

A Journey Without a Name

Posted by unanumun - 01 Apr 2014 07:34

here goes. after spending all day on the site, i downloaded k9 filter for my laptop. (my office has a filter and my phone has the browser blocked and my wife has the code)

i now signed up for the 90 days. I hope it is not too soon, but I think i can do it. i think that all the support everyone gets and gives around here might be enough.

i have nothing to lose i guess (I really want this to work) and I am feeling very optimistic. and having all my new friends know what is going on with me will probably be great for me.

Does anybody think I am making a mistake and going too fast?

Can there be a downside?

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Re: A Journey Without a Name

Posted by Gevura Shebyesod - 22 Apr 2015 16:05

Mazel Tov!!! KUTGW!!!

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Re: A Journey Without a Name

Posted by yiraishamaim - 22 Apr 2015 16:14

Impressive

Healthy Strong and Focused

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Re: A Journey Without a Name

Posted by Shmeichel - 22 Apr 2015 17:11

wow excellent

you are a real mentor for me

i move daily up and down some notches

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Re: A Journey Without a Name
Posted by dd - 22 Apr 2015 20:21

GEVALDIG!!!

May you keep on shteiging till 120 yrs.

Thanks for shining in once in a (long) while.

KOMT!!!!

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Re: A Journey Without a Name
Posted by the.guard - 22 Apr 2015 21:01

www.whatsmybrowser.org/

(test)

stepstoliving.org/test.php

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Re: A Journey Without a Name

Posted by unanumun - 23 Apr 2015 17:18

[the.guard wrote:](#)

www.whatsmybrowser.org/

(test)

stepstoliving.org/test.php

I just edited this post because I noticed it is my 500th post. (Not sure there is any real significance, but for me round numbers are always special)

I guess it is significant that I should be singing the guards praises on such an occasion.

Perhaps the whole needing to find my way to GYE was just for a test.

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Re: A Journey Without a Name

Posted by bobov jill - 03 May 2015 17:47

I think just do it on a nice way if not everything will bust back on u i have experience already with this garbage

It is always an honor to have the guard post on my thread, even if it just for a test.

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Re: A Journey Without a Name

Posted by bobov jill - 03 May 2015 21:33

If u will not do it on a nice way it will b triple harder 4 u 2 get rid of all the garbage and will back fire u very quickly

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Re: A Journey Without a Name

Posted by unanumun - 13 May 2015 18:38

I just realized that despite the fact that I have not watched porn or acted out in over a year, and despite that I only a slight urge every once in a long while, to watch porn, I still have a skewed way at looking at women.

I still see them in a sexual way. I still notice different parts of their body and think about them having sex.

It doesn't necessarily arouse me or trigger me to anything worse, and i can usually just move on a few seconds later at most, but the thought is still there.

The truth is i am not completely sure that this is always true nowadays, and it could be only in the situation I am in right now, experiencing all the previous reasons that pushed me to porn as an escape (loneliness, stress, pressure, feeling out of control, overwhelmed, a touch of sadness [albeit much more slight than in the past]) and I should just be proud that i have made it to a point that while in this situation my biggest problem is the above.

With the help of Hashem, the oilam here, and my wife, i have been successful in finding other healthier means of escape or coping and they are definitely helping me right now.

all the best,

una

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Re: A Journey Without a Name

Posted by cordnoy - 13 May 2015 18:44

I thought I saw you the other day.

T'was kinda dark and your head was covered.

I snapped a quick-pic.

Was this you?

Warning: Spoiler!

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Re: A Journey Without a Name

Posted by yiraishamaim - 13 May 2015 18:48

Over a year Huh?

You are awesome. May I ask - Do you have a regular time to learn? With significant success that you have, your noble neshama is eternal and thus wants continued growth.

With over a year clean of acting out saying to yourself "I am sober" as miraculous as it is - it won't cut it now. You have a new spiritual cheshbin now. Keep up the recovery most certainly, but move up the spiritual success expectations a notch.

not so different than a guy who was in serious debt - got a proper job finally - but now after a year of success is capable of moving up in the company.

(If of course you are doing this already then ignore the above)

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Re: A Journey Without a Name

Posted by unanumun - 13 May 2015 19:28

[cordnoy wrote:](#)

Was this you?

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Re: A Journey Without a Name

Posted by unanumun - 13 May 2015 19:33

[yiraishamaim wrote:](#)

May I ask - Do you have a regular time to learn? With significant success that you have, your noble neshama is eternal and thus wants continued growth.

Yes I have set habits to learn (habits as in certain points of my day as opposed to times) nope my beard is a bit longer. but i can see where the mistake came from

And in general I have been experiencing tremendous personal and spiritual growth as a result of honestly facing the underlying issues that had been leading me to act out. It has been a wonderful journey. I feel like i am constantly sorting out myself more and more and making a major renovation from the foundations and upwards.

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Re: A Journey Without a Name

Posted by serenity - 12 Jun 2015 02:54

Just wanted to check in and say thanks for your shares.

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