

I HATE this website!!!!!!

Posted by Optimistic - 08 Jun 2014 13:53

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I write and rewrite and delete and write again, finally convincing myself that it's worth it, even if my familh and friends see, even if whatever other excuse, and I spend an hour and it tells me "session expired" what the heck does that mean?!?! I'm still signed in! I'm sick of this!

I'm depressed as it is, and supposed to be somewhere and I haven't even left the house yet because I'm depressed and not willing to bring myself to leave the house and I'm going to get into big trouble for it and I just don't care, and finally I come to do something about it and at least tell my story on this website and it deletes it forever. Btw I'm using an iPhone, that's all I have, and that's the whole problem.....my apartment is a mess (I live alone) and I don't have the strength to do anything.....nothing works!

I try getting another phone, it's locked to the previous owner. I CHANGE CARRIERS so that I can use another phone I find in my house, and I don't have a friggin charger for it. I try to get a filter, none exists for my situation....NOTHING WORKS!!!!!!!!!!

And now I'm angry, I barely even davened this morning (first time this happened in years)....I hate life, I want to go back a few months and just start over...I hate this....

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Re: I HATE this website!!!!!!

Posted by Optimistic - 08 Jun 2014 13:55

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(and now I'm crying and helpless and don't know what to do...all I want is a friend or a rabbi or ANYONE who I can just pour my heart to.....

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Re: I HATE this website!!!!!!

Posted by Dr.Watson - 08 Jun 2014 14:29

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First of all Optimistic, since I haven't seen you here before, Welcome.

Second, I have also had long posts vanish before my eyes and I relate to the frustration. One . Then the post vanished into the

air! So frustrating. I tried re-writing it but I just couldn't recapture the magic. I'm sure it was the

Now I sometimes write on Word and copy and paste afterwards to avoid that. (Amazingly enough I'm still not cured. If only I had written that other post in Word...) soton wanting to prevent such revelations from being brought down to this world

Thirdly, if you're in the UK, private message and I'll give you my number.

[9494 wrote:](#)

Even if you just killed someone and drank their blood, put the knife down, wipe your mouth clean take a shower, have a cup of coffee and move slowly forward.

. I think someone like that should definitely hand themselves into the authorities, but I assume that's not a problem anyone here is actually facing...

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Re: I HATE this website!!!!!!

Posted by Dr.Watson - 08 Jun 2014 14:46

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Right, I'm yankin ya my friend.

Our friend Optimistic's problem is a bit different though. What I'm suggesting is that he call someone IRL. There are many advantages to this:

- 1) Opening up in real life is a better quality of opening up
- 2) You say more of what's really inside

- 2b) There are subtleties and nuances in speech that don't get through in writing
- 3) You get instant feedback
- 4) You make a connection with someone
- 5) You share experience strength and hope
- 6) Talking is more 'real' than writing, just like watching was more 'real' than reading (at least for me)
- 7) Phone's don't break as easily
- 8.) It's a more flexible method of communication
- 9) Greater anonymity as you're only talking to one person who's in the same boat
- 10) A lot more, but that's enough for now

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Re: I HATE this website!!!!!!

Posted by Optimistic - 08 Jun 2014 17:04

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Ok I'm back to myself (mostly) and calmed down... Thanks a lot guys, 9494 I took your advice and had a coffee. Sitting down and taking it easy helped me move forward, and thanks for the conversation Dr Watson, it helped pull me back into reality. BE"H next time I post will be more optimistic!

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Re: I HATE this website!!!!!!

Posted by Machshovo Tova - 08 Jun 2014 17:10

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Gevaldig! You make all of us (even the silent ones who read without commenting) feel so much better.

Hatzlacha

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Re: I HATE this website!!!!!!

Posted by cordnoy - 08 Jun 2014 17:53

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Welcome

Glad to hear things have calmed down a bit.

This website has what to be desired.

If only it can keep up with all the advances that we in the porn industry adapt to.

Meanwhile, it's what we got and the fellows are great at least.

Besides the one friend in Romania I had from the other sites, you won't find a better group of fellows than those who hang out here. They are true brothers...caring, analytical (to death), advise givers, friendly, critical, supportive.

Stick around.

b'hatzlachah

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Re: I HATE this website!!!!!!

Posted by dms1234 - 09 Jun 2014 00:00

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WELCOME!!!!!!

Here's To always being optimistic, Optimistic!

I like your name: optimistic!! It has a great ring to it

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Re: I HATE this website!!!!!!

Posted by gibbor120 - 09 Jun 2014 20:28

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WELCOME! We look forward to hearing more from you. You are in the right place. Keep posting.

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Re: I HATE this website!!!!!!

Posted by israel613120 - 12 Jun 2014 03:53

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Love your name, optimistic. And love the name if the thread.

I hate it for other reasons

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Re: I HATE this website!!!!!!

Posted by israel613120 - 12 Jun 2014 03:53

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Love your name, optimistic. And love the name if the thread.

I hate it for other reasons

I think my problem reminds me of the WW1 comic strip, where one Tommy says to another in a Trench, I shouldn't really be here, why asks Tommy number 2, replies Tommy one, I don't write poetry!

I feel all the posts are so beautifully written and really express where you are feeling emotionally. I don't feel able to do that as much. This is also holding me back from connecting

personally with anyone, add to that, the fear of being found out in public.

Just to say where I'm holding, I had some real stress earlier this evening and yes I turned to watching some trailers, and slipped some, but stopped any further. I don't want to start my count.

Well that's my rant.

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Re: I HATE this website!!!!!!

Posted by unanumun - 13 Jun 2014 01:35

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israel,

just type from your heart. whatever comes out will be fine. the important thing is to share what you are feeling not making it seem nice.

that is one of the lessons of gye. things are in real life are not as nice as porn makes it seem

also your posts don't have be nice. they have to be real

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Re: I HATE this website!!!!!!

Posted by Optimistic - 06 Aug 2014 14:49

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[israel613120 wrote:](#)

This is also holding me back from connecting personally with anyone, add to that, the fear of being found out in public.

Just to say where I'm holding, I had some real stress earlier this evening and yes I turned to watching some trailers, and slipped some, but stopped any further. I don't want to start my count.

Well that's my rant.

Well I recently got to the point where it doesn't even bother me so significantly any more. I've learned to accept the situation as something that is part of my past, and something which I'm willing to conquer and move on with, and not let it bother me any more. That's real recover. I just had a long period of time where I just...forgot about it almost. I went on with life. I forced myself to be happy, kept learning Torah, doing mitzvos, and being aware of my weakness at the back of my head, just in case. And recently I fell again (I'm going to post about it soon--notice ), and I plan on moving forward again and not thinking too much about it, that way I can REALLY do teshuva WHEN the time comes, without being depressed about it and serving Hashem properly.

Just remember, Hashem gave each and every one of us challenges--on this forum we share one challenge, so that we can purify it and make it easier for future generations to deal with. You're a human being. You have desires. It's fine. We just have to keep working hard and getting advice and so forth on how to do it so that eventually we can win.

how NOT beautiful and artistic it will be

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Re: I HATE this website!!!!!!

Posted by unanumun - 06 Aug 2014 16:44

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[Optimistic wrote:](#)

and being aware of my weakness at the back of my head, just in case. And recently I fell again.....

I plan on moving forward again and not thinking too much about it

sorry to interrupt but it seems like putting it in the back of your head didn't help at the end. why do you think moving forward and not thinking about it will help next time around?

The trick is not to save yourself from falling when you are not falling. The trick is to prevent the falls when they come up during that every so often that they do.

I think it is time to move to Plan B.

With optimistic love,

Unanumun

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Re: I HATE this website!!!!!!

Posted by Optimistic - 07 Aug 2014 05:54

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Hmm. I see your point. I think the "not thinking about it too much" is for the sake of coping with the problem. So far with this plan I have been able to keep happy and living normally despite a fall. When I mentioned "Keeping at the back of my head" I mean for the sake of realizing I have a weakness and not falling into it quite so suddenly. I guess I just kept it too far back...Perhaps then I must take upon myself something to remind myself of the struggle that might pop up at any time. Can you suggest anything?

How about writing about it once every few days, to remind myself...Perhaps posting on the forums at least once a week?

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