

I HATE this website!!!!!!

Posted by Optimistic - 08 Jun 2014 13:53

I write and rewrite and delete and write again, finally convincing myself that it's worth it, even if my familh and friends see, even if whatever other excuse, and I spend an hour and it tells me "session expired" what the heck does that mean?!?! I'm still signed in! I'm sick of this!

I'm depressed as it is, and supposed to be somewhere and I haven't even left the house yet because I'm depressed and not willing to bring myself to leave the house and I'm going to get into big trouble for it and I just don't care, and finally I come to do something about it and at least tell my story on this website and it deletes it forever. Btw I'm using an iPhone, that's all I have, and that's the whole problem.....my apartment is a mess (I live alone) and I don't have the strength to do anything.....nothing works!

I try getting another phone, it's locked to the previous owner. I CHANGE CARRIERS so that I can use another phone I find in my house, and I don't have a friggin charger for it. I try to get a filter, none exists for my situation....NOTHING WORKS!!!!!!!!!!

And now I'm angry, I barely even survived this morning (first time this happened in years)....I hate life, I want to go back a few months and just start over...I hate this....

=====

Re: I HATE this website!!!!!!

Posted by Optimistic - 08 Aug 2014 14:28

But it is true I have to figure out what it is, although it seems that this is the problem. It is extremely spontaneous and unexpected. The only common factors in all my falls has been isolation and...well I don't really know >.

=====

Re: I HATE this website!!!!!!

Posted by Optimistic - 08 Aug 2014 14:35

But it is true I have to figure out what it is, although it seems that this is the problem. It is extremely spontaneous and unexpected. The only common factors in all my falls has been

isolation and...well I don't really know >.

=====
=====

Re: I HATE this website!!!!!!

Posted by cordnoy - 08 Aug 2014 14:49

My apologies; perhaps I wasn't payin' close enough attention.

What were we supposed to respond to?

=====
=====

Re: I HATE this website!!!!!!

Posted by dms1234 - 08 Aug 2014 16:28

I agree with umanamamnanan. Most people here have trouble with lust on a day to day basis. They have to learn to accept and deal with it nicely and calmly. You seem to have that. When people begin to recover, they forget about lust all together. This is not good because we always have to be careful and aware (but not worry) that lust could appear at any moment. It seems that's you! You have to be careful and what are you doing and looking at and always know lust could hit at any moment.

Now maybe you aren't addict so that doesn't apply OR perhaps you are a dry drunk and that's a whole different convo.

=====
=====

Re: I HATE this website!!!!!!

Posted by Optimistic - 18 Aug 2014 20:40

No one replied refers to the "non-artistic" post I mentioned in this thread...

And that's interesting, dms. I'm really not sure what that means, dry drunk, but I think I can make sense of it...LOW I don't deal with it on a daily basis, but then suddenly it creeps up.

However, I have managed to pinpoint the things that let me slip into "lust mode." As long as I keep a proper Torah-learning schedule I'm usually fine. The drops begin when I waste too much time, especially on my phone. (yes, I need a filter, I know).

=====
=====

Re: I HATE this website!!!!!!

Posted by cordnoy - 18 Aug 2014 21:18

If that's the case - keep it up.

Many of us have found that we lust even while we are learnin' torah.

b'hatzlachah

=====
=====

Re: I HATE this website!!!!!!

Posted by dd - 19 Aug 2014 14:22

optimistic keep up the good work!!!!

just one point, i too once upon a time thought i don't deal with lust on a day to day level and it just pops in out of the blue, but after hanging out here enough time i learned that i was lusting much more then i thought i was, not just when i am under attack of falling but i can actually be clean for weeks and still be lusting big time, this was a huge eye opener to me that i really am dealing with my struggles on a daily basis, so i really must take matters into my hands,

just giving you some food for thought i might be wrong in your case,

in any case KOMT!!!

=====