!!!!!

Check out: [Skep's tips](#)

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Re: my story- an end 2 the falling

Posted by Pidaini - 19 Jun 2014 05:21

Welcome to GYE!!

It's awesome that you're coming early on in the game!! What have you tried already? Are you married?

Don't be a stranger!! Get involved in this site, it's a beautiful way to get a comfortable social outlet, where you are truly understood!!!

See you around!!!

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Re: my story- an end 2 the falling
Posted by Pidaini - 02 Jul 2014 21:12

How's it going?

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Re: my story- an end 2 the falling
Posted by urbank - 02 Feb 2015 00:54

sorry. haven't been on the chat for a while. doing well. trying to develop a system for myself. it
aint easy

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Re: my story- an end 2 the falling
Posted by cordnoy - 02 Feb 2015 01:27

Welcome back,

Perhaps fill us in on the "doin' well" part, and the "system" you're lookin' into.

We'd love to hear.

b'hatzlachah

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Re: my story- an end 2 the falling

Posted by gibbor120 - 02 Feb 2015 17:02

hi urbank,

Keep posting and let us know how you are doing, what you are trying, what is working/not working.

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