

yes even doctors masturbate

Posted by charlie - 07 May 2014 23:06

I am 30 married a Doctor - I masturbate inbetween patients the screen that I close if of porn when my next patient walks in. I spent 2 days planned to be examined by a female fellow doctor a 70 yr old Holocaust survivor I convinced here to examine my penis and I even ejaculated (she thought it was just discharge and recommended that I seen a urologist - I need help I am planning to go back tomorrow

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Re: yes even doctors masturbate

Posted by dms1234 - 07 May 2014 23:21

Welcome!!!!!!!!!!!!!!

I suggest checking out the [GYE welcome page](#) and [Skep's tips](#)

Could you tell us a little bit more about yourself?

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Re: yes even doctors masturbate

Posted by gibbor120 - 08 May 2014 00:45

WELCOME! Keep reading and posting. There's lots of good stuff here.

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Re: yes even doctors masturbate

Posted by ddm11219 - 08 May 2014 16:56

Welcome.

this is the place to get help

stay with us

read our stories

May Hashem be with all of us

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Re: yes even doctors masturbate

Posted by cordnoy - 08 May 2014 17:11

Welcome

I have lots of questions on your post, but I will wait till you open up and tell us your struggles.

It should be b'hatzlachah.....enjoy your doctor visit.

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Re: yes even doctors masturbate

Posted by charlie - 09 May 2014 12:40

I am 30 years old and married. I work as a Doctor and am increasingly concerned that I too may be a sex addict. I have open internet at my place of work and am unable to stop searching for pictures etc.

I seem to have lost the boundaries of control since last week I had a sexual encounter. I made up a pretend medical complaint and asked one of my female doctor colleagues to examine me - I ejaculated during the examination - she thought it was discharge. She is a Holocaust survivor and I used her for my own physical pleasures. When my wife was away recently I stuffed her robe with pillows and pretended to have sex with her. The scary thing was that it felt the same - she often says that I am distant from her while we are having sex. (I guess I am totally engrossed in my own pleasure I ignore her) I would love to tell my life story to someone and be "diagnosed" if I really have a problem or not - who can you recommend anyone

gud shabbos

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Re: yes even doctors masturbate

Posted by gibbor120 - 09 May 2014 17:36

You definitely have a problem if you compulsively act out and cannot stop. We are not into "diagnosing" here. You have to "self-diagnose". I'd recommend reading the handbook and some of the material here. Keep posting and reading.

There are lots of tools and suggestions. Try them and see if they help. If not, try something else.

I have some good links in my signature.

You are not alone. We all have similar problems. They have different flavors, but they are all basically the same. Lust contolls us, and we can't seem to rid ourselves of it no matter how hard we try.

Your wife's complaint that she feels you are distant is common. Check out the shalom bayis link in my signature for a heartwarming story.

The good news is that people do become sober. It happens all the time. Stick around. You can be sober too.

I look forward to "hearing" good things.

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Re: yes even doctors masturbate
Posted by cordnoy - 09 May 2014 17:57

Couldn't agree with Gibbor more than what he already said.

I sent you a pm as well.

What is with the "holocaust survivor"?

Any significance?

Your road to recovery should be with hatzlachah.

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Re: yes even doctors masturbate
Posted by Pidaini - 10 May 2014 22:51

Welcome Dr. Charlie!!

You have certainly come to the right place, we are all in the same boat, working on living life and appreciating REALity!!

What have you tried doing so far to stop?

Don't be a stranger, keep on posting!!

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Re: yes even doctors masturbate

Posted by TehillimZugger - 11 May 2014 06:20

Welcome doc!

WE ARE ALL PEOPLE WITH A PROBLEM

WHETHER WE HAVE DOCTOR COLLEAGUES

JANITOR COLLEAGUES

LIBRARIAN COLLEAGUES

NO COLLEAGUES

WHETHER MY GIRLFRIEND IS MODERN ORTHODOX

OR DAUGHTER OF A CHASSIDIC REBBE [I had both]

I AM SICK AND THAT'S THE FIRST THING I NEED TO REALIZE

I DON'T NEED TO REALIZE THAT EVEN DOCTORS MASTURBATE

MASTURBATING DOESN'T SEEM TO BE THE FULL EXTENT OF YOUR PROBLEMS

PLEASE FACE YOUR PROBLEM IF YOU WANT TO GET BETTER

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